

# The Nebraska Youth Tobacco Survey 2010

This survey is about tobacco use. This is NOT a test! It will help us **develop better tobacco education programs** for young people like you.

**DO NOT WRITE YOUR NAME ON THE SURVEY.** Your answers will be kept private. **No one will know what you write.** Answer the questions based on what you really know or do.

Taking part in this survey is voluntary. Your grades will not be affected, and no one will ever know your answers.

The questions about your background will only be used to describe the types of students completing this survey. **The information will not be used to find out your name.** No names will ever be reported.

Make sure you read every question on the survey. Be as honest as you can with your answers. **USE THE PENCIL PROVIDED. Be sure you fill in the circles completely.** When you are finished, sit quietly and wait for instructions from the person giving the survey.



**START HERE**

**THE FIRST QUESTIONS ASK FOR SOME BACKGROUND INFORMATION ABOUT YOU.**

1. **How old are you?**
  - 11 years old or younger
  - 12 years old
  - 13 years old
  - 14 years old
  - 15 years old
  - 16 years old
  - 17 years old
  - 18 years old or older
  
2. **What is your gender?**
  - Female
  - Male
  
3. **What grade are you in?**
  - 6th
  - 7th
  - 8th
  - 9th
  - 10th
  - 11th
  - 12<sup>th</sup>
  - Ungraded or other grade
  
4. **How do you describe yourself? (You can CHOOSE ONE ANSWER, or MORE THAN ONE)**
  - American Indian or Alaskan Native
  - Asian
  - Black or African American
  - Hispanic or Latino
  - Native Hawaiian or Other Pacific Islander
  - White

5. **Which one of these groups BEST describes you? (CHOOSE ONLY ONE ANSWER)**
  - American Indian or Alaska Native
  - Asian
  - Black or African American
  - Hispanic or Latino
  - Native Hawaiian or Other Pacific Islander
  - White
  
6. **During the last 4 weeks, about how much money did you have each week to spend any way you want to?**
  - None
  - Less than \$1
  - \$1 to \$5
  - \$6 to \$10
  - \$11 to \$20
  - \$21 to \$50
  - More than \$50

**THE NEXT GROUP OF QUESTIONS ASKS ABOUT TOBACCO USE.**

**Cigarette Smoking**

7. **Have you ever tried cigarette smoking, even one or two puffs?**
  - Yes
  - No
  
8. **How old were you when you smoked a whole cigarette for the first time?**
  - I have never smoked a whole cigarette
  - 8 years old or younger
  - 9 or 10 years old
  - 11 or 12 years old
  - 13 or 14 years old
  - 15 or 16 years old
  - 17 years old or older



9. **About how many cigarettes have you smoked in your entire life?**
- None
  - 1 or more puffs but never a whole cigarette
  - 1 cigarette
  - 2 to 5 cigarettes
  - 6 to 15 cigarettes (about 1/2 a pack total)
  - 16 to 25 cigarettes (about 1 pack total)
  - 26 to 99 cigarettes (more than 1 pack, but less than 5 packs)
  - 100 or more cigarettes (5 or more packs)
10. **Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?**
- Yes
  - No
11. **During the past 30 days, on how many days did you smoke cigarettes?**
- 0 days
  - 1 or 2 days
  - 3 to 5 days
  - 6 to 9 days
  - 10 to 19 days
  - 20 to 29 days
  - All 30 days
12. **During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?**
- I did not smoke cigarettes during the past 30 days
  - Less than 1 cigarette per day
  - 1 cigarette per day
  - 2 to 5 cigarettes per day
  - 6 to 10 cigarettes per day
  - 11 to 20 cigarettes per day
  - More than 20 cigarettes per day

13. **During the past 30 days, what brand of cigarettes did you usually smoke? (CHOOSE ONLY ONE ANSWER)**
- I did not smoke cigarettes during the past 30 days
  - I do not have a usual brand
  - Camel
  - Marlboro
  - Newport
  - Virginia Slims
  - GPC, Basic, or Doral
  - Some other brand
14. **During the past 30 days, how did you usually get your own cigarettes? (CHOOSE ONLY ONE ANSWER)**
- I did not smoke cigarettes during the past 30 days
  - I bought them in a store such as a convenience store, supermarket, discount store, or gas station
  - I bought them from a vending machine
  - I gave someone else money to buy them for me
  - I borrowed (or bummed) them from someone else
  - A person 18 years old or older gave them to me
  - I took them from a store or family member
  - I got them some other way
15. **During the past 30 days, where did you buy the last pack of cigarettes you bought? (CHOOSE ONLY ONE ANSWER)**
- I did not buy a pack of cigarettes during the past 30 days
  - A gas station
  - A convenience store
  - A grocery store
  - A drugstore
  - A vending machine
  - I bought them over the Internet
  - Other



**16. When you bought or tried to buy cigarettes in a store during the past 30 days, were you ever asked to show proof of age?**

- I did not try to buy cigarettes in a store during the past 30 days
- Yes, I was asked to show proof of age
- No, I was not asked to show proof of age

**17. During the past 30 days, did anyone ever refuse to sell you cigarettes because of your age?**

- I did not try to buy cigarettes in a store during the past 30 days
- Yes, someone refused to sell me cigarettes because of my age
- No, no one refused to sell me cigarettes because of my age

**18. During the past 30 days, on how many days did you smoke cigarettes on school property?**

- 0 days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- 20 to 29 days
- All 30 days

**19. When was the last time you smoked a cigarette, even one or two puffs?**

- I have never smoked even one or two puffs
- Earlier today
- Not today but sometime during the past 7 days
- Not during the past 7 days but sometime during the past 30 days
- Not during the past 30 days but sometime during the past 6 months
- Not during the past 6 months but sometime during the past year
- 1 to 4 years ago
- 5 or more years ago

**20. How long can you go without smoking before you feel like you need a cigarette?**

- I have never smoked cigarettes
- I do not smoke now
- Less than an hour
- 1 to 3 hours
- More than 3 hours but less than a day
- A whole day
- Several days
- A week or more

**21. Do you want to stop smoking cigarettes?**

- I do not smoke now
- Yes
- No

**22. During the past 12 months, did any doctor, dentist, nurse, or other health professional ask you if you smoke?**

- Yes
- No
- Don't know / not sure

**23. During the past 12 months, did any doctor, dentist, nurse, or other health professional advise you not to smoke?**

- Yes
- No
- Don't know / not sure

**24. During the past 12 months, did you ever try to quit smoking cigarettes?**

- I did not smoke during the past 12 months
- Yes
- No



25. **How many times during the past 12 months have you stopped smoking for one day or longer because you were trying to quit smoking?**
- I have not smoked in the past 12 months
  - I have not tried to quit
  - 1 time
  - 2 times
  - 3 to 5 times
  - 6 to 9 times
  - 10 or more times
26. **When you last tried to quit, how long did you stay off cigarettes?**
- I have never smoked cigarettes
  - I have never tried to quit
  - Less than a day
  - 1 to 7 days
  - More than 7 days but less than 30 days
  - 30 days or more but less than 6 months
  - 6 months or more but less than a year
  - 1 year or more

**Smokeless Tobacco: Chewing Tobacco, Snuff, or Dip**

27. **Have you ever used chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?**
- Yes
  - No
28. **How old were you when you used chewing tobacco, snuff, or dip for the first time?**
- I have never used chewing tobacco, snuff, or dip
  - 8 years old or younger
  - 9 or 10 years old
  - 11 or 12 years old
  - 13 or 14 years old
  - 15 or 16 years old
  - 17 years old or older

29. **During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip?**
- 0 days
  - 1 or 2 days
  - 3 to 5 days
  - 6 to 9 days
  - 10 to 19 days
  - 20 to 29 days
  - All 30 days
30. **During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property?**
- 0 days
  - 1 or 2 days
  - 3 to 5 days
  - 6 to 9 days
  - 10 to 19 days
  - 20 to 29 days
  - All 30 days



31. **During the past 30 days, how did you usually get your own chewing tobacco, snuff, or dip? (CHOOSE ONLY ONE ANSWER)**
- I did not use chewing tobacco, snuff, or dip during the past 30 days
  - I bought them in a store such as a convenience store, supermarket, discount store, or gas station
  - I gave someone else money to buy them for me
  - I borrowed (or bummed) them from someone else
  - A person 18 years old or older gave them to me
  - I took them from a store or family member
  - I got them some other way

### Cigars

32. **Have you ever tried smoking cigars, cigarillos, or little cigars, even one or two puffs?**
- Yes
  - No
33. **How old were you when you smoked a cigar, cigarillo, or little cigar for the first time?**
- I have never smoked a cigar, cigarillo or little cigar
  - 8 years old or younger
  - 9 or 10 years old
  - 11 or 12 years old
  - 13 or 14 years old
  - 15 or 16 years old
  - 17 years old or older

34. **During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?**
- 0 days
  - 1 or 2 days
  - 3 to 5 days
  - 6 to 9 days
  - 10 to 19 days
  - 20 to 29 days
  - All 30 days
35. **During the past 30 days, how did you usually get your own cigars, cigarillos, or little cigars? (CHOOSE ONLY ONE ANSWER)**
- I did not smoke cigars, cigarillos, or little cigars during the past 30 days
  - I bought them in a store such as a convenience store, supermarket, discount store, or gas station
  - I gave someone else money to buy them for me
  - I borrowed (or bummed) them from someone else
  - A person 18 years old or older gave them to me
  - I took them from a store or family member
  - I got them some other way

### Pipe

36. **During the past 30 days, on how many days did you smoke tobacco in a pipe?**
- 0 days
  - 1 or 2 days
  - 3 to 5 days
  - 6 to 9 days
  - 10 to 19 days
  - 20 to 29 days
  - All 30 days



## **Bidis and Kreteks**

**THE NEXT QUESTIONS ARE ABOUT BIDIS (OR “BEEDIES”) AND KRETEKS (ALSO CALLED “CLOVE CIGARETTES”). BIDIS ARE SMALL BROWN CIGARETTES FROM INDIA CONSISTING OF TOBACCO WRAPPED IN A LEAF TIED WITH A THREAD. KRETEKS ARE CIGARETTES CONTAINING TOBACCO AND CLOVE EXTRACT.**

37. **Have you ever tried smoking any of the following:**
- Bidis
  - Kreteks
  - I have tried both bidis and kreteks
  - I have never smoked bidis or kreteks
38. **During the past 30 days, on how many days did you smoke bidis?**
- 0 days
  - 1 or 2 days
  - 3 to 5 days
  - 6 to 9 days
  - 10 to 19 days
  - 20 to 29 days
  - All 30 days

**THE NEXT QUESTIONS ASK ABOUT YOUR THOUGHTS ABOUT TOBACCO.**

39. **Do you think that you will try a cigarette soon?**
- I have already tried smoking cigarettes
  - Yes
  - No
40. **Do you think you will smoke a cigarette at anytime during the next year?**
- Definitely yes
  - Probably yes
  - Probably not
  - Definitely not

41. **Do you think you will be smoking cigarettes 5 years from now?**
- I definitely will
  - I probably will
  - I probably will not
  - I definitely will not
42. **If one of your best friends offered you a cigarette, would you smoke it?**
- Definitely yes
  - Probably yes
  - Probably not
  - Definitely not
43. **In the past 12 months, how often have your parents or guardians discussed the dangers of tobacco use with you?**
- Never
  - Rarely
  - Sometimes
  - Often
  - Very often
44. **Do you think people can get addicted to using tobacco just like they can get addicted to using cocaine or heroin?**
- Definitely yes
  - Probably yes
  - Probably not
  - Definitely not
45. **Do you think young people who smoke cigarettes have more friends?**
- Definitely yes
  - Probably yes
  - Probably not
  - Definitely not
46. **Do you think smoking cigarettes makes young people look cool or fit in?**
- Definitely yes
  - Probably yes
  - Probably not
  - Definitely not



47. **Do you think young people risk harming themselves if they smoke from 1 - 5 cigarettes per day?**
- Definitely yes
  - Probably yes
  - Probably not
  - Definitely not
48. **Do you think it is safe to smoke for only a year or two, as long as you quit after that?**
- Definitely yes
  - Probably yes
  - Probably not
  - Definitely not
49. **Do you think you would be able to quit smoking cigarettes now if you wanted to?**
- I do not smoke now
  - Yes
  - No
50. **Have you ever participated in a program to help you quit using tobacco?**
- I have never used tobacco
  - Yes
  - No
51. **Does your school have any special groups or classes for students who want to quit using tobacco?**
- Yes
  - No
  - Not sure
52. **During this school year, were you taught in any of your classes about the dangers of tobacco use?**
- Yes
  - No
  - Not sure

53. **During this school year, did you practice ways to say NO to tobacco in any of your classes (for example by role-playing)?**
- Yes
  - No
  - Not sure

**THE NEXT QUESTIONS ASK ABOUT EVENTS YOU MAY HAVE ATTENDED OR WHAT YOU HAVE SEEN ON TV, AT THE MOVIES, OR ON THE INTERNET.**

54. **During the past 12 months, have you participated in any community activities to discourage people your age from using cigarettes, chewing tobacco, snuff, dip, or cigars?**
- Yes
  - No
  - I did not know about any activities
55. **During the past 30 days, have you seen or heard commercials on TV, the Internet, or on the radio about the dangers of cigarette smoking?**
- Not in the past 30 days
  - 1-3 times in the past 30 days
  - 1-3 times per week
  - Daily or almost daily
  - More than once a day
56. **During the past 30 days, have you seen or heard commercials on TV, the Internet, or on the radio about the dangers of tobacco?**
- Not in the past 30 days
  - 1-3 times in the past 30 days
  - 1-3 times per week
  - Daily or almost daily
  - More than once a day



57. **During the past 30 days, have you read, seen or heard any advertisements with the theme or catch phrase: Tobacco Brands You?**
- Yes
  - No
58. **During the past 30 days, have you read, seen, or heard any advertisements with the slogan: Secondhand smoke is a first rate killer?**
- Yes
  - No
59. **During the past 30 days, have you read, seen, or heard any advertisements for the Nebraska Tobacco Quitline?**
- Yes
  - No
60. **When you watch TV or go to movies, how often do you see actors using tobacco?**
- I don't watch TV or go to movies
  - Most of the time
  - Some of the time
  - Hardly ever
  - Never
61. **When you watch TV, how often do you see athletes using tobacco?**
- I don't watch TV
  - Most of the time
  - Some of the time
  - Hardly ever
  - Never
62. **When you are using the Internet, how often do you see ads for tobacco products?**
- I don't use the Internet
  - Most of the time
  - Some of the time
  - Hardly ever
  - Never

63. **Have you ever heard of Tobacco Free Nebraska?**
- Yes
  - No
64. **Is Tobacco Free Nebraska a federal, state or local program?**
- Federal
  - State
  - Local
  - Don't know / not sure

**SOME TOBACCO COMPANIES MAKE ITEMS LIKE SPORTS GEAR, T-SHIRTS, LIGHTERS, HATS, JACKETS, AND SUNGLASSES THAT PEOPLE CAN BUY OR RECEIVE FREE.**

65. **During the past 12 months, did you buy or receive anything that has a tobacco company name or picture on it?**
- Yes
  - No
66. **Would you ever use or wear something that has a tobacco company name or picture on it such as a lighter, t-shirt, hat, or sunglasses?**
- Definitely yes
  - Probably yes
  - Probably not
  - Definitely not
67. **Do you think that tobacco companies have tried to mislead young people to buy their products more than other companies?**
- Definitely yes
  - Probably yes
  - Probably not
  - Definitely not



68. **When you go to a convenience store, supermarket, or gas station how often do you see ads for cigarettes or chewing tobacco, or items that have tobacco company names or pictures on them?**
- I never go to a convenience store, supermarket, or gas station
  - Most of the time
  - Some of the time
  - Hardly ever
  - Never

**THE NEXT QUESTIONS ASK ABOUT YOUR EXPOSURE TO TOBACCO USE.**

69. **During the past 7 days, on how many days were you in the same room with someone who was smoking cigarettes?**
- 0 days
  - 1 or 2 days
  - 3 or 4 days
  - 5 or 6 days
  - 7 days
70. **Which of these best describes the rules about smoking inside the house where you live? Smoking is...**
- Never allowed inside my home
  - Allowed only at some times or in some places
  - Always allowed inside my home
71. **Which of the following best describes the rules about smoking in the vehicle you drive or ride in the most? Smoking is ...**
- Never allowed inside the vehicle
  - Sometimes allowed inside the vehicle
  - Always allowed inside the vehicle.

72. **During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?**
- 0 days
  - 1 or 2 days
  - 3 or 4 days
  - 5 or 6 days
  - 7 days
73. **What do you think employers should do about smoking in indoor areas in places where people work? Employers should...**
- Never allow smoking in places where people work
  - Allow smoking only at some times or in some places
  - Always allow smoking in places where people work
74. **Which of these best describes smoking where you work? Smoking is...**
- I do not have a job
  - Never allowed where I work
  - Allowed but only at some times or in some places
  - Always allowed where I work
75. **On how many of the past 7 days did you breathe the smoke from someone who was smoking in the place where you work?**
- I do not have a job
  - I have a job but did not work in the past 7 days.
  - 0 days
  - 1 to 3 days
  - 4 to 6 days
  - all 7 days



**76. Now think about indoor public places such as malls, movie theaters, clubs or restaurants. Which of these best describes what you think about smoking in indoor public places? Smoking should...**

- Never be allowed in indoor public places
- Be allowed in indoor public places but only at some times or in some areas
- Always be allowed in indoor public places

**77. Do you think the smoke from other people's cigarettes is harmful to you?**

- Definitely yes
- Probably yes
- Probably not
- Definitely not

**78. Does anyone who lives with you now smoke cigarettes?**

- Yes
- No

**79. Does anyone who lives with you now use chewing tobacco, snuff, or dip?**

- Yes
- No

**80. How many of your four closest friends smoke cigarettes?**

- None
- One
- Two
- Three
- Four
- Not sure

**81. How many of your four closest friends use chewing tobacco, snuff, or dip?**

- None
- One
- Two
- Three
- Four
- Not sure

**THANK YOU VERY MUCH FOR YOUR COOPERATION!!**

