## NRPFSS

## Nebraska Risk & Protective Factor Student Survey

**Year 2016** 

Administrative Use Only								
School Name:								
School ID:	School District:							

The purpose of this survey is to learn how students in our schools feel about their community, family, peers, and school. The survey also asks about health behaviors.

<ul> <li>The survey is co</li> <li>This is not a test can finish.</li> <li>All of the question not find an answ to you, or you an not wish to answ</li> </ul>	e, so there are no right or wrong a ons should be answered by comp over that fits exactly, use the one to re not sure what it means, just lea	ous. Do NOT put your name on the questionnaire. Answers. We would like you to work quickly so you bletely filling in one of the answer spaces. If you do that comes closest. If any question does not apply ave it blank. You can skip any question that you do
A	bout You	Your Experiences at School
1 Are you: O Male O Female		6 Putting them together, what were your grades like last year? (Mark the one best answer.)  O Mostly F's  O Mostly D's
2 How old are you?  O 12 or younger  O 13  O 14	O 16 O 17 O 18	<ul><li>Mostly C's</li><li>Mostly B's</li><li>Mostly A's</li></ul>
<ul><li>15</li><li>3 What grade are you</li></ul>	O 19 or older	<ul> <li>7 How interesting are most of your courses to you?</li> <li>O Very interesting and stimulating</li> <li>O Quite interesting</li> </ul>
○ 7th ○ 8th ○ 9th	O 10th O 11th O 12th	<ul><li>Fairly interesting</li><li>Slightly dull</li><li>Very dull</li></ul>
<ul><li>4 Are you Hispanic or</li><li>Yes (Hispanic or</li><li>No (Not Hispanic</li></ul>	Latino)	8 How important do you think the things you are learning in school are going to be for your later life?  O Very important O Quite important O Fairly important O Slightly important
5 What is your race?  Black or African Asian American Indian Native Hawaiian Alaska Native White Other	American	O Not at all important  9 Now thinking back over the past year in school, how often did you enjoy being in school?  O Never O Seldom O Sometimes O Often O Almost always



	Strongly disagree	Disagree	Agree	Strongly agree
10 My teachers notice when I am doing a good job and let me know about it.	0	0	0	0
11 There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.	0	0	0	0
12 There are lots of chances for students in myschool to talk with a teacher one-on-one.	0	0	0	0
13 I feel safe at my school.	0	0	0	0
14 In my school, there is an adult (such as a counselor, teacher, or coach) who listens to me when I have something to say.	0	0	0	0
15 In my school, there is an adult (such as a counselor, teacher, or coach) who always wants me to do my best.	0	0	0	0

## Your Feelings and Experiences About Substance Use

		17 or older 16									
							13	14	13		
16	How old were you when you first:	10 or yo		jer	11	12					
	a. just a puff?	0	0	0	0	0	0	0	0	0	
	had more than a sip of beer, wine, or han b. (for example, vodka whiskey, or gin)?	d liquor	0	0	0	0	0	0	0	0	0
	began drinking alco beverages regularly c. at least once or twic month?	, that is,	0	0	0	0	0	0	0	0	0
	d. smoked marijuana	?	0	0	0	0	0	0	0	0	0

			No	t w	ron	g at	all
			A little				
_				Wro	ng		
7		w wrong do you think it is for	Very wro	ng			
	so	meone your age to:					Ш
	a.	smoke cigarettes?		0	0	0	0
		use smokeless tobacco (for exam	ıple,				
	b.	chew, snuff, plug, dipping tobacco	o, or	0	0	0	0
		chewing tobacco)?					
		drink beer, wine, or hard liquor (fo	k beer, wine, or hard liquor (for				
	c.	example, vodka, whiskey, or gin) r	egularly,	0	0	0	0
		that is, at least once or twice a mo	onth?				
	d.	drive after drinking beer, wine, or h	nard	O	0	0	
	<u>.</u> .	liquor?					
	e.	smoke marijuana?		0	0	0	0
	f.	use prescription drugs without a	doctor	$\overline{}$	$\overline{}$		
	1.	telling them to?		0	0		
	α.	use LSD, cocaine, amphetamines	s, or				
	g.	another illegal drug?					

	Almost all (91								0%)
				ı	Mos	st (7	1-90	)%)	
		Half	to r	nos	st (5	1-70	0%)		
18	3	Some to	ha	If (3	1-50	0%)			
	students in <u>your grade</u> at	Som	e (1	1-30	0%)				
	your school, how many of	Few (	1-10	0%)					
	them do you think:	None (	0%)						
	a. smoked cigarettes durin the <i>past 30 days</i> ?	g	0	0	0	0	0	0	0
	drank beer, wine, or hard b. liquor during the <i>past 30</i> <i>days</i> ?		0	0	0	0	0	0	0
	c. smoked marijuana durin the <i>past 30 days</i> ?		0	0	0	0	0	0	0
	used an illegal drug (not d. including marijuana) dur the <b>past 30 days</b> ?		0	0	0	0	0	0	0

9	How much do you think people risk		Great r Moderate risk				
3	harming themselves (physically or in other ways) if they:	Slig No r	ht r		ISK		
	a. per day?	tes	0	0	0	0	
	b. are exposed to other people's cigare smoke?	tte	0	0	0	0	
	use smokeless tobacco (for example c. chew, snuff, plug, dipping tobacco, o chewing tobacco) every day?		0	0	0	0	
	take one or two drinks of an alcoholic d. beverage (beer, wine, or hard liquor) nearly every day?	_	0	0	0	0	
	e. have five or more drinks of an alcohole. beverage once or twice a week?	lic	0	0	0	0	



							at ris
20	How much do you harming themsel in other ways) if t	-	Mode Sligh No ris	nt ris	_	sk	
	a. try marijuana o		ce?	$\overline{}$	00		
	b. smoke marijua			_		-	0
	use prescriptio					4	
	c. prescribed to the			ľ	$\circ$	) 	0
	sniff glue, brea		ntents of a	n		1	
	d. aerosol spray o	can, or inh	ale other g		$\circ$	> ·	0
	Your Fee	lings an	d Experi		s		
	in Othe	er Parts	of Your	Lite			
		Strongly disagree	Disagree	Agre	e S		ongl <sub>y</sub>
21	I think sometimes						
	it's okay to cheat	0	0	0			0
22	at school.  I think it's okay to						
22	take something						
	without asking if	0	0	0			0
	you can get away						
	with it.						
23	It's all right to beat up people if they	0					0
	start the fight.						_
24	Have you ever be	_	a gang?				
	O No, and don't						
	O No, but would		now				
	O Yes, in the pa		I I O VV				
25	In the past week,	I have fel	t hopeful	about	the		
	future.						
	O Strongly disag	gree					
	O Disagree						
	O Agree						
	O Strongly agree						
26	When I make plan		lmost cert	ain tha	at I ca	an	l
	make them work.						
	O Strongly disag	gree					
	O Disagree						
	O Agree						



O Strongly agree

33	During the past 12 months, how frequently have you been bul students in the following ways?	lied by other	Never	Once or twice	Monthly	Weekly	Daily		
	a. Physically? (For example, being hit, pushed, shoved, slappe having property stolen)	ed, kicked, or	0	0	0	0	0		
	b. Verbally? (For example, being called names, teased, insulte threatened)	ed, or	0	0	0	0	0		
	c. Socially? (For example, being excluded from a group, or have rumors spread about you)	ing gossip or	0	0	0	0	0		
	d. Electronically? (For example, being threatened or embarras e-mail, text messages, or social media)	sed through	0	0	0	0	0		
34	During the past 12 months, did someone you were dating or going out with physically hurt you on purpose?  O I did not date or go out with anyone during the past 12 months O Yes	37 During the past 30 days, on how many days did you an electronic vapor product?  O 0 days O 1 or 2 days O 3 to 5 days							
	O No		9 days o 19 days o 30 days						
35	During the past 12 months, how many times did someone you were dating or going out with purposely try to control you or emotionally hurt you? (Count such things as being told who you could and could not spend time with, being humiliated in front of others, or being threatened if you did not do what they wanted.)			ed smokeless tobacco (chew, snuff, pacco, or chewing tobacco)?					
	<ul> <li>I did not date or go out with anyone during the past 12 months</li> <li>0 times</li> <li>1 time</li> </ul>		he past 30		ed smoke	eless toba	cco		
	O 2 or 3 times	O Neve	er e or twice						
	O 4 or 5 times	_	e or twice	per week					
	O 6 or more times		5 times a	•					
		O Abo	ut once a	day					
	Your Experiences with Tobacco,	O More	e than onc	e a day					
	Alcohol, and Other Drugs Remember, your answers are confidential.	40 Have yoι	ı ever sm	oked ciga	rettes?				
	,,	O Yes							
36	Have you ever used an electronic vapor product (for example, e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, or hookah pens)?	O No 41 How freq the past	uently ha 30 days?		noked cig	arettes du	ring		
	○ Yes ○ No	O 1 to O Abor O Abor O Abor	s than 1 cip 5 cigarette ut 1/2 pacl ut 1 pack p ut 1 1/2 pa		ay				

Page 4 of 8

	you smoked cigarettes during the past 30 days, where did you get them? (Mark "Yes" or "No" for each. If you did not smoke during the past 30 days, mark "Did not smoke" for each.)	Did not smoke	Yes	No
a.	I bought them myself <b>with</b> a fake ID.	0	0	0
b.	I bought them myself <b>without</b> a fake ID.	0	0	0
c.	I gave someone money to buy them for me.	0	0	0
d.	I borrowed (or bummed) them from someone else.	0	0	0
e.	My parents or caregivers gave them to me or bought them for me.	0	0	0
f.	A family member or relative other than my parents or caregivers gave them to me or bought them for me.	0	0	0
g.	I took them from home without my parents' or caregivers' permission.	0	0	0
h.	I got them some other way not listed.	0	0	0

ln	your lifetime, how many times have you:	0 times	1-2 times	3-9 times	10 or more times
43	had alcoholic beverages (beer, wine, or hard liquor) to drink—more than just a few sips?	0	0	0	0
44	used marijuana?	0	0	0	0
45	used LSD or other psychedelics?	0	0	0	0
46	used cocaine or crack?	0	0	0	0
47	used methamphetamines (meth, speed, crank, crystal meth, or ice)?	0	0	0	0
48	used heroin (smack, junk, or China White)?	0	0	0	0
49	used ecstasy (MDMA)?	0	0	0	0
50	used synthetic drugs (man-made drugs such as K2, Bath Salts, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?	0	0	0	0
51	sniffed glue, breathed the contents of an aerosol spray can, or inhaled other gases or sprays in order to get high?	0	0	0	0
52	used phenoxydine (pox, px, breeze)?	0	0	0	0
53	used steroids without a doctor telling you to take them?	0	0	0	0
54	used performance enhancing drugs other than steroids (such as ephedrine, EPO, creatine, DHEA, or diuretics) <b>without</b> a doctor telling you to take them?	0	0	0	0
55	used prescription drugs (such as Valium, Xanax, Ritalin, Adderall, OxyContin, Vicodin, or Percocet) without a doctor telling you to take them?	0	0	0	0
56	used a non-prescription cough or cold medicine (robo, robo-tripping, DMX) to get high and not for medical reasons?	0	0	0	0

Du	ring the <u>past 30 days</u> , how many times have you:	0 times	1-2 times	3-9 times	10 or more times
57	had beer, wine, or hard liquor to drink?	0	0	0	0
58	used marijuana?	0	0	0	0
59	used synthetic drugs (man-made drugs such as K2, Bath Salts, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)?	0	0	0	0
60	used prescription drugs (such as Valium, Xanax, Ritalin, Adderall, OxyContin, Vicodin, or Percocet) without a doctor telling you to take them?	0	0	0	0



61	In the past 30 days, if you used prescription drugs without a doctor telling you to, what is the usual way you got them?				65	If you drank alcohol during the past  30 days, how did you get it? (Mark  "Yes" or "No" for each source. If you did  Yes								
		O I did not take prescription drugs without a doctor telling				not drink alcohol during the past 30 days, mark "Did not drink" for each.)								
	O I took them from home without the knowledge of my parents or caregivers						a. I bought it in a store such as a liquor store, gas station, or grocery store.	0	0	0				
	<ul> <li>I bought them from someone (friend, relative, stranger, etc.)</li> <li>Someone gave them to me</li> <li>I took them from someone else without their knowledge</li> </ul>				b. I got it at a party.		0	0	0					
					c. I gave someone money to buy it for me.		0	0	0					
					My parents or caregivers gave it to me or		0	$\overline{C}$						
	O I got them son	O I got them some other way				bought it for me.		_						
							A family member or relative other than my e. parents or caregivers gave it to me or bought		$\overline{}$					
62	During the past 30	Yes	No			it for me I took it from home <b>without</b> my parents' or								
		her vehicle when you	0				caregivers' permission.	0	0	0				
	had been drinki						g. I got it or took it from a friend's house.	0	0	0				
	ride in a car or other vehicle driven by b. someone who had been drinking alcohol?			0										
	alconor:						If you drank alcohol during the past							
							30 days, where did you drink it? (Mark "Yes" or "No" for each location. If	V	es	No				
	During the past 30 days, what is the greatest number of alcoholic drinks you had in a row, that is, within a						you did not drink alcohol during the past  Did not drin		es					
63							30 days, mark "Did not drink" for each.)							
	couple of hours?	s you had in a row, that	is, wit	nın a			a. At my home <b>with</b> my parents' or caregivers' permission	0	0	0				
	O None	O 5 drinks					At my home <b>without</b> my parents' or b.							
	O 1-2 drinks O 6-7 drinks					caregivers permission								
	O 3 drinks O 8-9 drinks					c. At someone else's home with their parents' or caregivers' permission	$\circ$		0					
	O 4 drinks O 10 or more drinks					At someone else's home without their								
							d. parents' or caregivers' permission	0		0				
							e. At any other location	0	0	0				
64	64 During the past 30 days, what type of alcohol did you usually drink? (Mark the one best answer.)					·								
	O I did not drink alcohol during the 30 days						If you had a drug or alcohol problem and needed help, who is the first person you would go to?	d						
	O I do not have a usual type													
	O Beer						O A counselor in school							
	<ul> <li>Flavored malt beverages, such as Smirnoff Ice,         Bacardi Silver, Hard Cider or Hard Lemonade</li> <li>Wine coolers, such as Bartles and James or Seagrams</li> <li>Wine</li> <li>Liquor, such as vodka, rum, scotch, bourbon, or whiskey</li> </ul>					O Another adult in school (such as a teacher or coach) O Your parents or caregivers								
						O Your friends								
							O A counselor or program outside of school	_4:						
						<ul> <li>Another adult outside of school (such as a relative, clergy, or other family friend)</li> </ul>								
	O Some other type						O I wouldn't go to anyone							



## **Your Family**

When answering these questions, please think about the people you consider to be your family. For example, parents or caregivers, stepparents, brothers, sisters, grandparents, aunts, or uncles.

68	How wrong do your parents or caregivers feel it would be for you to	Very wrong	Wrong	A little bit wrong	Not wrong at all			
	a. smoke cigarettes?	0	0	0	0			
	b. use smokeless tobacco?	0	0	0	0			
	c. have one or two drinks of an alcoholic beverage nearly every day?	0	0	0	0			
	d. drive after drinking beer, wine, or hard liquor?		0	0	0	0		
	e. smoke marijuana?		0	0	0	0		
	f. use prescription drugs not prescribed to you?		0	0	0	0		
			Strongly disagree	Disagree	Agree	Strongly agree		
	When I am not at home, one of my parents or caregivers knows where am with.	0	0	0	0			
	My family has clear rules about alcohol and drug use.	0	0	0	0			
	If I had a personal problem, I could ask my parents or caregivers for he	elp.	0	0	0	0		
	My parents or caregivers ask if I've gotten my homework done.	0	0	0	0			
	It is important to be honest with your parents or caregivers, even if they you get punished.	·	0	0	0	0		
	In my home, there is an adult who listens to me when I have somethin	g to say.	0	0	0	0		
	I receive a lot of love and support from family members or caregivers.		0	0	0	0		
	My family or caregivers sets standards for appropriate conduct and be	havior.	0	0	0	0		
77	In my home, there is an adult who always wants me to do my best.	0	0	0	0			
79	O Never O Rarely O Sometimes O Most of the time	O Yes O No O Not sure  83 Do you live with: O Both parents O Group home O One parent O Foster family						
	O Yes O No	<u> </u>	Neighbo	rhood a	ınd			
80	O Not sure	If you wanted to, he would it be for you a. some cigarettes	to get:	Sort o	Very eart of easy of hard			
81	or depressed?  O Yes O No	b. some beer, win c. some marijuan d. some prescripti non-medical us a drug like coca	a? ion drugs e?	for	000	0		
	O Not sure		,,	- 1				



O Not sure

amphetamines?

0000

85	In your community, how easy would it be for someone under 21 to buy alcohol from a store?								Not w		_	t all
	-	Stores				A little bit wrong						
	O Very hard					89	How wrong do your friends	Wrong Very wrong				
	O Sort of hard						feel it would be for you to:	very wit	, iig			
	O Sort of easy O Very easy						a. smoke tobacco?		0	0	0	$\cap$
	O very easy						have one or two drinks of	an				$\vdash$
							b. alcoholic beverage nearly			0	0	
86	You would be caught by	Strongly	Disagree	Agroo	Strongly		day?	Overy				
	the police if you:	disagree	Disagree	Agree	agree		c. smoke marijuana?		0	0	0	
	drank some beer,						use prescription drugs no	.+	$\preceq$	$\subseteq$		$\vdash$
	wine, or hard liquor in						d. prescribed to them?	١	0	0	0	0
	a. your neighborhood,	0	0	0			prescribed to them:					
	or the area around					l						
	where you live.					90	Outside of home and schoo					uch
	drove after drinking						as a relative, clergy, or othe listens to me when I have so				no	
	beer, wine, or hard							Jilletilling	10 3	шy.		
	b. liquor in your neighborhood, or the	0	0	0			O Strongly disagree					
	area around where						O Disagree O Agree					
	you live.						O Strongly agree					
	smoked marijuana in						O Strongly agree					
	vour neighborhood.	_	_	_		01	Outside of school activities,	there are	mai	nv r	dub	•
	c. or the area around	0	0	0		"	sports teams, religious or c					
	where you live.						other group activities that I					
							around my community.					
							O Strongly disagree					
87	There are a lot of adults	in my neig	ghborhoo	d I could	talk to		O Disagree					
	about something import		_				O Agree					
	O Strongly disagree				O Strongly agree							
	O Disagree			l								
	O Agree			92 In the past 12 months, have you seen or heard any anti-alcohol or anti-drug messages on TV, the						ıy		
	O Strongly agree						internet, the radio, or in new	•		•		<u>_</u>
								торирого	J	ugi	<b>4</b>	
					rong at all		O Yes					
88	How wrong would most a	•			O No							
	21) in your neighborhood, or the area											
	around where you live, th	nink it is fo	or Vei	ry wrong		93	How honest were you in filling	ng out this	s su	rve	у?	
	kids your age:						O I was very honest.					
	a. to use marijuana?				000		O I was honest most of the	time.				
	b. to drink alcohol?				000		O I was honest some of the	time.				
	c. to smoke cigarettes?					O I was honest once in a while.						
	d. to drive after drinking alcohol?						O I was not honest at all.					
						•						
			Thank	you for	completi	ng th	is survey!					
					•							

