

2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Unintentional Injuries/Violence

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN8: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)	11.3 (8.0-15.9)	501	10.7 (5.0-21.1)	65			●
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	20.8 (16.9-25.4)	499	11.8 (5.4-23.8)	65			●
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	9.4 (6.6-13.4)	378	7.6 (2.3-22.3)	38			●
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	67.6 (60.4-74.0)	388	50.0 (33.6-66.4)	39			●
QN13: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	4.7 (3.2-7.0)	494	9.0 (3.6-20.9)	64			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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	% 95% CI*	N	% 95% CI	N			
QN15: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	9.7 (6.6-13.8)	500	13.8 (6.9-25.9)	65			●
QN16: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	9.1 (6.6-12.6)	502	21.6 (12.7-34.1)	65		●	
QN17: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	25.0 (20.6-30.0)	498	28.6 (17.6-42.9)	64			●
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	10.4 (7.9-13.6)	501	33.1 (21.1-47.7)	64		●	
QN20: Percentage of students who experienced sexual violence (being forced by anyone to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to, one or more times during the 12 months before the survey)	15.9 (12.6-19.8)	483	34.2 (24.7-45.1)	61		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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	% 95% CI*	N	% 95% CI	N			
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	6.6 (4.3-9.8)	385	24.5 (13.3-40.7)	47		●	
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	8.6 (6.0-12.2)	404	21.3 (12.1-34.6)	50		●	
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	24.7 (20.2-29.9)	501	42.6 (30.7-55.3)	64		●	
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	17.6 (13.5-22.6)	501	35.3 (22.6-50.5)	64		●	

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Unintentional Injuries/Violence

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	37.0 (31.7-42.7)	500	55.8 (42.6-68.2)	65		●	
QN26: Percentage of students who seriously considered attempting suicide (ever during the 12 months before the survey)	21.8 (18.1-25.9)	501	47.7 (36.1-59.6)	64		●	
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	19.2 (15.3-23.9)	502	34.2 (22.5-48.3)	62		●	
QN28: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)	12.0 (8.5-16.7)	455	21.3 (10.9-37.3)	57			●
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	4.5 (2.7-7.5)	454	11.0 (4.4-25.1)	56			●

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2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN30: Percentage of students who ever tried cigarette smoking (even one or two puffs)	36.5 (30.9-42.4)	482	46.3 (33.6-59.6)	59			●
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)	8.4 (6.1-11.4)	488	21.3 (12.5-33.9)	61		●	
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	6.2 (4.3-8.9)	484	16.6 (9.0-28.7)	62		●	
QNFRCIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	1.9 (1.0-3.8)	484	6.1 (2.0-17.2)	62			●
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	1.5 (0.6-3.4)	484	5.4 (1.6-17.0)	62			●
QN33: Percentage of students who smoked more than 10 cigarettes per day (on the days they smoked during the 30 days before the survey, among students who currently smoked cigarettes)	10.3 (3.2-28.4)	33	-	13			

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[†]Based on t-test analyses, p<0.05.

- = Fewer than 30 students in the denominator (subgroup).

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Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo])	72.1 (67.1-76.5)	492	71.7 (58.3-82.1)	62			●
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens [such as blu, NJOY, Vuse, MarkTen, Logic, Vapin Plus, eGo, and Halo], on at least 1 day during the 30 days before the survey)	34.4 (28.3-41.1)	379	27.1 (16.0-42.0)	43			●
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	15.3 (10.9-20.9)	379	11.2 (4.2-26.7)	43			●
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	12.3 (8.3-17.8)	379	9.3 (3.1-24.6)	43			●

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Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN36: Percentage of students who usually got their own electronic vapor products by buying them in a store (such as a convenience store, supermarket, discount store, gas station, or vape store, during the 30 days before the survey, among students who currently used electronic vapor products and who were aged <18 years)	9.2 (4.5-17.9)	117	-	11			
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	6.0 (4.2-8.6)	498	5.3 (2.0-13.0)	64			●
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)	6.7 (4.5-9.7)	500	9.1 (4.4-17.8)	64			●
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	10.2 (7.5-13.7)	489	18.9 (10.7-31.2)	62			●

*Confidence interval.

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- = Fewer than 30 students in the denominator (subgroup).

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Tobacco Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	13.0 (9.9-16.8)	487	20.6 (11.9-33.3)	62			●
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	36.0 (29.8-42.7)	379	34.8 (21.8-50.6)	44			●
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	35.2 (29.0-41.9)	375	32.3 (19.9-47.9)	44			●
QN39: Percentage of students who did not try to quit using all tobacco products (including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products, ever during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)	46.0 (36.8-55.3)	166	-	24			

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Alcohol/Other Drug Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	16.7 (13.1-21.1)	486	31.9 (19.2-48.1)	61			●
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	35.1 (29.7-40.9)	446	44.6 (29.9-60.4)	52			●
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row for female students or five or more drinks of alcohol in a row for male students, within a couple of hours, on at least 1 day during the 30 days before the survey)	14.9 (10.8-20.2)	457	24.2 (13.1-40.3)	57			●
QN43: Percentage of students who reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours, during the 30 days before the survey)	3.5 (1.8-6.7)	413	3.3 (1.0-10.5)	49			●
QN44: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)	44.6 (35.2-54.4)	161	-	22			

*Confidence interval.

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Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN45: Percentage of students who ever used marijuana (one or more times during their life)	42.9 (36.6-49.4)	493	51.9 (39.1-64.4)	63			●
QN46: Percentage of students who tried marijuana for the first time before age 13 years	8.1 (5.4-12.0)	496	18.2 (9.9-30.9)	63			●
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	19.7 (15.3-24.9)	492	27.9 (19.1-38.8)	63			●
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)	11.1 (7.7-15.6)	500	19.1 (11.1-30.9)	65			●
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	16.4 (13.4-20.0)	499	40.0 (27.4-54.1)	65		●	

*Confidence interval.

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Alcohol/Other Drug Use

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	% 95% CI*	N	% 95% CI	N			
QN50: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase, one or more times during their life)	6.4 (3.9-10.2)	500	8.5 (3.5-19.3)	64			●
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)	7.8 (5.6-10.8)	500	17.9 (10.3-29.1)	65		●	
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China White," one or more times during their life)	2.2 (1.0-4.5)	495	6.6 (2.1-18.8)	63			●
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal meth," "crank," "ice," or "meth," one or more times during their life)	2.8 (1.5-5.1)	500	8.7 (3.6-19.7)	65			●
QN54: Percentage of students who ever used ecstasy (also called "MDMA," one or more times during their life)	4.7 (3.0-7.2)	499	10.5 (5.2-20.0)	64			●

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Alcohol/Other Drug Use

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN56: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)	2.5 (1.2-5.1)	499	5.0 (1.4-16.8)	64			●
QN57: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	26.7 (22.4-31.6)	495	35.9 (22.6-51.9)	62			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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Sexual Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN58: Percentage of students who ever had sexual intercourse	78.5 (73.3-82.9)	463	65.4 (50.1-78.2)	52			●
QN59: Percentage of students who had sexual intercourse for the first time before age 13 years	3.3 (1.7-6.5)	465	15.2 (5.9-33.7)	54			●
QN60: Percentage of students who had sexual intercourse with four or more persons during their life	18.4 (15.1-22.2)	463	38.1 (23.7-55.0)	52		●	
QN61: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	57.5 (51.3-63.5)	462	53.3 (37.4-68.6)	53			●
QN62: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	16.6 (11.6-23.2)	268	-	27			

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Sexual Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN63: Percentage of students who did not use a condom during last sexual intercourse (among students who were currently sexually active)	44.7 (36.5-53.3)	261	-	21			
QN64: Percentage of students who did not use birth control pills before last sexual intercourse (to prevent pregnancy among students who were currently sexually active)	76.4 (69.6-82.1)	260	-	19			
QNIUDIMP: Percentage of students who did not use an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	92.6 (87.9-95.6)	260	-	19			
QNOTHHPL: Percentage of students who did not use birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	63.5 (55.9-70.4)	260	-	19			
QNDUALBC: Percentage of students who did not use both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)	89.3 (85.3-92.3)	260	-	17			

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Sexual Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse (among students who were currently sexually active)	11.5 (6.7-19.0)	260	-	19			
QN85: Percentage of students who were not tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)	89.7 (85.9-92.5)	498	82.6 (68.3-91.2)	64			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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Dietary Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [‡]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [‡]	No Difference [‡]
	% 95% CI*	N	% 95% CI	N			
QNOBESE: Percentage of students who had obesity (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [¶]	8.7 (6.0-12.5)	496	13.1 (7.7-21.4)	64			●
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [¶]	10.2 (7.6-13.6)	496	14.8 (7.9-26.2)	64			●
QN68: Percentage of students who were not trying to lose weight	59.1 (53.9-64.1)	499	53.0 (37.7-67.7)	63			●
QN69: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	25.9 (20.7-32.0)	501	33.7 (21.8-48.2)	65			●
QN70: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	9.5 (6.6-13.5)	500	7.6 (3.4-16.3)	65			●

*Confidence interval.

[‡]Based on t-test analyses, $p < 0.05$.

[¶]Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

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Dietary Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	4.9 (3.2-7.3)	500	5.3 (1.9-14.1)	65			●
QN71: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	37.4 (32.0-43.2)	500	46.8 (32.1-62.1)	64			●
QN72: Percentage of students who did not eat potatoes (one or more times during the 7 days before the survey)	33.5 (28.5-38.9)	500	34.1 (23.1-47.2)	65			●
QN73: Percentage of students who did not eat carrots (one or more times during the 7 days before the survey)	54.1 (48.9-59.2)	499	38.2 (25.6-52.7)	65			●
QN74: Percentage of students who did not eat other vegetables (one or more times during the 7 days before the survey)	17.1 (13.4-21.6)	496	19.5 (9.2-36.6)	63			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

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Dietary Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	6.9 (4.2-11.2)	494	4.4 (0.7-21.9)	63			●
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	20.4 (16.1-25.6)	500	23.1 (12.5-38.7)	65			●
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	10.5 (7.7-14.2)	500	12.0 (5.0-25.9)	65			●
QN76: Percentage of students who did not drink milk (during the 7 days before the survey)	21.1 (16.5-26.6)	499	26.1 (17.0-37.9)	65			●
QN77: Percentage of students who did not eat breakfast (during the 7 days before the survey)	18.0 (14.6-22.0)	499	25.2 (15.6-38.1)	65			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Risk Behaviors and Sex of Sexual Contacts Report

Dietary Behaviors

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNBK7DAY: Percentage of students who did not eat breakfast on all 7 days (during the 7 days before the survey)	75.5 (70.5-79.9)	499	76.3 (63.4-85.7)	65			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Physical Activity

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN78: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	47.0 (42.2-51.9)	492	55.9 (40.4-70.3)	64			●
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	13.6 (10.9-16.8)	492	31.2 (19.4-46.0)	64		●	
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	70.5 (65.5-75.0)	492	77.4 (65.9-85.9)	64			●
QN79: Percentage of students who watched television 3 or more hours per day (on an average school day)	17.2 (13.0-22.4)	494	15.1 (7.8-27.2)	64			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Physical Activity

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN80: Percentage of students who played video or computer games or used a computer 3 or more hours per day (counting time spent on things such as Xbox, PlayStation, an iPad or other tablet, a smartphone, texting, YouTube, Instagram, Facebook, or other social media, for something that was not school work, on an average school day)	39.9 (35.1-45.0)	492	41.1 (28.5-55.0)	63			●
QN81: Percentage of students who did not attend physical education (PE) classes on 1 or more days (in an average week when they were in school)	56.5 (50.4-62.5)	492	69.6 (55.3-81.0)	63			●
QNDLYPE: Percentage of students who did not attend physical education classes on all 5 days (in an average week when they were in school)	70.8 (65.8-75.4)	492	75.7 (63.6-84.7)	63			●
QN83: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	19.8 (16.2-23.9)	490	13.2 (6.7-24.4)	62			●
QN88: Percentage of students who did not get 8 or more hours of sleep (on an average school night)	76.2 (70.7-80.9)	491	82.1 (69.6-90.1)	64			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Risk Behaviors and Sex of Sexual Contacts Report

Other

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN84: Percentage of students who were never tested for human immunodeficiency virus (HIV) (not including tests done when donating blood)	89.3 (85.8-92.0)	496	75.2 (60.1-86.0)	63	●		
QN86: Percentage of students who did not see a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	25.0 (20.9-29.7)	496	16.0 (9.3-26.2)	64			●
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	1.0 (0.4-2.4)	496	0.0 (.-)	64	●		
QN87: Percentage of students who had ever been told by a doctor or nurse that they had asthma	22.7 (17.9-28.3)	495	31.2 (19.7-45.7)	63			●
QN89: Percentage of students who described their grades in school as mostly C's, D's, or F's (during the 12 months before the survey)	22.0 (17.8-26.9)	491	30.5 (19.3-44.6)	63			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN90: Percentage of students who talked on a cell phone while driving (on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle)	73.4 (68.9-77.4)	424	45.3 (30.5-60.9)	41	●		
QN91: Percentage of students who ever drank alcohol (at least one drink of alcohol, on at least 1 day during their life)	73.5 (68.2-78.2)	502	77.1 (62.3-87.2)	65		●	
QN92: Percentage of students who currently took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (one or more times during the 30 days before the survey)	7.7 (5.8-10.2)	501	20.4 (10.7-35.3)	65			●
QN93: Percentage of students who ever used hallucinogenic drugs (such as LSD, acid, PCP, angel dust, mescaline, or mushrooms, one or more times during their life)	8.8 (6.3-12.1)	498	22.2 (12.9-35.5)	64		●	
QN94: Percentage of students who drank a can, bottle, or glass of a sports drink (such as Gatorade or PowerAde, not counting low-calorie sports drinks such as Propel or G2, during the 7 days before the survey)	61.5 (55.1-67.5)	498	45.8 (34.7-57.3)	65	●		

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QN95: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, Sunny Delight, or energy drinks such as Red Bull, not counting soda or pop, sports drinks, energy drinks, or 100% fruit juice, one or more times per day during the 7 days before the survey)	16.0 (12.0-21.0)	496	17.6 (9.2-31.1)	65			●
QN96: Percentage of students who did not do exercises to strengthen or tone their muscles on three or more days (such as push-ups, sit-ups, or weight lifting, during the 7 days before the survey)	46.6 (42.0-51.3)	498	71.3 (59.9-80.5)	65		●	
QN97: Percentage of students who did not participate in any organized dance activities (such as cheerleading, dance team, flag team, or dance classes, counting any activities run by their school or community groups, during the 12 months before the survey)	72.7 (68.3-76.7)	493	77.2 (61.7-87.6)	60			●
QN98: Percentage of students who used an indoor tanning device (such as a sunlamp, sunbed, or tanning booth [not counting getting a spray-on tan], one or more times during the 12 months before the survey)	9.8 (6.6-14.5)	498	7.5 (3.1-16.8)	65			●

*Confidence interval.

[†]Based on t-test analyses, p<0.05.

2018 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Sex of Sexual Contacts Report

Site-Added

Health Risk Behavior	Opposite Sex Only		Same Sex Only or Both Sexes		Opposite Sex Only More Likely Than Same Sex Only or Both Sexes [†]	Same Sex Only or Both Sexes More Likely Than Opposite Sex Only [†]	No Difference [†]
	% 95% CI*	N	% 95% CI	N			
QNSPDRK1: Percentage of students who drank a can, bottle, or glass of a sports drink one or more times per day (such as Gatorade or Powerade, not counting low calorie sports drinks such as Propel or G2, during the 7 days before the survey)	13.8 (10.7-17.5)	498	8.8 (3.3-21.6)	65			●
QNSPDRK2: Percentage of students who drank a can, bottle, or glass of a sports drink two or more times per day (such as Gatorade or Powerade, not counting low calorie sports drinks such as Propel or G2, during the 7 days before the survey)	8.2 (5.8-11.5)	498	2.1 (0.5-8.4)	65	●		
QNILLICT: Percentage of students who ever used select illicit drugs (counting cocaine, inhalants, heroin, methamphetamines, ecstasy, or hallucinogens, one or more times during their life)	16.3 (12.9-20.4)	494	30.6 (19.5-44.6)	64		●	

*Confidence interval.

[†]Based on t-test analyses, p<0.05.