

# Nebraska Youth Tobacco Survey (YTS) 2018/2019 Questionnaire

This survey is about tobacco. We would like to know about you and things you do that may affect your health. Even if you don't use tobacco, your responses are important.

- This survey is completely voluntary and anonymous.
- **DO NOT** write your name on this survey.
- **NO ONE** will know how you answer the questions.
- The answers you give **WILL NOT** be used to find out your name.
- Whether or not you answer the questions will not affect your grade in this class.
- Try to answer all the questions.
- If you do not want to answer a question, just leave it blank.
- There are no wrong answers.

## About You

### 1. How old are you?

- 9 years old
- 10 years old
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old
- 18 years old
- 19 years old or older

### 2. What is your sex?

- Male
- Female

### 3. What grade are you in?

- 6th
- 7th
- 8th
- 9th
- 10th
- 11th
- 12th
- Ungraded or other grade

### 4. Are you Hispanic or Latino?

- No
- Yes, I am Mexican, Mexican American, or Chicano
- Yes, I am Puerto Rican
- Yes, I am Cuban or Cuban American
- Yes, I am some other Hispanic or Latino not listed here

### 5. What race or races do you consider yourself to be? (Select one or more)

- American Indian or Alaska Native
- Asian
- Black or African American
- Native Hawaiian or Other Pacific Islander
- White
- Other

### 6. Do you speak a language other than English at home?

- Yes
- No

**7. Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?**

- Yes
- No

## Cigarettes

The following questions are about conventional cigarettes (ones that have to be lit and burned).

**8. Have you ever been curious about smoking a cigarette?**

- Definitely yes
- Probably yes
- Probably not
- Definitely not

**9. Have you ever tried cigarette smoking, even one or two puffs?**

- Yes
- No

**10. Do you think that you will try a cigarette soon?**

- I have already tried cigarettes
- Definitely yes
- Probably yes
- Probably not
- Definitely not

**11. Do you think that you will smoke a cigarette in the next year?**

- Definitely yes
- Probably yes
- Probably not
- Definitely not

**12. If one of your best friends were to offer you a cigarette, would you smoke it?**

- Definitely yes
- Probably yes
- Probably not
- Definitely not

**13. How old were you when you first tried cigarette smoking, even one or two puffs?**

- I have never smoked cigarettes, not even one or two puffs
- 8 years old or younger
- 9 years old
- 10 years old
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old
- 18 years old
- 19 years old or older

**14. About how many cigarettes have you smoked in your ENTIRE LIFE?**

- I have never smoked cigarettes, not even one or two puffs
- 1 or more puffs but never a whole cigarette
- 1 cigarette
- 2 to 5 cigarettes
- 6 to 15 cigarettes (about 1/2 a pack total)
- 16 to 25 cigarettes (about 1 pack total)
- 26 to 99 cigarettes (more than 1 pack, but less than 5 packs)
- 100 or more cigarettes (5 or more packs)

**15. During the PAST 30 DAYS, on how many days did you smoke cigarettes?**

- 0 days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- 20 to 29 days
- All 30 days

**16. During the PAST 30 DAYS, on the days you smoked, about how many cigarettes did you smoke per day?**

- I did not smoke cigarettes during the past 30 days
- Less than 1 cigarette per day
- 1 cigarette per day
- 2 to 5 cigarettes per day
- 6 to 10 cigarettes per day
- 11 to 20 cigarettes per day
- More than 20 cigarettes per day

**17. Menthol cigarettes are cigarettes that taste like mint. During the PAST 30 DAYS, were the cigarettes that you usually smoked menthol?**

- I did not smoke cigarettes during the past 30 days
- Yes
- No
- Not sure

### Cigars, Cigarillos, and Little Cigars

The following questions are about cigars, cigarillos, or little cigars, such as Black and Mild, Swisher Sweets, Dutch Masters, White Owl, or Phillies Blunts.

**18. Have you ever been curious about smoking a cigar, cigarillo, or little cigar such as Black and Mild, Swisher Sweets, Dutch Masters, White Owl, or Phillies Blunts?**

- Definitely yes
- Probably yes
- Probably not
- Definitely not

**19. Have you ever tried smoking cigars, cigarillos, or little cigars, such as Black and Mild, Swisher Sweets, Dutch Masters, White Owl, or Phillies Blunts, even one or two puffs?**

- Yes
- No

**20. Do you think that you will try a cigar, cigarillo, or little cigar soon?**

- I have already tried cigars, cigarillos, or little cigars
- Definitely yes
- Probably yes
- Probably not
- Definitely not

**21. How old were you when you first tried smoking a cigar, cigarillo, or little cigar, even one or two puffs?**

- I have never smoked cigars, cigarillos, or little cigars, not even one or two puffs
- 8 years old or younger
- 9 years old
- 10 years old
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old
- 18 years old
- 19 years old or older

**22. During the PAST 30 DAYS, on how many days did you smoke cigars, cigarillos, or little cigars?**

- 0 days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- 20 to 29 days
- All 30 days

## Smokeless Tobacco

The following questions are about chewing tobacco, snuff, and dip such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen.

**23. Have you ever been curious about using chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?**

- Definitely yes
- Probably yes
- Probably not
- Definitely not

**24. Have you ever used chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen, even just a small amount?**

- Yes
- No

**25. How old were you when you used chewing tobacco, snuff, or dip for the first time?**

- I have never used chewing tobacco, snuff, or dip
- 8 years old or younger
- 9 years old
- 10 years old
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old
- 18 years old
- 19 years old or older

**26. During the PAST 30 DAYS, on how many days did you use chewing tobacco, snuff, or dip?**

- 0 days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- 20 to 29 days
- All 30 days

## Electronic Cigarettes

The following questions are about e-cigarettes. These are battery-powered devices that usually contain a nicotine-based liquid that is vaporized and inhaled. You may know them as vape-pens, hookah-pens, e-hookahs, e-cigars, e-pipes, personal vaporizers, or mods. Brand examples include NJOY, JUUL, Blu, VUSE, MarkTen, Logic, Vapin Plus, eGo, and Halo.

**27. Have you ever been curious about using an e-cigarette such as NJOY, JUUL, Blu, VUSE, MarkTen, Logic, Vapin Plus, eGo, or Halo?**

- Definitely yes
- Probably yes
- Probably not
- Definitely not

**28. Have you ever used an e-cigarette such as NJOY, JUUL, Blu, VUSE, MarkTen, Logic, Vapin Plus, eGo, or Halo, even once or twice?**

- Yes
- No

**29. Do you think that you will try an e-cigarette soon?**

- I have already tried e-cigarettes
- Definitely yes
- Probably yes
- Probably not
- Definitely not

**30. Do you think that you will use an e-cigarette in the next year?**

- Definitely yes
- Probably yes
- Probably not
- Definitely not

**31. If one of your best friends were to offer you an e-cigarette, would you use it?**

- Definitely yes
- Probably yes
- Probably not
- Definitely not

**32. How old were you when you first tried using an e-cigarette, even once or twice?**

- I have never used e-cigarettes
- 8 years old or younger
- 9 years old
- 10 years old
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old
- 18 years old
- 19 years old or older

**33. In total, on how many days have you used e-cigarettes in your ENTIRE LIFE?**

- 0 days
- 1 day
- 2 to 10 days
- 11 to 20 days
- 21 to 50 days
- 51 to 100 days
- Over 100 days

**34. During the PAST 30 DAYS, on how many days did you use e-cigarettes?**

- 0 days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- 20 to 29 days
- All 30 days

**35. How often do you use an e-cigarette with nicotine?**

- I don't use e-cigarettes
- I always use an e-cigarette with nicotine
- Most of the time I use an e-cigarette with nicotine
- Sometimes I use an e-cigarette with nicotine
- I use e-cigarettes, but I never use e-cigarettes with nicotine
- I don't know if I use e-cigarettes with nicotine

**36. Have you ever used marijuana, marijuana concentrates, marijuana waxes, THC, or hash oils in an e-cigarette?**

- I have never used an e-cigarette
- Yes
- No

**37. What brands of e-cigarettes have you ever tried? (Select one or more)**

- I have never tried e-cigarettes
- Blu
- NJOY
- MarkTen
- Logic
- VUSE
- Vapin Plus
- eGo
- Halo
- JUUL
- Some other brand not listed here (specify):
- I do not know the brand name

**38. Thinking about all types of e-cigarettes, have you used the disposable kind or rechargeable/refillable/tank kind?**

- I have never tried an e-cigarette
- Only the disposable kind
- Only the rechargeable/refillable/tank kind
- Both the disposable kind and rechargeable/refillable/tank kind

**39. During the PAST 30 DAYS, where did you get or buy the e-cigarettes that you have used? (Select one or more)**

- I have not used an e-cigarette in the past 30 days
- A gas station or convenience store
- A grocery store
- A drugstore/pharmacy
- A mall or shopping center kiosk/stand
- Over the Internet
- A vape shop or other store that only sells e-cigarettes
- Some other place not listed here
- From a family member
- From a friend
- From some other person that is not a family member or friend

**40. What are the reasons you have used e-cigarettes? (Select one or more)**

- I have never tried an e-cigarette
- Friend or family member used them
- To try to quit using other tobacco products, such as cigarettes
- They cost less than other tobacco products, such as cigarettes
- They are easier to get than other tobacco products, such as cigarettes
- Famous people on TV or in movies use them
- They are less harmful than other forms of tobacco, such as cigarettes
- They are available in flavors, such as mint, candy, fruit, or chocolate
- They can be used in areas where other tobacco products, such as cigarettes, are not allowed
- I used them for some other reason

## Hookahs

The following question is about hookahs, which are tobacco pipes with a long, flexible tube (or tubes) that draws the smoke through water contained in a bowl.

**41. Have you ever tried smoking tobacco in a hookah or waterpipe, even just one or two puffs?**

- Yes
- No

## All Tobacco Products

**42. Which of the following tobacco products have you ever tried, even just one time? (Select one or more)**

- Roll-your-own cigarettes
- Pipes filled with tobacco (not waterpipes)
- Snus, such as Camel, Marlboro, or General Snus
- Dissolvable tobacco products, such as Ariva, Stonewall, Camel orbs, Camel sticks, Marlboro sticks, or Camel strips
- Bidis (small brown cigarettes wrapped in a leaf)
- I have never tried any of the products listed above

**43. Of the following tobacco products, what was the FIRST ONE you tried? (Choose only one answer)**

- Roll-your-own cigarettes
- Flavored cigarettes, such as menthol (mint)
- Regular cigarettes
- Clove cigars
- Flavored little cigars
- Smoking tobacco in a hookah or a waterpipe
- Snus, such as Camel or Marlboro Snus
- Dissolvable tobacco products, such as Ariva, Stonewall, Camel orbs, Camel sticks, or Camel strips
- Electronic cigarettes or e-cigarettes, such as Ruyan, NJOY, or JUUL
- Some other tobacco products not listed here
- I am not sure about the product I first tried
- I have never tried any of the products listed above or any other tobacco product

**44. During the PAST 30 DAYS, on how many days did you use any tobacco product(s)?**

- 0 days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- 20 to 29 days
- All 30 days

## Flavors

The following questions are about flavors in tobacco products.

**45. Which of the following tobacco products that you used in the PAST 30 DAYS were flavored to taste like menthol (mint), alcohol (wine, cognac), candy, fruit, chocolate or any other flavors? (Select one or more)**

- Cigars, cigarillos, or little cigars
- Chewing tobacco, snuff, or dip
- E-cigarettes
- Tobacco in a hookah or waterpipe
- Pipe filled with tobacco (not waterpipe)
- Snus
- Dissolvable tobacco products
- I did not use any of the flavored tobacco products listed above in the past 30 days

**46. What flavors of tobacco products have you used in the PAST 30 DAYS? (Select one or more)**

- Menthol or mint
- Clove or spice
- Fruit
- Chocolate
- Alcoholic drink (such as wine, cognac, margarita, or other cocktails)
- Candy, desserts, or other sweets
- Some other flavor not listed here
- I did use a tobacco product in the past 30 days, but it was not flavored
- I did not use tobacco products in the past 30 days

## Getting Tobacco Products

**47. During the PAST 30 DAYS, how did you get your own tobacco products? (Select one or more)**

- I did not get any tobacco products during the past 30 days
- I bought them myself
- I had someone else buy them for me
- I borrowed or bummed them
- Someone gave them to me without my asking
- I took them from a store or another person
- I got them some other way

**48. During the PAST 30 DAYS, where did you buy your own tobacco products? (Select one or more)**

- I did not buy any tobacco products during the past 30 days
- A gas station
- A convenience store
- A grocery store
- A drugstore
- A tobacco shop
- A vending machine
- Over the Internet
- Through the mail
- Some other place not listed here

**49. During the PAST 30 DAYS, did anyone refuse to sell you any tobacco products because of your age?**

- I did not try to buy any tobacco products during the past 30 days
- Yes
- No

**50. How easy would it be for you to get tobacco products if you wanted some?**

- Very easy
- Somewhat easy
- Not easy at all

## Quitting Tobacco Products

**51. How soon after you wake up do you want to use a tobacco product?**

- I do not use tobacco products
- Within 5 minutes
- From 6 to 30 minutes
- From more than 30 minutes to 1 hour
- After more than 1 hour but less than 24 hours
- I rarely want to use tobacco products



**52. Are you seriously thinking about quitting the use of all tobacco products? (Please choose the first answer that fits)**

- I do not use tobacco products
- Yes, during the next 30 days
- Yes, during the next 6 months
- Yes, during the next 12 months
- Yes, but not during the next 12 months
- No, I am not thinking about quitting the use of all tobacco products

**53. During the PAST 12 MONTHS, how many times have you stopped using all tobacco products for one day or longer because you were trying to quit all tobacco products for good?**

- I did not use tobacco during the past 12 months
- I did not try to quit during the past 12 months
- 1 time
- 2 times
- 3 to 5 times
- 6 to 9 times
- 10 or more times

**54. Are you seriously thinking about quitting the use of CIGARETTES? (Please choose the first answer that fits)**

- I do not smoke CIGARETTES
- Yes, during the next 30 days
- Yes, during the next 6 months
- Yes, during the next 12 months
- Yes, but not during the next 12 months
- No, I am not thinking about quitting CIGARETTES

**55. During the PAST 12 MONTHS, how many times have you stopped smoking cigarettes for one day or longer because you were trying to quit smoking CIGARETTES for good?**

- I did not smoke CIGARETTES during the past 12 months
- I did not try to quit during the past 12 months
- 1 time
- 2 times
- 3 to 5 times
- 6 to 9 times
- 10 or more times

## Your Thoughts About Tobacco Products

**56. How much do you think people harm themselves when they smoke cigarettes some days but not every day?**

- No harm
- Little harm
- Some harm
- A lot of harm

**57. How much do you think people harm themselves when they smoke cigars, cigarillos, or little cigars some days but not every day?**

- No harm
- Little harm
- Some harm
- A lot of harm

**58. How much do you think people harm themselves when they use chewing tobacco, snuff, dip, or snus some days but not every day?**

- No harm
- Little harm
- Some harm
- A lot of harm

**59. Do you believe that chewing tobacco, snuff, dip, or snus is less addictive, equally addictive, or more addictive than cigarettes?**

- Less addictive
- Equally addictive
- More addictive
- I have never heard of chewing tobacco, snuff, dip, or snus
- I don't know enough about these products



**60. How much do you think people harm themselves when they use e-cigarettes some days but not every day?**

- No harm
- Little harm
- Some harm
- A lot of harm

**61. Do you believe that e-cigarettes are less addictive, equally addictive, or more addictive than cigarettes?**

- Less addictive
- Equally addictive
- More addictive
- I have never heard of e-cigarettes
- I don't know enough about these products

**62. How strongly do you agree with the statement "All tobacco products are dangerous"?**

- Strongly agree
- Agree
- Disagree
- Strongly disagree

**63. Not including the vapor from e-cigarettes, do you think that breathing smoke from other people's cigarettes or other tobacco products causes...**

- No harm
- Little harm
- Some harm
- A lot of harm

**64. Out of every 10 students in your grade at school, how many do you think smoke cigarettes?**

- 0 - NONE of the students in my grade smoke cigarettes
- 1
- 2
- 3
- 4
- 5 - HALF of the students in my grade smoke cigarettes
- 6
- 7
- 8
- 9
- 10 - ALL of the students in my grade smoke cigarettes

**65. Out of every 10 students in your grade at school, how many do you think use E-CIGARETTES?**

- 0 - NONE of the students in my grade use e-cigarettes
- 1
- 2
- 3
- 4
- 5 - HALF of the students in my grade use e-cigarettes
- 6
- 7
- 8
- 9
- 10 - ALL of the students in my grade use e-cigarettes

**66. How many of your four closest friends smoke cigarettes?**

- None
- One
- Two
- Three
- Four
- Not sure

**67. How many of your four closest friends use chewing tobacco, snuff, or dip?**

- None
- One
- Two
- Three
- Four
  
- Not sure

**68. Do you think smoking cigarettes makes young people look cool or fit in?**

- Definitely yes
- Probably yes
- Probably not
- Definitely not

**69. Do you think young people who smoke cigarettes have more friends?**

- Definitely yes
- Probably yes
- Probably not
- Definitely not

**70. Do you think young people who use chewing tobacco, snuff, or dip have more friends?**

- Definitely yes
- Probably yes
- Probably not
- Definitely not

**71. Do you think young people who use electronic cigarettes or e-cigarettes have more friends?**

- Definitely yes
- Probably yes
- Probably not
- Definitely not

## Tobacco Advertisements

**72. Do you believe that tobacco companies try to get young people under 18 to use tobacco products?**

- Yes
- No

**73. During the PAST 30 DAYS, did you receive ads from a tobacco company through: (Select one or more)**

- I did not receive ads from a tobacco company during the past 30 days
- The mail
- E-mail
- Facebook
- Twitter
- A text message
- Some other source not listed here

**74. When you are using the Internet, how often do you see ads or promotions for e-cigarettes?**

- Never
- Rarely
- Sometimes
- Most of the time
- Always
  
- I do not use the Internet

**75. When you read newspapers or magazines, how often do you see ads or promotions for e-cigarettes?**

- Never
- Rarely
- Sometimes
- Most of the time
- Always
  
- I do not read newspapers or magazines

**76. When you go to a convenience store, supermarket, or gas station, how often do you see ads or promotions for e-cigarettes?**

- Never
- Rarely
- Sometimes
- Most of the time
- Always
  
- I never go to a convenience store, supermarket, or gas station

**77. When you watch TV, how often do you see ads or promotions for e-cigarettes?**

- Never
- Rarely
- Sometimes
- Most of the time
- Always
  
- I do not watch TV

### Exposure to Tobacco Smoke

The following questions are about you being around other people's tobacco smoke.

**78. In your opinion, inside your home, smoking tobacco products should...**

- Always be allowed
- Be allowed only at some times or in some places
- Never be allowed

**79. In your opinion, in their vehicles, people should...**

- Always allow smoking
- Sometimes allow smoking
- Never allow smoking

**80. During the PAST 7 DAYS, on how many days did someone smoke tobacco products in your home while you were there?**

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 7 days

**81. During the PAST 7 DAYS, on how many days did you ride in a vehicle when someone was smoking a tobacco product?**

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 7 days

**82. Not including the vapor from e-cigarettes, during the PAST 7 DAYS, on how many days did you breathe the smoke from someone who was smoking tobacco products at your school, including school buildings, school grounds, and school parking lots?**

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 7 days

The following two questions are about your exposure to tobacco smoke in indoor and outdoor public places. Examples of indoor public places are school buildings, stores, restaurants, and sports arenas. Examples of outdoor public places are school grounds, parking lots, stadiums, and parks.

**83. Not including the vapor from e-cigarettes, during the PAST 7 DAYS, on how many days did you breathe the smoke from someone who was smoking tobacco products in an indoor or outdoor public place?**

- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 7 days

**84. During the PAST 30 DAYS, on how many days did you breathe the vapor from someone who was using an e-cigarette in an indoor or outdoor public place?**

- 0 days
- 1 or 2 days
- 3 to 5 days
- 6 to 9 days
- 10 to 19 days
- 20 to 29 days
- All 30 days

**85. Does anyone who lives with you now...  
(Select one or more)**

- Smoke cigarettes
- Smoke cigars, cigarillos, or little cigars
- Use chewing tobacco, snuff, or dip
- Use e-cigarettes
- Smoke tobacco in a hookah or waterpipe
- Smoke pipes filled with tobacco (not waterpipes)
- Use snus
- Use dissolvable tobacco products
- Smoke bidis (small brown cigarettes wrapped in a leaf)
- No one who lives with me now uses any form of tobacco

**86. During the PAST 30 DAYS, to your knowledge, has anyone, including yourself smoked a tobacco product on school property when he or she was not supposed to?**

- Yes
- No

**Thank you very much for your help!**