

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Total Unintentional Injuries/Violence	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN8: Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)	51.4 (45.2-57.7)	53.3 (43.5-62.9)	61.2 (43.6-76.3)	65.7 (48.4-79.6)	No
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	13.9 (10.0-18.9)	12.5 (8.5-18.0)	19.3 (13.4-27.0)	21.1 (8.8-42.7)	Yes
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	4.9 (2.3-9.8)	4.7 (1.8-11.5)	4.3 (1.2-14.3)	-	
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	58.5 (45.2-70.7)	43.7 (33.2-54.8)	47.1 (34.9-59.6)	-	
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	4.0 (2.0-8.0)	1.3 (0.4-4.3)	1.3 (0.2-9.2)	10.1 (3.0-29.3)	Yes
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	3.7 (1.9-7.2)	7.6 (3.5-15.7)	11.4 (5.5-22.2)	11.9 (4.2-29.8)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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Health Risk Behavior					
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	7.2 (4.1-12.3)	5.6 (2.9-10.4)	9.8 (4.9-18.7)	12.6 (4.7-29.4)	No
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	14.2 (10.5-19.0)	16.9 (11.0-25.0)	29.1 (18.3-42.8)	41.2 (27.0-57.1)	Yes
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	10.7 (8.0-14.2)	7.2 (3.4-14.6)	10.0 (4.4-20.9)	20.9 (7.0-48.2)	No
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	18.9 (13.0-26.8)	11.9 (7.5-18.2)	12.3 (7.3-19.9)	-	
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	5.9 (2.4-13.5)	10.3 (5.7-17.9)	6.5 (2.7-15.0)	-	

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	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	21.1 (15.9-27.4)	17.1 (12.4-23.2)	30.4 (23.7-38.1)	20.4 (11.0-34.7)	Yes
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	17.6 (12.2-24.6)	13.3 (8.5-20.2)	23.5 (19.3-28.3)	26.7 (12.8-47.6)	No
QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	32.2 (23.7-42.0)	35.0 (26.2-44.9)	47.3 (34.6-60.4)	64.0 (47.8-77.6)	Yes
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	15.0 (9.1-23.9)	19.7 (13.5-27.8)	24.5 (18.1-32.2)	47.6 (29.1-66.8)	Yes
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	11.5 (6.7-19.1)	12.8 (9.0-17.9)	16.8 (9.6-27.8)	36.4 (19.7-57.1)	Yes
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)	6.3 (3.3-11.7)	12.2 (8.0-18.1)	13.1 (6.9-23.2)	28.4 (13.2-50.8)	Yes

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Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Total Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN30: Percentage of students who ever tried cigarette smoking (even one or two puffs)	13.9 (9.9-19.2)	18.0 (14.0-22.7)	24.2 (14.0-38.4)	40.3 (25.1-57.8)	Yes
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)	2.8 (1.3-6.0)	5.5 (3.4-8.7)	10.4 (4.4-22.7)	27.8 (18.5-39.5)	Yes
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	1.9 (0.8-4.3)	1.6 (0.5-5.1)	4.9 (1.9-12.2)	15.8 (7.6-30.1)	Yes
QNFRICIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.0	0.0	0.0	2.2 (0.3-15.5)	No
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.0	0.0	0.0	2.2 (0.3-15.5)	No
QN33: Percentage of students who smoked more than 10 cigarettes per day (on the days they smoked during the 30 days before the survey, among students who currently smoked cigarettes)	-	-	-	-	

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	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])	28.7 (22.6-35.8)	36.4 (28.4-45.1)	41.7 (28.4-56.4)	44.8 (29.2-61.5)	Yes
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	11.2 (7.9-15.5)	15.0 (10.2-21.7)	22.9 (12.9-37.2)	23.1 (13.6-36.4)	No
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	4.6 (2.5-8.0)	5.8 (3.3-10.0)	9.0 (3.1-23.7)	10.0 (3.4-26.2)	No
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	3.7 (1.8-7.4)	5.0 (2.8-8.7)	7.0 (2.0-22.2)	8.0 (2.7-21.4)	No
QN36: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)	2.5 (0.3-17.9)	-	-	-	

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	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	1.9 (0.8-4.4)	1.1 (0.2-5.1)	2.5 (0.9-7.3)	12.7 (5.8-25.6)	Yes
QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey)	0.0	0.0	0.0	4.1 (1.0-15.7)	No
QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey)	0.0	0.0	0.0	4.1 (1.0-15.7)	No
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)	0.9 (0.4-2.3)	4.7 (2.2-9.8)	1.8 (0.4-7.1)	12.5 (6.1-24.1)	Yes
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)	0.0	0.0	0.0	2.2 (0.3-14.7)	No

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	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)	0.0	0.0	0.0	2.2 (0.3-14.7)	No
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	2.4 (1.2-4.8)	4.1 (2.0-8.2)	4.9 (1.9-12.2)	17.7 (9.7-30.2)	Yes
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	3.4 (1.7-6.7)	4.8 (2.3-9.9)	4.9 (1.9-12.2)	23.8 (11.8-42.3)	Yes
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	11.3 (8.4-15.1)	14.0 (8.9-21.4)	21.8 (12.2-35.9)	32.4 (19.3-49.1)	Yes
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	11.0 (8.2-14.6)	14.0 (8.9-21.4)	21.8 (12.2-35.9)	26.2 (15.8-40.3)	Yes
QN39: Percentage of students who tried to quit using all tobacco products (including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco, during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)	38.8 (24.3-55.5)	38.7 (23.0-57.2)	-	-	

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Total Alcohol/Other Drug Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	8.4 (4.9-14.2)	11.9 (9.0-15.5)	13.7 (9.6-19.3)	31.0 (20.6-43.8)	Yes
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	17.1 (12.7-22.6)	21.2 (15.7-27.9)	16.7 (10.2-26.1)	31.1 (18.4-47.6)	No
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	6.7 (3.8-11.4)	11.2 (8.1-15.3)	6.6 (3.0-13.7)	22.5 (11.4-39.6)	Yes
QN43: Percentage of students who reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours, during the 30 days before the survey)	2.3 (1.0-5.3)	2.9 (1.1-7.7)	1.0 (0.1-7.5)	20.8 (9.9-38.6)	Yes
QN44: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)	46.8 (33.2-60.9)	41.2 (25.7-58.6)	-	-	
QN45: Percentage of students who ever used marijuana (one or more times during their life)	14.0 (10.1-19.1)	20.2 (14.1-28.2)	25.0 (15.7-37.4)	32.3 (19.9-47.8)	No

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	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN46: Percentage of students who tried marijuana for the first time before age 13 years	1.8 (0.7-5.1)	2.0 (0.5-7.6)	6.7 (2.7-15.8)	12.5 (6.0-24.1)	Yes
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	6.3 (3.1-12.4)	12.7 (7.9-19.9)	17.8 (10.6-28.4)	23.5 (13.8-37.0)	No
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)	3.0 (1.2-7.3)	5.3 (2.2-12.3)	4.9 (1.8-12.8)	6.5 (1.9-20.4)	No
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	5.7 (3.4-9.3)	5.4 (3.5-8.3)	10.8 (5.5-20.1)	19.6 (5.9-48.9)	No
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)	4.5 (2.9-6.8)	8.9 (6.1-12.8)	7.3 (2.8-17.9)	14.2 (5.4-32.5)	Yes
QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)	0.2 (0.0-1.7)	0.8 (0.2-3.4)	2.0 (0.5-8.3)	3.7 (0.8-16.0)	Yes

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	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	10.0 (6.6-14.7)	8.9 (6.1-12.8)	11.1 (6.8-17.5)	16.2 (6.1-36.4)	No

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

**Total
Sexual Behaviors**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN57: Percentage of students who ever had sexual intercourse	31.7 (24.6-39.8)	31.2 (22.5-41.5)	45.8 (30.6-61.9)	52.6 (31.6-72.7)	No
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	2.6 (1.5-4.5)	0.8 (0.2-3.3)	4.4 (1.2-14.9)	5.6 (1.8-16.5)	Yes
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	6.7 (3.6-11.9)	8.7 (4.8-15.2)	18.3 (8.5-35.1)	19.3 (10.4-33.2)	Yes
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	23.8 (17.2-31.9)	23.8 (16.1-33.9)	36.2 (23.4-51.3)	45.9 (29.2-63.6)	Yes
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	20.9 (13.7-30.5)	15.3 (8.5-25.9)	-	-	
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)	55.1 (43.7-66.1)	52.6 (34.9-69.8)	-	-	

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**Total
Sexual Behaviors**

**Percentage of students who engaged in each risk behavior, by
type of grades mostly earned in school**

Health Risk Behavior	A's	B's	C's	D's/F's	Significant Association*
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)	2.6 (1.5-4.4)	4.6 (2.0-10.4)	8.2 (3.1-19.7)	15.7 (9.2-25.3)	Yes

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Total Birth Control	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN63: Percentage of students who used birth control pills before last sexual intercourse with opposite-sex partner (to prevent pregnancy, not counting emergency contraception such as Plan B or the "morning after" pill, among students who were currently sexually active)	44.0 (30.2-58.8)	33.5 (13.6-61.6)	-	-	
QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	3.4 (1.5-7.2)	6.2 (0.8-35.9)	-	-	
QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	48.8 (34.8-63.0)	53.2 (36.8-69.0)	-	-	
QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD, or implant, or a shot, or patch, or birth control ring before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	17.4 (8.6-32.0)	22.9 (12.9-37.4)	-	-	
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	2.1 (0.3-15.7)	1.8 (0.2-13.4)	-	-	

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Total
Dietary Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§	14.1 (9.9-19.7)	24.8 (17.8-33.4)	15.4 (9.2-24.7)	36.5 (15.9-63.7)	No
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§	15.3 (11.2-20.7)	16.4 (11.3-23.2)	10.3 (3.7-25.8)	17.0 (6.4-37.7)	No
QN66: Percentage of students who described themselves as slightly or very overweight	26.2 (21.3-31.9)	34.1 (25.5-43.9)	37.0 (24.1-52.1)	56.2 (38.0-72.8)	Yes
QN67: Percentage of students who were trying to lose weight	46.4 (40.9-52.1)	47.0 (35.5-58.7)	55.9 (42.0-69.0)	50.4 (33.3-67.5)	No
QN68: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	32.3 (27.3-37.8)	34.6 (27.5-42.3)	32.2 (22.1-44.3)	46.2 (29.7-63.6)	Yes
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	11.1 (7.5-16.0)	12.4 (7.6-19.7)	13.1 (7.2-22.4)	30.0 (12.7-55.9)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

§ Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Total Dietary Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	7.9 (4.2-14.3)	8.3 (4.3-15.3)	9.3 (4.7-17.6)	20.1 (5.7-51.0)	No
QNFR1: Percentage of students who ate fruit or drank 100% fruit juices one or more times per day (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	55.8 (50.6-60.9)	47.0 (40.1-54.0)	55.8 (43.0-67.9)	44.8 (26.9-64.2)	Yes
QNFR2: Percentage of students who ate fruit or drank 100% fruit juices two or more times per day (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	25.9 (21.1-31.3)	18.7 (11.9-28.1)	20.4 (10.2-36.8)	27.1 (12.6-48.8)	No
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	40.2 (31.3-49.8)	45.2 (34.9-55.9)	42.7 (28.1-58.7)	46.1 (26.9-66.5)	No
QN71: Percentage of students who did not eat potatoes (one or more times during the 7 days before the survey)	39.8 (32.1-48.0)	41.1 (33.8-48.7)	32.5 (22.9-43.8)	38.6 (26.2-52.8)	No
QN72: Percentage of students who did not eat carrots (one or more times during the 7 days before the survey)	49.7 (43.9-55.5)	51.4 (43.2-59.6)	57.9 (40.9-73.1)	46.2 (28.1-65.3)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Total Dietary Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN73: Percentage of students who did not eat other vegetables (one or more times during the 7 days before the survey)	20.1 (11.9-31.9)	21.6 (15.9-28.8)	18.2 (10.0-30.8)	37.5 (21.9-56.2)	No
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	8.9 (4.4-17.4)	8.9 (5.3-14.6)	6.6 (3.6-11.9)	12.7 (5.3-27.5)	No
QNVEG1: Percentage of students who ate vegetables one or more times per day (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	58.6 (48.6-68.0)	55.6 (43.7-66.8)	60.6 (44.9-74.4)	54.7 (35.6-72.4)	No
QNVEG2: Percentage of students who ate vegetables two or more times per day (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	20.8 (16.9-25.4)	20.5 (13.7-29.6)	22.4 (12.2-37.5)	28.6 (16.5-44.9)	No
QNVEG3: Percentage of students who ate vegetables three or more times per day (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	9.9 (6.1-15.9)	7.6 (4.8-12.0)	15.9 (10.0-24.3)	18.8 (9.5-33.8)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Total Dietary Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)	32.9 (27.2-39.3)	22.4 (16.6-29.5)	33.6 (22.4-47.1)	39.4 (23.2-58.4)	No
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	13.1 (7.8-21.1)	12.9 (9.0-18.2)	14.5 (7.1-27.2)	22.6 (11.9-38.9)	No
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	7.1 (4.1-11.9)	5.6 (3.6-8.5)	6.0 (2.5-13.5)	16.2 (8.1-29.8)	Yes
QN75: Percentage of students who did not drink milk (during the 7 days before the survey)	30.6 (21.8-41.0)	31.1 (23.4-40.1)	29.5 (15.2-49.5)	30.3 (20.5-42.2)	No
QNMILK1: Percentage of students who drank one or more glasses per day of milk (counting the milk they drank in a glass or cup, from a carton, or with cereal and counting the half pint of milk served at school as equal to one glass, during the 7 days before the survey)	31.4 (24.4-39.4)	23.2 (18.7-28.4)	23.2 (14.3-35.3)	13.4 (5.8-28.0)	Yes
QNMILK3: Percentage of students who drank three or more glasses per day of milk (counting the milk they drank in a glass or cup, from a carton, or with cereal and counting the half pint of milk served at school as equal to one glass, during the 7 days before the survey)	8.4 (4.8-14.5)	5.4 (2.9-10.0)	5.4 (1.6-16.2)	7.6 (3.0-18.0)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Total Dietary Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)	17.0 (10.8-25.8)	20.3 (13.9-28.6)	31.1 (21.8-42.3)	32.3 (18.5-50.1)	Yes
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)	34.3 (25.7-44.1)	22.9 (18.6-27.8)	17.4 (9.0-30.8)	8.0 (4.1-14.8)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Total Physical Activity	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	60.0 (54.5-65.3)	56.2 (45.7-66.1)	58.0 (47.4-67.9)	53.3 (38.2-67.9)	No
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	12.3 (8.7-17.0)	14.6 (9.2-22.5)	14.0 (7.1-25.9)	5.7 (1.6-18.2)	No
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	30.8 (22.8-40.2)	31.7 (24.0-40.7)	31.6 (21.6-43.6)	30.5 (22.3-40.1)	No
QN78: Percentage of students who spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)	72.3 (64.8-78.8)	77.4 (70.2-83.3)	64.6 (51.4-76.0)	78.3 (61.2-89.1)	No
QN79: Percentage of students who attended physical education (PE) classes on 1 or more days (in an average week when they were in school)	50.8 (42.1-59.5)	47.1 (36.8-57.7)	64.9 (53.3-75.0)	56.3 (43.9-68.1)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Total Physical Activity	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNDLYPE: Percentage of students who attended physical education (PE) classes on all 5 days (in an average week when they were in school)	34.4 (24.0-46.5)	30.2 (18.2-45.7)	35.6 (20.0-55.0)	36.5 (23.0-52.5)	No
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	12.9 (8.3-19.5)	17.1 (11.1-25.5)	27.9 (16.8-42.5)	20.3 (8.2-42.0)	Yes
QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)	33.6 (27.0-40.9)	18.4 (13.9-24.1)	25.2 (14.1-41.0)	18.1 (7.4-37.9)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Total Other	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN82: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)	3.4 (2.0-5.6)	4.7 (1.9-10.9)	7.0 (1.7-24.6)	16.6 (7.0-34.7)	Yes
QN84: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	77.7 (67.6-85.4)	67.4 (60.2-73.8)	62.5 (47.9-75.0)	71.2 (46.2-87.7)	No
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	3.8 (1.6-9.1)	5.5 (1.4-19.8)	2.5 (0.6-10.6)	2.0 (0.2-15.0)	No
QN87: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)	1.9 (0.8-4.8)	1.6 (0.5-5.2)	0.8 (0.1-6.7)	3.9 (0.8-16.7)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Total Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN88: Percentage of students who are transgender	0.5 (0.1-1.9)	1.7 (0.6-4.7)	0.0	3.7 (0.6-19.1)	Yes
QN89: Percentage of students who talked on a cell phone while driving (on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle)	64.5 (54.1-73.6)	51.2 (40.0-62.2)	54.9 (36.1-72.4)	-	
QN90: Percentage of students who reported that an adult or person at least 5 years older than them made them do sexual things they did not want to do (counting such things as kissing, touching, or being made to have sexual intercourse)	5.3 (2.9-9.5)	5.0 (2.3-10.7)	6.3 (2.4-15.7)	15.1 (5.9-33.6)	Yes
QN91: Percentage of students who reported that a parent or other adult in their home most of the time or always swore at them, insulted them, or put them down (during their life)	11.2 (8.3-15.0)	18.6 (13.7-24.7)	15.3 (8.6-25.5)	14.0 (5.0-33.6)	No
QN92: Percentage of students who reported that a parent or other adult in their home most of the time or always hit, beat, kicked, or physically hurt them in any way (during their life)	1.7 (0.7-4.6)	1.3 (0.4-4.3)	1.1 (0.1-8.3)	2.8 (0.4-18.6)	No
QN93: Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up (during their life)	0.2 (0.0-1.7)	1.9 (0.2-15.7)	3.1 (0.6-15.8)	4.7 (0.8-23.7)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Total Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN94: Percentage of students who ever drank alcohol (at least one drink of alcohol, on at least 1 day during their life)	42.6 (35.6-50.0)	48.0 (38.4-57.7)	49.0 (36.6-61.6)	57.9 (39.1-74.6)	Yes
QN95: Percentage of students who currently took prescription pain medication without a doctor's prescription or differently than how a doctor told them to use it (one or more times during the 30 days before the survey)	2.2 (0.9-5.3)	3.5 (1.2-10.0)	2.1 (0.5-8.8)	11.0 (3.0-32.7)	No
QN96: Percentage of students who did not drink a can, bottle, or glass of a sports drink (such as Gatorade or PowerAde, not counting low-calorie sports drinks such as Propel or G2, during the 7 days before the survey)	38.4 (30.7-46.7)	37.4 (31.8-43.4)	35.5 (21.8-52.0)	41.0 (28.4-54.9)	No
QN97: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, Sunny Delight, or energy drinks such as Red Bull, not counting soda or pop, sports drinks, energy drinks, or 100% fruit juice, one or more times per day during the 7 days before the survey)	12.6 (8.6-18.2)	13.3 (10.5-16.8)	8.8 (3.9-18.4)	19.4 (9.2-36.2)	No
QN98: Percentage of students who did exercises to strengthen or tone their muscles on three or more days (such as push-ups, sit-ups, or weight lifting, during the 7 days before the survey)	58.4 (52.5-64.0)	56.9 (48.7-64.7)	67.5 (54.7-78.1)	59.6 (46.0-71.9)	No

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Total Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN99: Percentage of students who participated in any organized dance activities (such as cheerleading, dance team, flag team, or dance classes, counting any activities run by their school or community groups, during the 12 months before the survey)	25.7 (18.5-34.6)	26.3 (16.3-39.5)	27.2 (20.2-35.6)	17.6 (6.9-38.1)	No
QN100: Percentage of students who had a sunburn (counting even a small part of the skin turning red or hurting for 12 hours or more after being outside in the sun or after using a sunlamp or other indoor tanning device, one or more times during the 12 months before the survey)	73.7 (67.6-79.0)	67.7 (58.7-75.6)	68.9 (54.4-80.4)	61.6 (47.5-74.0)	No
QN101: Percentage of students who reported that an adult in their household most of the time or always tried hard to make sure their basic needs were met (such as looking after their safety and making sure they had clean clothes and enough to eat, during their life)	89.6 (85.5-92.6)	80.3 (70.4-87.5)	85.3 (76.2-91.3)	89.1 (74.1-95.9)	No
QN103: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use	25.4 (20.9-30.5)	28.4 (22.5-35.1)	45.8 (35.4-56.6)	57.7 (42.0-72.0)	Yes
QN104: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal	27.0 (21.7-33.1)	40.3 (33.8-47.1)	45.4 (31.5-60.1)	59.6 (41.8-75.1)	Yes
QN105: Percentage of students who have ever been separated from a parent or guardian because they went to jail, prison, or a detention center	13.4 (7.2-23.7)	18.2 (10.0-30.8)	31.8 (20.8-45.4)	26.0 (13.9-43.4)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Total Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNSPDRK1: Percentage of students who drank a can, bottle, or glass of a sports drink one or more times per day (such as Gatorade or Powerade, not counting low calorie sports drinks such as Propel or G2, during the 7 days before the survey)	8.8 (6.7-11.4)	7.9 (5.0-12.4)	13.4 (6.6-25.3)	18.6 (9.7-32.7)	No
QNSPDRK2: Percentage of students who drank a can, bottle, or glass of a sports drink two or more times per day (such as Gatorade or Powerade, not counting low calorie sports drinks such as Propel or G2, during the 7 days before the survey)	4.4 (2.4-8.1)	3.5 (1.8-6.6)	8.1 (3.5-18.0)	15.0 (7.4-27.9)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Total Mental Health	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN85: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	23.8 (18.3-30.3)	29.9 (22.9-38.0)	32.3 (21.7-45.1)	55.6 (37.2-72.6)	Yes

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN8: Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)	61.1 (49.3-71.7)	49.1 (39.3-59.0)	52.6 (35.2-69.4)	-	
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	11.4 (6.8-18.6)	7.8 (3.5-16.4)	18.2 (9.2-32.7)	-	
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	4.4 (1.8-10.2)	3.9 (1.2-12.1)	-	-	
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	58.9 (44.5-72.0)	47.6 (32.9-62.6)	58.0 (37.3-76.3)	-	
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	5.5 (2.0-13.8)	2.4 (0.7-8.1)	2.3 (0.3-15.9)	-	
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	4.0 (1.3-11.7)	3.3 (0.6-15.8)	7.9 (2.4-23.1)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	8.1 (3.7-16.7)	5.0 (1.9-12.5)	9.8 (3.4-24.8)	-	
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	15.6 (9.7-24.3)	19.2 (10.6-32.3)	40.2 (22.6-60.9)	-	
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	6.5 (3.4-12.2)	0.8 (0.1-6.5)	0.0	-	
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	8.4 (2.8-22.4)	1.5 (0.2-11.3)	3.0 (0.4-20.9)	-	
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	5.1 (2.0-12.4)	1.5 (0.2-11.3)	3.9 (0.9-15.5)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	18.2 (13.0-24.9)	6.6 (2.8-15.0)	14.3 (6.1-30.0)	-	
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	10.0 (5.7-16.9)	5.0 (1.7-13.3)	5.2 (1.8-14.3)	-	
QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	20.3 (13.8-28.9)	20.3 (12.8-30.8)	34.6 (21.8-50.1)	-	
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	12.4 (7.5-20.0)	7.8 (3.5-16.4)	19.6 (10.0-35.0)	-	
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	10.2 (6.8-15.1)	7.6 (3.2-16.8)	15.1 (6.0-33.5)	-	
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)	5.2 (2.9-8.9)	1.8 (0.4-8.2)	8.5 (1.6-34.6)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male

Unintentional Injuries/Violence

Percentage of students who engaged in each risk behavior, by
type of grades mostly earned in school

Health Risk Behavior	A's	B's	C's	D's/F's	Significant Association*
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	1.1 (0.2-5.2)	0.0	6.1 (0.7-37.6)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male
Tobacco Use

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN30: Percentage of students who ever tried cigarette smoking (even one or two puffs)	13.8 (8.6-21.3)	15.7 (9.6-24.7)	27.6 (12.9-49.4)	-	
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)	2.6 (1.0-6.8)	4.8 (1.9-11.7)	14.0 (4.6-35.2)	-	
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	1.5 (0.3-6.8)	1.8 (0.4-7.8)	4.7 (1.5-14.0)	-	
QNFRICIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.0	0.0	0.0	-	
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.0	0.0	0.0	-	
QN33: Percentage of students who smoked more than 10 cigarettes per day (on the days they smoked during the 30 days before the survey, among students who currently smoked cigarettes)	-	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])	23.4 (18.7-29.0)	28.1 (16.6-43.4)	32.7 (17.4-52.8)	-	
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	8.8 (5.2-14.6)	9.4 (3.2-24.2)	19.1 (6.5-44.4)	-	
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	5.6 (2.7-11.0)	5.2 (2.0-13.0)	14.0 (3.7-40.9)	-	
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	4.2 (1.7-9.8)	3.6 (1.1-11.1)	10.4 (2.1-38.8)	-	
QN36: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)	-	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	2.7 (0.9-7.8)	1.5 (0.2-11.5)	4.7 (1.5-14.0)	-	
QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey)	0.0	0.0	0.0	-	
QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey)	0.0	0.0	0.0	-	
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)	0.5 (0.1-3.6)	1.8 (0.4-7.7)	3.3 (0.7-13.7)	-	
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)	0.0	0.0	0.0	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male

Tobacco Use

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)	0.0	0.0	0.0	-	
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	1.5 (0.3-6.8)	1.8 (0.4-7.8)	4.7 (1.5-14.0)	-	
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	2.7 (0.9-7.8)	2.5 (0.5-10.9)	4.7 (1.5-14.0)	-	
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	10.4 (6.3-16.8)	9.4 (3.2-24.2)	19.1 (6.5-44.4)	-	
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	9.8 (5.9-16.1)	9.4 (3.2-24.2)	19.1 (6.5-44.4)	-	
QN39: Percentage of students who tried to quit using all tobacco products (including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco, during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)	-	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male

Alcohol/Other Drug Use

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	6.6 (3.9-11.1)	11.2 (6.6-18.4)	14.3 (6.2-29.7)	-	
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	15.6 (10.0-23.7)	16.5 (8.6-29.4)	9.8 (4.9-18.8)	-	
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	7.2 (3.3-14.9)	7.1 (4.0-12.4)	5.2 (1.5-16.5)	-	
QN43: Percentage of students who reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours, during the 30 days before the survey)	3.5 (1.3-8.9)	3.3 (1.0-10.4)	1.8 (0.2-13.5)	-	
QN44: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)	-	-	-	-	
QN45: Percentage of students who ever used marijuana (one or more times during their life)	14.3 (9.5-21.0)	13.0 (6.1-25.8)	20.6 (10.3-36.9)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male

Alcohol/Other Drug Use

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN46: Percentage of students who tried marijuana for the first time before age 13 years	1.3 (0.3-5.7)	0.8 (0.1-6.6)	5.3 (1.7-15.8)	-	
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	5.8 (2.3-13.6)	6.4 (2.3-16.4)	16.4 (7.4-32.5)	-	
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)	2.0 (0.4-8.8)	3.0 (0.7-12.2)	5.8 (1.5-20.0)	-	
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	3.7 (1.6-8.5)	4.3 (2.6-7.1)	15.9 (8.0-28.9)	-	
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)	2.4 (1.2-5.0)	5.9 (2.7-12.4)	10.0 (3.4-26.3)	-	
QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)	0.0	0.8 (0.1-6.5)	1.7 (0.2-12.8)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male

Alcohol/Other Drug Use

Percentage of students who engaged in each risk behavior, by
type of grades mostly earned in school

Health Risk Behavior	A's	B's	C's	D's/F's	Significant Association*
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	13.2 (5.6-28.0)	6.3 (2.6-14.5)	3.1 (0.6-13.9)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

**Male
Sexual Behaviors**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN57: Percentage of students who ever had sexual intercourse	25.6 (17.5-35.8)	27.7 (17.6-40.7)	32.5 (17.2-52.9)	-	
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	2.4 (1.1-5.2)	0.9 (0.1-6.9)	5.3 (1.1-22.2)	-	
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	7.1 (3.6-13.4)	7.1 (2.9-16.3)	15.3 (3.9-44.6)	-	
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	19.4 (12.0-29.8)	21.1 (12.4-33.6)	21.2 (7.3-48.1)	-	
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	-	-	-	-	
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)	-	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male
Sexual Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)	1.1 (0.2-5.2)	4.5 (1.4-13.6)	6.6 (1.0-32.3)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male

Birth Control

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN63: Percentage of students who used birth control pills before last sexual intercourse with opposite-sex partner (to prevent pregnancy, not counting emergency contraception such as Plan B or the "morning after" pill, among students who were currently sexually active)	-	-	-	-	
QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	-	-	-	-	
QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	-	-	-	-	
QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD, or implant, or a shot, or patch, or birth control ring before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	-	-	-	-	
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	-	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male Dietary Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QNOBESE: Percentage of students who had obesity (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [§]	16.4 (10.8-24.0)	24.0 (17.9-31.5)	19.0 (7.7-39.9)	-	
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [§]	12.7 (8.0-19.5)	12.3 (6.2-23.0)	3.0 (0.5-15.0)	-	
QN66: Percentage of students who described themselves as slightly or very overweight	27.1 (20.5-35.0)	24.3 (16.5-34.4)	26.3 (10.6-51.9)	-	
QN67: Percentage of students who were trying to lose weight	41.7 (33.6-50.2)	37.3 (27.9-47.8)	45.0 (29.3-61.7)	-	
QN68: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	21.9 (15.0-30.8)	35.1 (24.1-47.9)	23.9 (10.0-47.0)	-	
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	9.1 (4.2-18.9)	11.8 (7.6-17.8)	7.1 (2.2-20.8)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

§ Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.
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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male
Dietary Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	7.3 (2.3-20.4)	7.8 (3.3-17.2)	7.1 (2.2-20.8)	-	
QNFR1: Percentage of students who ate fruit or drank 100% fruit juices one or more times per day (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	63.9 (54.9-72.0)	53.8 (43.6-63.7)	66.1 (46.1-81.6)	-	
QNFR2: Percentage of students who ate fruit or drank 100% fruit juices two or more times per day (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	29.9 (21.8-39.6)	23.1 (12.2-39.4)	18.1 (7.3-38.4)	-	
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	41.4 (29.6-54.1)	51.6 (38.5-64.4)	45.3 (26.0-66.2)	-	
QN71: Percentage of students who did not eat potatoes (one or more times during the 7 days before the survey)	35.4 (27.4-44.2)	37.5 (28.1-48.0)	35.1 (19.0-55.6)	-	
QN72: Percentage of students who did not eat carrots (one or more times during the 7 days before the survey)	47.9 (39.8-56.1)	48.1 (35.8-60.6)	59.6 (33.8-80.9)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male

Dietary Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN73: Percentage of students who did not eat other vegetables (one or more times during the 7 days before the survey)	19.1 (11.8-29.4)	19.4 (10.5-33.1)	17.4 (5.2-44.4)	-	
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	7.3 (2.7-18.2)	9.1 (3.7-21.0)	2.9 (0.4-19.0)	-	
QNVEG1: Percentage of students who ate vegetables one or more times per day (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	58.6 (47.5-68.8)	58.7 (45.0-71.2)	64.6 (42.2-82.0)	-	
QNVEG2: Percentage of students who ate vegetables two or more times per day (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	24.2 (19.2-29.9)	24.5 (14.4-38.4)	19.5 (7.3-42.8)	-	
QNVEG3: Percentage of students who ate vegetables three or more times per day (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	12.2 (8.0-18.4)	8.2 (3.6-17.4)	17.9 (7.0-38.7)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male

Dietary Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)	33.5 (19.8-50.7)	25.7 (16.8-37.1)	41.0 (24.7-59.4)	-	
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	17.0 (10.2-27.1)	10.6 (6.9-16.0)	13.5 (6.2-26.6)	-	
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	11.0 (5.1-22.1)	5.8 (2.9-11.3)	4.1 (0.9-16.7)	-	
QN75: Percentage of students who did not drink milk (during the 7 days before the survey)	29.1 (16.3-46.4)	28.4 (17.7-42.2)	22.5 (10.0-43.1)	-	
QNMILK1: Percentage of students who drank one or more glasses per day of milk (counting the milk they drank in a glass or cup, from a carton, or with cereal and counting the half pint of milk served at school as equal to one glass, during the 7 days before the survey)	37.6 (26.9-49.6)	28.2 (21.0-36.7)	25.9 (15.0-40.9)	-	
QNMILK3: Percentage of students who drank three or more glasses per day of milk (counting the milk they drank in a glass or cup, from a carton, or with cereal and counting the half pint of milk served at school as equal to one glass, during the 7 days before the survey)	11.9 (6.0-22.2)	6.4 (2.5-15.6)	2.1 (0.2-16.6)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male

Dietary Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)	19.5 (12.3-29.4)	13.3 (7.6-22.3)	30.2 (12.9-55.7)	-	
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)	38.9 (28.7-50.1)	29.5 (22.3-37.8)	18.3 (9.3-32.9)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male Physical Activity	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	62.4 (51.6-72.0)	65.7 (50.6-78.1)	77.9 (61.8-88.5)	-	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	14.6 (7.0-28.1)	12.8 (7.0-22.3)	3.3 (0.6-15.7)	-	
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	35.9 (21.3-53.8)	39.4 (27.0-53.3)	39.0 (28.5-50.7)	-	
QN78: Percentage of students who spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)	71.0 (61.9-78.6)	76.3 (63.0-86.0)	55.7 (41.3-69.3)	-	
QN79: Percentage of students who attended physical education (PE) classes on 1 or more days (in an average week when they were in school)	55.7 (45.2-65.6)	51.5 (39.9-62.9)	77.7 (58.6-89.5)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male

Physical Activity

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QNDLYPE: Percentage of students who attended physical education (PE) classes on all 5 days (in an average week when they were in school)	37.9 (24.6-53.3)	34.9 (21.6-51.1)	45.4 (21.3-71.9)	-	
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	16.8 (9.7-27.6)	17.1 (8.5-31.3)	28.7 (14.6-48.7)	-	
QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)	28.6 (23.8-33.9)	20.8 (13.0-31.4)	34.8 (23.0-48.7)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN88: Percentage of students who are transgender	0.5 (0.1-3.6)	1.6 (0.4-6.0)	0.0	-	
QN89: Percentage of students who talked on a cell phone while driving (on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle)	67.5 (56.9-76.6)	49.3 (37.6-61.2)	50.8 (27.1-74.2)	-	
QN90: Percentage of students who reported that an adult or person at least 5 years older than them made them do sexual things they did not want to do (counting such things as kissing, touching, or being made to have sexual intercourse)	3.8 (1.6-8.8)	1.9 (0.5-7.1)	0.0	-	
QN91: Percentage of students who reported that a parent or other adult in their home most of the time or always swore at them, insulted them, or put them down (during their life)	9.3 (6.2-13.7)	12.2 (6.6-21.5)	8.9 (3.7-19.7)	-	
QN92: Percentage of students who reported that a parent or other adult in their home most of the time or always hit, beat, kicked, or physically hurt them in any way (during their life)	3.1 (1.0-9.1)	1.9 (0.4-8.3)	2.1 (0.3-14.3)	-	
QN93: Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up (during their life)	0.5 (0.1-3.6)	0.0	1.6 (0.2-13.4)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN94: Percentage of students who ever drank alcohol (at least one drink of alcohol, on at least 1 day during their life)	41.3 (34.0-49.1)	42.6 (29.5-57.0)	43.8 (27.0-62.2)	-	
QN95: Percentage of students who currently took prescription pain medication without a doctor's prescription or differently than how a doctor told them to use it (one or more times during the 30 days before the survey)	0.0	1.8 (0.4-8.0)	3.9 (0.9-15.8)	-	
QN96: Percentage of students who did not drink a can, bottle, or glass of a sports drink (such as Gatorade or PowerAde, not counting low-calorie sports drinks such as Propel or G2, during the 7 days before the survey)	27.5 (19.1-37.8)	32.4 (24.5-41.5)	32.9 (17.4-53.4)	-	
QN97: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, Sunny Delight, or energy drinks such as Red Bull, not counting soda or pop, sports drinks, energy drinks, or 100% fruit juice, one or more times per day during the 7 days before the survey)	16.3 (9.5-26.5)	13.9 (7.5-24.2)	10.6 (3.6-27.7)	-	
QN98: Percentage of students who did exercises to strengthen or tone their muscles on three or more days (such as push-ups, sit-ups, or weight lifting, during the 7 days before the survey)	67.1 (54.8-77.4)	68.9 (54.6-80.3)	80.2 (61.7-91.0)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN99: Percentage of students who participated in any organized dance activities (such as cheerleading, dance team, flag team, or dance classes, counting any activities run by their school or community groups, during the 12 months before the survey)	13.7 (8.4-21.6)	15.0 (7.0-29.1)	18.1 (9.2-32.5)	-	
QN100: Percentage of students who had a sunburn (counting even a small part of the skin turning red or hurting for 12 hours or more after being outside in the sun or after using a sunlamp or other indoor tanning device, one or more times during the 12 months before the survey)	64.9 (57.1-71.9)	65.4 (50.0-78.1)	55.8 (36.6-73.4)	-	
QN101: Percentage of students who reported that an adult in their household most of the time or always tried hard to make sure their basic needs were met (such as looking after their safety and making sure they had clean clothes and enough to eat, during their life)	87.2 (77.2-93.2)	77.7 (61.1-88.5)	89.7 (71.9-96.7)	-	
QN103: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use	20.9 (12.9-31.9)	20.1 (12.4-30.8)	35.1 (24.5-47.5)	-	
QN104: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal	18.8 (13.4-25.6)	23.2 (13.7-36.6)	37.4 (19.9-58.9)	-	
QN105: Percentage of students who have ever been separated from a parent or guardian because they went to jail, prison, or a detention center	12.8 (7.9-19.9)	15.6 (9.5-24.6)	28.7 (13.8-50.3)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male
Site-Added

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QNSPDRK1: Percentage of students who drank a can, bottle, or glass of a sports drink one or more times per day (such as Gatorade or Powerade, not counting low calorie sports drinks such as Propel or G2, during the 7 days before the survey)	14.8 (11.2-19.3)	13.3 (8.5-20.2)	9.7 (3.5-24.1)	-	
QNSPDRK2: Percentage of students who drank a can, bottle, or glass of a sports drink two or more times per day (such as Gatorade or Powerade, not counting low calorie sports drinks such as Propel or G2, during the 7 days before the survey)	5.7 (2.6-12.3)	5.7 (2.8-11.1)	1.7 (0.2-12.6)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Male Mental Health	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN85: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	14.2 (9.9-20.1)	19.0 (12.4-28.0)	12.6 (7.2-21.3)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN8: Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)	43.2 (34.4-52.4)	58.0 (39.4-74.5)	72.1 (54.8-84.7)	-	
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	16.0 (10.7-23.3)	18.5 (13.6-24.6)	21.9 (10.0-41.4)	-	
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	5.2 (2.2-11.8)	5.9 (1.6-19.0)	4.1 (0.5-26.3)	-	
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	58.2 (41.6-73.2)	40.5 (28.8-53.4)	38.2 (25.0-53.5)	-	
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	2.8 (1.2-6.6)	0.0	0.0	-	
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	3.4 (1.4-8.4)	13.0 (5.1-29.2)	16.7 (8.0-31.4)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Unintentional Injuries/Violence		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI		
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	6.5 (3.4-12.0)	6.5 (2.3-16.9)	10.4 (4.8-21.1)	-		
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	13.0 (6.6-23.7)	14.6 (7.1-27.7)	16.7 (8.9-29.3)	-		
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	14.3 (9.5-20.9)	15.1 (7.6-27.7)	23.3 (10.4-44.2)	-		
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	27.2 (17.0-40.5)	21.3 (13.5-32.2)	26.4 (15.7-40.8)	-		
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	6.5 (2.1-18.8)	18.4 (10.8-29.4)	10.6 (3.7-27.1)	-		

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Unintentional Injuries/Violence		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI		
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	23.6 (15.9-33.6)	30.1 (22.2-39.3)	46.5 (31.9-61.6)	-		
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	24.0 (16.4-33.9)	23.6 (15.8-33.7)	42.0 (24.3-62.0)	-		
QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	42.3 (29.1-56.8)	51.3 (38.5-63.9)	66.4 (52.5-78.0)	-		
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	17.2 (9.6-29.1)	34.4 (25.1-44.9)	32.2 (22.0-44.5)	-		
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	12.6 (5.7-25.5)	19.4 (13.4-27.2)	20.1 (11.5-32.6)	-		
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)	7.2 (2.3-20.3)	24.0 (17.1-32.8)	20.0 (11.9-31.6)	-		

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female

Unintentional Injuries/Violence

Percentage of students who engaged in each risk behavior, by
type of grades mostly earned in school

Health Risk Behavior	A's	B's	C's	D's/F's	Significant Association*
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	0.9 (0.2-3.9)	8.1 (2.1-26.6)	5.8 (1.3-22.1)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Tobacco Use		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI		
QN30: Percentage of students who ever tried cigarette smoking (even one or two puffs)	14.0 (8.0-23.2)	19.0 (11.2-30.4)	21.5 (14.1-31.2)	-		
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)	3.0 (1.0-8.4)	4.2 (2.2-7.8)	6.6 (1.6-23.9)	-		
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	2.3 (0.9-6.1)	1.4 (0.2-10.3)	5.6 (1.3-21.5)	-		
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])	33.3 (23.9-44.2)	45.3 (34.4-56.7)	55.8 (45.1-66.1)	-		
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	13.4 (8.3-20.9)	22.2 (12.7-35.8)	29.4 (20.0-41.0)	-		
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	3.6 (1.6-7.9)	6.7 (2.2-18.4)	3.2 (0.4-22.2)	-		

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Tobacco Use		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI		
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	3.2 (1.3-7.5)	6.7 (2.2-18.4)	3.2 (0.4-22.2)	-		
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	1.2 (0.3-5.0)	0.7 (0.1-5.0)	0.0	-		
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)	1.3 (0.5-3.7)	6.0 (1.2-24.9)	0.0	-		
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	3.2 (1.4-7.2)	4.8 (1.4-14.7)	5.6 (1.3-21.5)	-		
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	4.0 (1.9-8.1)	5.5 (1.9-14.7)	5.6 (1.3-21.5)	-		
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	12.1 (8.1-17.6)	20.1 (12.0-31.8)	27.1 (19.2-36.8)	-		

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Tobacco Use		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI		
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	12.1 (8.1-17.6)	20.1 (12.0-31.8)	27.1 (19.2-36.8)	-		
QN39: Percentage of students who tried to quit using all tobacco products (including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco, during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)	39.3 (20.2-62.4)	-	-	-		

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Alcohol/Other Drug Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	10.0 (5.0-18.9)	10.8 (7.0-16.5)	13.9 (6.0-29.0)	-	
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	18.4 (12.6-26.2)	25.2 (18.0-34.2)	26.1 (16.5-38.8)	-	
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	6.2 (3.0-12.5)	14.3 (6.7-27.8)	8.9 (2.5-27.2)	-	
QN43: Percentage of students who reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours, during the 30 days before the survey)	1.3 (0.3-5.9)	0.0	0.0	-	
QN44: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)	-	-	-	-	
QN45: Percentage of students who ever used marijuana (one or more times during their life)	13.8 (7.6-23.7)	27.4 (14.2-46.2)	32.0 (21.9-44.0)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Alcohol/Other Drug Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN46: Percentage of students who tried marijuana for the first time before age 13 years	2.3 (0.6-8.4)	3.3 (0.7-14.4)	8.8 (2.9-23.9)	-	
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	6.8 (2.8-15.8)	18.6 (8.9-34.9)	20.7 (11.7-34.0)	-	
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)	3.9 (1.1-13.1)	8.3 (3.1-20.4)	4.2 (1.0-16.1)	-	
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	7.3 (3.3-15.4)	6.9 (4.0-11.7)	4.9 (1.0-20.1)	-	
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)	6.2 (3.6-10.5)	12.7 (8.5-18.6)	4.3 (1.0-16.5)	-	
QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)	0.4 (0.0-3.1)	0.8 (0.1-6.2)	2.5 (0.3-18.0)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Risk Behaviors and Academic Achievement Report

Female
Alcohol/Other Drug Use

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	7.2 (4.4-11.7)	12.3 (8.9-16.9)	21.9 (13.6-33.3)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Sexual Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN57: Percentage of students who ever had sexual intercourse	36.4 (27.7-46.0)	34.1 (20.2-51.3)	57.0 (34.1-77.2)	-	
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	2.8 (1.2-6.5)	0.7 (0.1-5.3)	3.7 (0.5-22.5)	-	
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	6.3 (2.4-15.9)	10.9 (3.8-27.8)	22.8 (12.8-37.3)	-	
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	27.1 (18.2-38.2)	27.8 (16.0-43.8)	48.6 (27.3-70.4)	-	
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	20.1 (11.9-31.9)	-	-	-	
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)	56.3 (39.8-71.5)	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

**Female
Sexual Behaviors**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)	3.9 (2.0-7.4)	5.0 (1.7-14.0)	10.6 (5.4-20.0)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Birth Control	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN63: Percentage of students who used birth control pills before last sexual intercourse with opposite-sex partner (to prevent pregnancy, not counting emergency contraception such as Plan B or the "morning after" pill, among students who were currently sexually active)	46.5 (27.4-66.8)	-	-	-	
QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	3.3 (2.1-5.2)	-	-	-	
QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	52.1 (32.4-71.1)	-	-	-	
QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD, or implant, or a shot, or patch, or birth control ring before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	19.2 (9.9-33.8)	-	-	-	
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	0.0	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Dietary Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§	12.0 (7.3-19.1)	25.8 (14.4-41.8)	10.6 (3.7-26.8)	-	
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts)§	17.8 (11.7-26.1)	21.5 (12.9-33.7)	20.1 (7.2-45.0)	-	
QN66: Percentage of students who described themselves as slightly or very overweight	25.5 (19.7-32.2)	47.1 (34.1-60.6)	53.0 (37.3-68.2)	-	
QN67: Percentage of students who were trying to lose weight	50.5 (41.7-59.3)	60.1 (46.3-72.4)	67.0 (49.7-80.7)	-	
QN68: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	41.3 (30.1-53.6)	33.9 (23.7-45.9)	44.7 (31.5-58.7)	-	
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	12.8 (6.4-23.9)	13.7 (7.3-24.2)	21.4 (10.7-38.2)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

§ Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.
- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female

Dietary Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	8.4 (2.7-23.3)	9.1 (4.7-17.2)	12.6 (5.5-26.6)	-	
QNFR1: Percentage of students who ate fruit or drank 100% fruit juices one or more times per day (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	48.9 (36.9-61.0)	38.4 (28.6-49.1)	40.0 (27.8-53.6)	-	
QNFR2: Percentage of students who ate fruit or drank 100% fruit juices two or more times per day (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	22.4 (17.6-28.0)	14.1 (9.1-21.2)	18.3 (7.8-37.1)	-	
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	39.2 (30.9-48.2)	37.9 (27.9-49.1)	42.2 (31.0-54.2)	-	
QN71: Percentage of students who did not eat potatoes (one or more times during the 7 days before the survey)	43.6 (33.1-54.8)	46.7 (30.8-63.4)	31.2 (23.4-40.2)	-	
QN72: Percentage of students who did not eat carrots (one or more times during the 7 days before the survey)	51.2 (43.4-58.9)	57.2 (48.8-65.2)	53.0 (36.0-69.4)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Dietary Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN73: Percentage of students who did not eat other vegetables (one or more times during the 7 days before the survey)	21.0 (9.9-39.1)	25.0 (19.3-31.7)	20.5 (10.0-37.2)	-	
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	10.3 (3.5-26.9)	8.9 (5.1-15.2)	11.7 (4.8-26.1)	-	
QNVEG1: Percentage of students who ate vegetables one or more times per day (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	58.7 (48.1-68.5)	51.5 (33.1-69.6)	53.1 (35.5-69.9)	-	
QNVEG2: Percentage of students who ate vegetables two or more times per day (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	17.9 (12.8-24.5)	16.5 (11.5-23.1)	27.4 (16.5-41.8)	-	
QNVEG3: Percentage of students who ate vegetables three or more times per day (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	8.0 (3.5-17.0)	7.2 (3.5-14.4)	14.3 (7.2-26.5)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Dietary Behaviors		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI		
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)	32.4 (22.8-43.8)	18.1 (12.4-25.6)	26.4 (14.8-42.6)	-		
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	9.7 (4.1-21.1)	16.0 (9.8-24.9)	10.3 (4.6-21.7)	-		
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	3.7 (1.3-10.0)	5.5 (2.5-11.8)	8.7 (3.8-18.7)	-		
QN75: Percentage of students who did not drink milk (during the 7 days before the survey)	31.9 (16.6-52.5)	35.4 (25.5-46.8)	33.9 (17.8-54.9)	-		
QNMILK1: Percentage of students who drank one or more glasses per day of milk (counting the milk they drank in a glass or cup, from a carton, or with cereal and counting the half pint of milk served at school as equal to one glass, during the 7 days before the survey)	26.2 (15.2-41.2)	16.9 (11.5-24.0)	21.2 (12.2-34.4)	-		
QNMILK3: Percentage of students who drank three or more glasses per day of milk (counting the milk they drank in a glass or cup, from a carton, or with cereal and counting the half pint of milk served at school as equal to one glass, during the 7 days before the survey)	5.4 (1.9-14.5)	4.4 (1.3-13.6)	9.9 (2.7-30.3)	-		

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female

Dietary Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)	14.9 (8.2-25.5)	29.0 (19.1-41.5)	34.3 (19.1-53.7)	-	
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)	30.5 (21.1-41.8)	14.9 (9.1-23.4)	17.3 (6.6-38.3)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Physical Activity		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI		
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	58.0 (51.6-64.2)	45.6 (35.6-56.1)	30.0 (16.6-48.2)	-		
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	10.2 (3.9-24.4)	17.2 (9.2-30.1)	28.5 (17.6-42.7)	-		
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	26.5 (21.4-32.3)	23.8 (17.5-31.4)	17.9 (7.8-36.0)	-		
QN78: Percentage of students who spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)	73.5 (62.5-82.2)	79.1 (70.2-85.9)	79.8 (62.7-90.3)	-		
QN79: Percentage of students who attended physical education (PE) classes on 1 or more days (in an average week when they were in school)	46.6 (36.7-56.9)	43.7 (32.2-55.9)	46.5 (34.0-59.5)	-		

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Physical Activity		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI		
QNDLYPE: Percentage of students who attended physical education (PE) classes on all 5 days (in an average week when they were in school)	31.4 (21.0-44.1)	25.8 (14.0-42.7)	25.5 (13.2-43.4)	-		
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	9.5 (4.8-17.7)	17.7 (10.3-28.6)	28.5 (18.8-40.8)	-		
QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)	37.8 (27.2-49.8)	16.3 (10.9-23.8)	8.4 (2.8-22.5)	-		

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Other	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN82: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)	5.7 (3.3-9.7)	5.1 (2.0-12.7)	5.7 (1.3-21.5)	-	
QN84: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	79.0 (60.9-90.0)	71.0 (61.9-78.6)	52.8 (38.0-67.1)	-	
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	1.4 (0.3-5.3)	1.2 (0.1-9.6)	0.0	-	
QN87: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)	1.1 (0.3-3.6)	3.5 (0.9-12.8)	0.0	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

**Female
Site-Added**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN88: Percentage of students who are transgender	0.4 (0.1-3.3)	2.0 (0.6-6.3)	0.0	-	
QN89: Percentage of students who talked on a cell phone while driving (on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle)	62.0 (47.9-74.4)	51.9 (38.6-65.0)	56.5 (37.8-73.6)	-	
QN90: Percentage of students who reported that an adult or person at least 5 years older than them made them do sexual things they did not want to do (counting such things as kissing, touching, or being made to have sexual intercourse)	6.6 (3.5-12.1)	9.0 (4.2-18.3)	14.6 (6.0-31.3)	-	
QN91: Percentage of students who reported that a parent or other adult in their home most of the time or always swore at them, insulted them, or put them down (during their life)	12.9 (7.0-22.4)	24.5 (17.7-32.9)	24.3 (13.6-39.6)	-	
QN92: Percentage of students who reported that a parent or other adult in their home most of the time or always hit, beat, kicked, or physically hurt them in any way (during their life)	0.6 (0.1-4.7)	0.8 (0.1-5.7)	0.0	-	
QN93: Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up (during their life)	0.0	4.3 (0.5-28.1)	5.4 (0.7-31.1)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN94: Percentage of students who ever drank alcohol (at least one drink of alcohol, on at least 1 day during their life)	43.7 (35.5-52.3)	53.7 (45.3-62.0)	58.8 (44.6-71.6)	-	
QN95: Percentage of students who currently took prescription pain medication without a doctor's prescription or differently than how a doctor told them to use it (one or more times during the 30 days before the survey)	4.1 (1.7-9.8)	5.6 (1.7-16.9)	0.0	-	
QN96: Percentage of students who did not drink a can, bottle, or glass of a sports drink (such as Gatorade or PowerAde, not counting low-calorie sports drinks such as Propel or G2, during the 7 days before the survey)	47.8 (36.0-59.9)	44.6 (36.8-52.6)	34.6 (19.9-53.1)	-	
QN97: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, Sunny Delight, or energy drinks such as Red Bull, not counting soda or pop, sports drinks, energy drinks, or 100% fruit juice, one or more times per day during the 7 days before the survey)	9.5 (5.5-15.9)	13.1 (7.2-22.7)	6.9 (1.8-23.5)	-	
QN98: Percentage of students who did exercises to strengthen or tone their muscles on three or more days (such as push-ups, sit-ups, or weight lifting, during the 7 days before the survey)	50.9 (41.9-59.8)	44.7 (35.5-54.2)	49.2 (30.9-67.8)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN99: Percentage of students who participated in any organized dance activities (such as cheerleading, dance team, flag team, or dance classes, counting any activities run by their school or community groups, during the 12 months before the survey)	35.9 (22.4-52.2)	40.3 (26.5-55.7)	34.2 (24.7-45.2)	-	
QN100: Percentage of students who had a sunburn (counting even a small part of the skin turning red or hurting for 12 hours or more after being outside in the sun or after using a sunlamp or other indoor tanning device, one or more times during the 12 months before the survey)	81.2 (70.9-88.4)	70.6 (64.1-76.4)	83.6 (61.6-94.2)	-	
QN101: Percentage of students who reported that an adult in their household most of the time or always tried hard to make sure their basic needs were met (such as looking after their safety and making sure they had clean clothes and enough to eat, during their life)	91.7 (84.3-95.8)	82.8 (75.9-88.1)	78.7 (64.1-88.5)	-	
QN103: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use	29.2 (22.4-37.1)	37.0 (29.9-44.7)	56.0 (39.6-71.1)	-	
QN104: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal	34.1 (25.7-43.6)	59.5 (46.5-71.4)	52.0 (38.0-65.8)	-	
QN105: Percentage of students who have ever been separated from a parent or guardian because they went to jail, prison, or a detention center	14.0 (4.3-36.9)	21.7 (7.5-48.6)	31.4 (12.8-58.7)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNSPDRK1: Percentage of students who drank a can, bottle, or glass of a sports drink one or more times per day (such as Gatorade or Powerade, not counting low calorie sports drinks such as Propel or G2, during the 7 days before the survey)	3.5 (1.2-9.9)	1.9 (0.4-7.7)	18.9 (8.9-35.8)	-	
QNSPDRK2: Percentage of students who drank a can, bottle, or glass of a sports drink two or more times per day (such as Gatorade or Powerade, not counting low calorie sports drinks such as Propel or G2, during the 7 days before the survey)	3.3 (1.0-10.1)	1.0 (0.1-7.7)	16.8 (7.5-33.5)	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Female Mental Health		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
Health Risk Behavior	A's	B's	C's	D's/F's		
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI		
QN85: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	31.9 (23.8-41.3)	43.8 (30.0-58.6)	53.0 (37.2-68.2)	-		

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN8: Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)	45.7 (32.5-59.5)	-	-	-	
QN9: Percentage of students who rode with a driver who had been drinking alcohol (in a car or other vehicle, one or more times during the 30 days before the survey)	9.0 (4.8-16.3)	-	-	-	
QN10: Percentage of students who drove a car or other vehicle when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	-	-	-	-	
QN11: Percentage of students who texted or e-mailed while driving a car or other vehicle (on at least 1 day during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	-	-	-	-	
QN12: Percentage of students who carried a weapon on school property (such as a gun, knife, or club, on at least 1 day during the 30 days before the survey)	2.3 (0.5-10.7)	-	-	-	
QN14: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	3.1 (0.6-14.0)	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN15: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club, one or more times during the 12 months before the survey)	4.9 (1.0-21.4)	-	-	-	
QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	2.3 (0.3-15.1)	-	-	-	
QN19: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	9.8 (4.4-20.4)	-	-	-	
QN21: Percentage of students who experienced sexual dating violence (being forced by someone they were dating or going out with to do sexual things [counting such things as kissing, touching, or being physically forced to have sexual intercourse] that they did not want to do, one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	-	-	-	-	
QN22: Percentage of students who experienced physical dating violence (being physically hurt on purpose by someone they were dating or going out with [counting such things as being hit, slammed into something, or injured with an object or weapon] one or more times during the 12 months before the survey, among students who dated or went out with someone during the 12 months before the survey)	-	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino

Unintentional Injuries/Violence

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN23: Percentage of students who were bullied on school property (ever during the 12 months before the survey)	19.4 (9.5-35.8)	-	-	-	
QN24: Percentage of students who were electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media, ever during the 12 months before the survey)	20.3 (9.0-39.4)	-	-	-	
QN25: Percentage of students who felt sad or hopeless (almost every day for >=2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey)	31.4 (20.4-45.1)	-	-	-	
QN26: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	6.6 (4.6-9.4)	-	-	-	
QN27: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	7.5 (3.1-17.0)	-	-	-	
QN28: Percentage of students who actually attempted suicide (one or more times during the 12 months before the survey)	-	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino

Unintentional Injuries/Violence

Percentage of students who engaged in each risk behavior, by
type of grades mostly earned in school

	A's	B's	C's	D's/F's	Significant Association*
Health Risk Behavior	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	-	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Tobacco Use**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN30: Percentage of students who ever tried cigarette smoking (even one or two puffs)	14.8 (4.2-40.8)	-	-	-	
QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)	3.9 (0.4-28.9)	-	-	-	
QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	0.0	-	-	-	
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])	22.4 (11.3-39.6)	-	-	-	
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	0.0	-	-	-	
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	0.0	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Tobacco Use**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	0.0	-	-	-	
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)	0.0	-	-	-	
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	0.0	-	-	-	
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	0.0	-	-	-	
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	0.0	-	-	-	
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	0.0	-	-	-	

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino
Tobacco Use

Percentage of students who engaged in each risk behavior, by
type of grades mostly earned in school

	A's	B's	C's	D's/F's	Significant Association*
Health Risk Behavior	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN39: Percentage of students who tried to quit using all tobacco products (including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco, during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)	-	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino Alcohol/Other Drug Use

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	4.8 (1.0-20.6)	-	-	-	
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	9.4 (4.4-19.0)	-	-	-	
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	0.0	-	-	-	
QN43: Percentage of students who reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours, during the 30 days before the survey)	0.0	-	-	-	
QN44: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)	-	-	-	-	
QN45: Percentage of students who ever used marijuana (one or more times during their life)	13.6 (4.8-32.7)	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Alcohol/Other Drug Use**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN46: Percentage of students who tried marijuana for the first time before age 13 years	2.3 (0.5-10.7)	-	-	-	
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	5.2 (1.6-15.4)	-	-	-	
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)	2.3 (0.5-10.7)	-	-	-	
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	7.4 (3.0-16.8)	-	-	-	
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)	3.9 (1.2-12.1)	-	-	-	
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	10.9 (7.5-15.6)	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino Sexual Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN57: Percentage of students who ever had sexual intercourse	23.7 (10.3-45.6)	-	-	-	
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	2.6 (0.5-11.6)	-	-	-	
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	0.0	-	-	-	
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	18.9 (6.8-42.6)	-	-	-	
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	-	-	-	-	
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)	-	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Sexual Behaviors**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)	3.1 (0.4-22.2)	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Birth Control**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN63: Percentage of students who used birth control pills before last sexual intercourse with opposite-sex partner (to prevent pregnancy, not counting emergency contraception such as Plan B or the "morning after" pill, among students who were currently sexually active)	-	-	-	-	
QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	-	-	-	-	
QN DUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD, or implant, or a shot, or patch, or birth control ring before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	-	-	-	-	
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	-	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino Dietary Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QNOBESE: Percentage of students who had obesity (\geq 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [§]	21.2 (13.2-32.3)	-	-	-	
QNOWT: Percentage of students who were overweight (\geq 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [§]	15.3 (3.5-46.9)	-	-	-	
QN66: Percentage of students who described themselves as slightly or very overweight	26.3 (15.0-41.9)	-	-	-	
QN67: Percentage of students who were trying to lose weight	65.0 (48.3-78.7)	-	-	-	
QN68: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	17.5 (6.4-39.7)	-	-	-	
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	7.6 (2.3-22.5)	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

[†] Confidence interval.

[§] Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.
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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino Dietary Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	7.6 (2.3-22.5)	-	-	-	
QNFR1: Percentage of students who ate fruit or drank 100% fruit juices one or more times per day (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	61.9 (41.7-78.7)	-	-	-	
QNFR2: Percentage of students who ate fruit or drank 100% fruit juices two or more times per day (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	30.2 (16.0-49.5)	-	-	-	
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	42.0 (27.0-58.6)	-	-	-	
QN71: Percentage of students who did not eat potatoes (one or more times during the 7 days before the survey)	35.1 (23.0-49.3)	-	-	-	
QN72: Percentage of students who did not eat carrots (one or more times during the 7 days before the survey)	43.0 (31.0-55.9)	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, $p < 0.05$.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino Dietary Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN73: Percentage of students who did not eat other vegetables (one or more times during the 7 days before the survey)	17.3 (9.1-30.4)	-	-	-	
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	4.4 (1.2-14.9)	-	-	-	
QNVEG1: Percentage of students who ate vegetables one or more times per day (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	61.1 (47.6-73.1)	-	-	-	
QNVEG2: Percentage of students who ate vegetables two or more times per day (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	30.7 (19.3-45.1)	-	-	-	
QNVEG3: Percentage of students who ate vegetables three or more times per day (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	14.5 (5.3-34.2)	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

Hispanic/Latino Dietary Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)	31.6 (22.1-42.9)	-	-	-	
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	6.4 (1.3-26.2)	-	-	-	
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	3.2 (0.3-24.3)	-	-	-	
QN75: Percentage of students who did not drink milk (during the 7 days before the survey)	19.7 (12.1-30.5)	-	-	-	
QNMILK1: Percentage of students who drank one or more glasses per day of milk (counting the milk they drank in a glass or cup, from a carton, or with cereal and counting the half pint of milk served at school as equal to one glass, during the 7 days before the survey)	31.9 (16.7-52.3)	-	-	-	
QNMILK3: Percentage of students who drank three or more glasses per day of milk (counting the milk they drank in a glass or cup, from a carton, or with cereal and counting the half pint of milk served at school as equal to one glass, during the 7 days before the survey)	7.5 (2.5-20.8)	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Risk Behaviors and Academic Achievement Report

Hispanic/Latino
Dietary Behaviors

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN76: Percentage of students who did not eat breakfast (during the 7 days before the survey)	22.2 (11.7-37.9)	-	-	-	
QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)	28.4 (15.5-46.3)	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Physical Activity**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	62.5 (36.2-83.1)	-	-	-	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	9.2 (1.7-36.7)	-	-	-	
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	32.2 (14.4-57.2)	-	-	-	
QN78: Percentage of students who spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)	91.4 (72.4-97.7)	-	-	-	
QN79: Percentage of students who attended physical education (PE) classes on 1 or more days (in an average week when they were in school)	49.7 (25.5-74.1)	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Physical Activity**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QNDLYPE: Percentage of students who attended physical education (PE) classes on all 5 days (in an average week when they were in school)	28.3 (8.1-63.8)	-	-	-	
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	7.1 (1.3-30.7)	-	-	-	
QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)	41.0 (24.1-60.3)	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
Risk Behaviors and Academic Achievement Report

Hispanic/Latino
Other

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI [†]	% 95% CI	% 95% CI	% 95% CI	
QN82: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)	7.0 (2.4-18.6)	-	-	-	
QN84: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	67.2 (44.5-83.9)	-	-	-	
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	7.8 (2.6-20.9)	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[†] Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Site-Added**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN89: Percentage of students who talked on a cell phone while driving (on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle)	-	-	-	-	
QN90: Percentage of students who reported that an adult or person at least 5 years older than them made them do sexual things they did not want to do (counting such things as kissing, touching, or being made to have sexual intercourse)	4.6 (1.6-12.3)	-	-	-	
QN91: Percentage of students who reported that a parent or other adult in their home most of the time or always swore at them, insulted them, or put them down (during their life)	6.2 (2.1-16.6)	-	-	-	
QN92: Percentage of students who reported that a parent or other adult in their home most of the time or always hit, beat, kicked, or physically hurt them in any way (during their life)	0.0	-	-	-	
QN93: Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up (during their life)	0.0	-	-	-	
QN94: Percentage of students who ever drank alcohol (at least one drink of alcohol, on at least 1 day during their life)	28.4 (11.7-54.4)	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Site-Added**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN95: Percentage of students who currently took prescription pain medication without a doctor's prescription or differently than how a doctor told them to use it (one or more times during the 30 days before the survey)	0.0	-	-	-	
QN96: Percentage of students who did not drink a can, bottle, or glass of a sports drink (such as Gatorade or PowerAde, not counting low-calorie sports drinks such as Propel or G2, during the 7 days before the survey)	28.3 (16.9-43.3)	-	-	-	
QN97: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, Sunny Delight, or energy drinks such as Red Bull, not counting soda or pop, sports drinks, energy drinks, or 100% fruit juice, one or more times per day during the 7 days before the survey)	13.8 (5.1-32.3)	-	-	-	
QN98: Percentage of students who did exercises to strengthen or tone their muscles on three or more days (such as push-ups, sit-ups, or weight lifting, during the 7 days before the survey)	69.1 (45.6-85.6)	-	-	-	
QN99: Percentage of students who participated in any organized dance activities (such as cheerleading, dance team, flag team, or dance classes, counting any activities run by their school or community groups, during the 12 months before the survey)	12.2 (5.0-27.1)	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Site-Added**

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN100: Percentage of students who had a sunburn (counting even a small part of the skin turning red or hurting for 12 hours or more after being outside in the sun or after using a sunlamp or other indoor tanning device, one or more times during the 12 months before the survey)	56.1 (39.2-71.7)	-	-	-	
QN101: Percentage of students who reported that an adult in their household most of the time or always tried hard to make sure their basic needs were met (such as looking after their safety and making sure they had clean clothes and enough to eat, during their life)	83.0 (66.2-92.4)	-	-	-	
QN103: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use	21.2 (9.0-42.4)	-	-	-	
QN104: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal	19.3 (7.5-41.5)	-	-	-	
QN105: Percentage of students who have ever been separated from a parent or guardian because they went to jail, prison, or a detention center	14.8 (6.1-31.6)	-	-	-	
QNSPDRK1: Percentage of students who drank a can, bottle, or glass of a sports drink one or more times per day (such as Gatorade or Powerade, not counting low calorie sports drinks such as Propel or G2, during the 7 days before the survey)	10.8 (2.9-33.0)	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

**Hispanic/Latino
Site-Added**

Percentage of students who engaged in each risk behavior, by
type of grades mostly earned in school

Health Risk Behavior	A's	B's	C's	D's/F's	Significant Association*
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QNSPDRK2: Percentage of students who drank a can, bottle, or glass of a sports drink two or more times per day (such as Gatorade or Powerade, not counting low calorie sports drinks such as Propel or G2, during the 7 days before the survey)	3.9 (0.4-28.9)	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

† Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey
 Risk Behaviors and Academic Achievement Report

Hispanic/Latino
 Mental Health

Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association*
	A's	B's	C's	D's/F's	
	% 95% CI†	% 95% CI	% 95% CI	% 95% CI	
QN85: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)	16.8 (7.8-32.5)	-	-	-	

*Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.
 † Confidence interval.
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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Unintentional Injuries/Violence		Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
		A's	B's	C's	D's/F's	
Health Risk Behavior	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI		
QN29: Percentage of students who had a suicide attempt that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	1.3 (0.5-3.8)	5.1 (1.0-22.7)	2.5 (0.3-17.3)	-		

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Tobacco Use	Health Risk Behavior	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
		A's	B's	C's	D's/F's	
		% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
	QN30: Percentage of students who ever tried cigarette smoking (even one or two puffs)	13.7 (10.2-18.2)	21.6 (16.1-28.3)	22.4 (10.8-40.8)	-	
	QN31: Percentage of students who first tried cigarette smoking before age 13 years (even one or two puffs)	2.1 (0.7-6.1)	5.1 (2.4-10.6)	14.5 (5.2-34.5)	-	
	QN32: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	2.0 (0.8-4.9)	2.6 (0.8-8.1)	8.8 (3.2-22.4)	-	
	QNFRICIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)	0.0	0.0	0.0	-	
	QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	0.0	0.0	0.0	-	
	QN33: Percentage of students who smoked more than 10 cigarettes per day (on the days they smoked during the 30 days before the survey, among students who currently smoked cigarettes)	-	-	-	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN34: Percentage of students who ever used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu])	32.0 (24.6-40.5)	43.8 (35.2-52.9)	48.6 (26.6-71.2)	-	
QN35: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)	14.0 (9.4-20.2)	17.9 (10.5-28.9)	25.0 (12.3-44.0)	-	
QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)	5.8 (2.9-11.3)	7.5 (4.2-12.9)	5.5 (1.6-16.8)	-	
QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)	4.5 (1.9-10.3)	7.5 (4.2-12.9)	1.8 (0.2-12.5)	-	
QN36: Percentage of students who usually got their electronic vapor products by buying them themselves in a convenience store, supermarket, discount store, or gas station (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], during the 30 days before the survey, among students who currently used electronic vapor products)	2.8 (0.4-19.4)	-	-	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)	2.0 (0.8-4.8)	1.8 (0.4-8.0)	4.6 (1.7-12.0)	-	
QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey)	0.0	0.0	0.0	-	
QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey)	0.0	0.0	0.0	-	
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars, on at least 1 day during the 30 days before the survey)	1.3 (0.5-3.4)	7.4 (3.3-15.5)	3.3 (0.8-12.2)	-	
QNFRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)	0.0	0.0	0.0	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Tobacco Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)	0.0	0.0	0.0	-	
QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	2.7 (1.2-6.0)	6.6 (3.2-13.1)	8.8 (3.2-22.4)	-	
QNTB3: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco (on at least 1 day during the 30 days before the survey)	4.1 (1.9-8.7)	7.7 (3.6-15.8)	8.8 (3.2-22.4)	-	
QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)	14.4 (9.8-20.8)	16.3 (9.5-26.6)	25.0 (12.3-44.0)	-	
QNTB5: Percentage of students who currently smoked cigarettes or used electronic vapor products (on at least 1 day during the 30 days before the survey)	14.0 (9.5-20.3)	16.3 (9.5-26.6)	25.0 (12.3-44.0)	-	
QN39: Percentage of students who tried to quit using all tobacco products (including cigarettes, electronic vapor products, smokeless tobacco, cigars, shisha or hookah tobacco, or pipe tobacco, during the 12 months before the survey, among students who used any tobacco products during the 12 months before the survey)	46.4 (29.6-64.0)	44.3 (31.8-57.5)	-	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Alcohol/Other Drug Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN40: Percentage of students who had their first drink of alcohol before age 13 years (other than a few sips)	8.4 (4.9-14.2)	16.4 (10.6-24.5)	16.6 (7.6-32.6)	-	
QN41: Percentage of students who currently drank alcohol (at least one drink of alcohol, on at least 1 day during the 30 days before the survey)	20.1 (13.7-28.5)	23.1 (18.0-29.1)	21.8 (10.2-40.8)	-	
QN42: Percentage of students who currently were binge drinking (had four or more drinks of alcohol in a row if they were female or five or more drinks of alcohol in a row if they were male, within a couple of hours, on at least 1 day during the 30 days before the survey)	8.9 (5.0-15.5)	15.5 (10.8-21.7)	8.0 (2.8-20.8)	-	
QN43: Percentage of students who reported that the largest number of drinks they had in a row was 10 or more (within a couple of hours, during the 30 days before the survey)	3.3 (1.4-7.6)	3.1 (1.0-9.6)	1.9 (0.2-13.5)	-	
QN44: Percentage of students who usually got the alcohol they drank by someone giving it to them (during the 30 days before the survey, among students who currently drank alcohol)	43.6 (30.9-57.2)	-	-	-	
QN45: Percentage of students who ever used marijuana (one or more times during their life)	13.6 (9.3-19.4)	21.3 (15.4-28.7)	23.4 (10.2-45.2)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Alcohol/Other Drug Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN46: Percentage of students who tried marijuana for the first time before age 13 years	1.6 (0.5-5.2)	0.7 (0.1-5.2)	7.8 (2.6-21.0)	-	
QN47: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	5.7 (2.5-12.2)	13.5 (8.0-21.9)	16.6 (6.1-38.0)	-	
QN48: Percentage of students who ever used synthetic marijuana (one or more times during their life)	2.3 (0.8-6.4)	6.5 (2.3-17.1)	4.5 (1.2-15.8)	-	
QN49: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, OxyContin, Hydrocodone, and Percocet, one or more times during their life)	4.5 (2.3-8.4)	8.6 (5.4-13.4)	10.7 (4.8-22.2)	-	
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)	5.5 (3.3-8.8)	8.8 (4.1-17.9)	6.1 (2.6-13.7)	-	
QN55: Percentage of students who ever injected any illegal drug (used a needle to inject any illegal drug into their body, one or more times during their life)	0.3 (0.0-2.4)	1.3 (0.3-5.3)	3.7 (0.9-14.2)	-	

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Alcohol/Other Drug Use	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN56: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	10.0 (6.6-15.0)	7.0 (2.2-19.9)	16.7 (8.6-30.1)	-	

*Non-Hispanic.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Sexual Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN57: Percentage of students who ever had sexual intercourse	33.7 (25.4-43.1)	31.8 (22.8-42.5)	48.1 (32.7-63.9)	-	
QN58: Percentage of students who had sexual intercourse for the first time before age 13 years	1.7 (0.5-5.9)	1.2 (0.3-5.0)	4.8 (0.9-22.1)	-	
QN59: Percentage of students who had sexual intercourse with four or more persons during their life	7.4 (4.3-12.3)	12.5 (7.2-20.9)	19.5 (9.2-36.7)	-	
QN60: Percentage of students who were currently sexually active (had sexual intercourse with at least one person, during the 3 months before the survey)	26.2 (18.6-35.5)	24.7 (15.8-36.5)	38.7 (23.4-56.6)	-	
QN61: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	21.4 (13.1-32.9)	19.3 (11.8-29.9)	-	-	
QN62: Percentage of students who used a condom during last sexual intercourse (among students who were currently sexually active)	53.5 (38.5-67.9)	58.9 (44.8-71.7)	-	-	

*Non-Hispanic.

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[§]Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Sexual Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association[†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN83: Percentage of students who were tested for a sexually transmitted disease (STD) other than HIV, such as chlamydia or gonorrhea (during the 12 months before the survey)	2.9 (1.8-4.7)	5.5 (2.2-13.0)	6.4 (1.9-20.0)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Birth Control	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN63: Percentage of students who used birth control pills before last sexual intercourse with opposite-sex partner (to prevent pregnancy, not counting emergency contraception such as Plan B or the "morning after" pill, among students who were currently sexually active)	46.8 (33.5-60.5)	37.4 (12.5-71.3)	-	-	
QNIUDIMP: Percentage of students who used an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	2.7 (0.6-10.6)	9.0 (1.1-46.0)	-	-	
QNOTHHPL: Percentage of students who used birth control pills; an IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon); or a shot (such as Depo-Provera), patch (such as OrthoEvra), or birth control ring (such as NuvaRing) before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	51.2 (38.3-64.0)	56.4 (38.4-72.9)	-	-	
QNDUALBC: Percentage of students who used both a condom during last sexual intercourse and birth control pills; an IUD, or implant, or a shot, or patch, or birth control ring before last sexual intercourse with an opposite-sex partner (to prevent pregnancy, among students who were currently sexually active)	16.7 (7.5-33.4)	27.0 (17.1-39.8)	-	-	
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy during last sexual intercourse with an opposite-sex partner (among students who were currently sexually active)	0.0	2.6 (0.3-18.6)	-	-	

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Dietary Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNOBESE: Percentage of students who had obesity (>= 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [¶]	13.1 (8.3-20.0)	22.0 (14.0-32.8)	12.1 (5.6-24.4)	-	
QNOWT: Percentage of students who were overweight (>= 85th percentile but <95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts) [¶]	14.9 (11.7-18.7)	16.9 (11.9-23.6)	13.1 (6.5-24.7)	-	
QN66: Percentage of students who described themselves as slightly or very overweight	27.1 (19.3-36.5)	36.5 (27.2-46.9)	43.4 (33.9-53.5)	-	
QN67: Percentage of students who were trying to lose weight	43.5 (36.5-50.9)	47.7 (34.9-60.9)	55.4 (41.9-68.2)	-	
QN68: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	32.4 (25.9-39.7)	36.4 (29.1-44.4)	45.8 (31.5-60.7)	-	
QN69: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	7.0 (4.1-11.8)	12.3 (7.7-19.1)	19.2 (10.5-32.3)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

[¶]Based on reference data from the 2000 CDC Growth Charts. In 2017, new, slightly different ranges were used to calculate biologically implausible responses to height and weight questions.
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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Dietary Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	2.9 (1.4-6.1)	9.2 (5.5-15.0)	13.9 (7.0-25.6)	-	
QNFR1: Percentage of students who ate fruit or drank 100% fruit juices one or more times per day (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	56.1 (50.0-62.0)	44.6 (36.1-53.3)	49.8 (32.6-67.1)	-	
QNFR2: Percentage of students who ate fruit or drank 100% fruit juices two or more times per day (such as orange juice, apple juice, or grape juice, during the 7 days before the survey)	27.2 (21.8-33.4)	18.1 (13.0-24.5)	18.4 (9.2-33.3)	-	
QN70: Percentage of students who did not eat green salad (one or more times during the 7 days before the survey)	35.1 (26.9-44.3)	43.5 (33.6-54.0)	41.9 (29.3-55.6)	-	
QN71: Percentage of students who did not eat potatoes (one or more times during the 7 days before the survey)	36.2 (29.2-43.9)	35.0 (27.7-43.0)	40.7 (30.5-51.9)	-	
QN72: Percentage of students who did not eat carrots (one or more times during the 7 days before the survey)	47.6 (39.6-55.8)	48.4 (38.4-58.7)	58.6 (33.9-79.7)	-	

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Dietary Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN73: Percentage of students who did not eat other vegetables (one or more times during the 7 days before the survey)	14.5 (8.4-23.8)	21.8 (16.0-29.0)	21.3 (12.6-33.7)	-	
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	5.1 (2.2-11.5)	7.5 (4.3-12.7)	12.0 (6.2-22.2)	-	
QNVEG1: Percentage of students who ate vegetables one or more times per day (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	60.2 (49.8-69.8)	55.4 (44.5-65.8)	62.8 (45.7-77.3)	-	
QNVEG2: Percentage of students who ate vegetables two or more times per day (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	20.6 (16.0-26.1)	22.8 (15.2-32.8)	25.0 (14.6-39.4)	-	
QNVEG3: Percentage of students who ate vegetables three or more times per day (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	9.8 (5.9-15.9)	7.6 (3.9-14.4)	20.2 (13.6-29.0)	-	

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Dietary Behaviors	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN74: Percentage of students who did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey)	30.5 (22.6-39.7)	23.7 (16.6-32.7)	32.8 (19.3-49.8)	-	
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	14.5 (9.2-22.2)	13.0 (8.3-19.9)	20.0 (11.2-33.2)	-	
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey)	7.8 (4.6-13.0)	6.5 (3.6-11.5)	6.9 (3.1-14.4)	-	
QN75: Percentage of students who did not drink milk (during the 7 days before the survey)	28.6 (21.2-37.3)	29.9 (24.3-36.3)	33.9 (15.1-59.6)	-	
QNMILK1: Percentage of students who drank one or more glasses per day of milk (counting the milk they drank in a glass or cup, from a carton, or with cereal and counting the half pint of milk served at school as equal to one glass, during the 7 days before the survey)	32.3 (23.2-42.9)	25.7 (20.8-31.4)	21.0 (11.2-36.0)	-	
QNMILK3: Percentage of students who drank three or more glasses per day of milk (counting the milk they drank in a glass or cup, from a carton, or with cereal and counting the half pint of milk served at school as equal to one glass, during the 7 days before the survey)	9.0 (4.9-15.8)	6.9 (3.7-12.4)	4.1 (1.0-14.5)	-	

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Physical Activity	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN77: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	61.8 (55.4-67.7)	61.1 (51.3-70.1)	56.2 (38.8-72.2)	-	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	8.9 (5.9-13.2)	13.6 (8.1-21.8)	15.7 (8.2-28.0)	-	
QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	29.7 (22.7-37.8)	34.0 (25.5-43.7)	28.2 (16.2-44.3)	-	
QN78: Percentage of students who spent 3 or more hours per day on screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)	73.2 (67.0-78.6)	78.7 (74.0-82.7)	63.9 (48.1-77.3)	-	
QN79: Percentage of students who attended physical education (PE) classes on 1 or more days (in an average week when they were in school)	51.6 (39.6-63.5)	46.4 (39.1-53.9)	53.9 (36.9-70.0)	-	

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Physical Activity	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNDLYPE: Percentage of students who attended physical education (PE) classes on all 5 days (in an average week when they were in school)	36.8 (25.4-49.9)	33.5 (21.7-48.0)	37.4 (19.4-59.7)	-	
QN81: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)	11.4 (6.6-18.8)	16.7 (7.4-33.7)	29.5 (20.7-40.2)	-	
QN86: Percentage of students who got 8 or more hours of sleep (on an average school night)	32.6 (27.5-38.3)	23.0 (16.3-31.3)	29.0 (14.5-49.6)	-	

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Other	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN82: Percentage of students who were ever tested for human immunodeficiency virus (HIV) (not counting tests done if they donated blood)	3.2 (1.5-6.6)	4.2 (1.6-10.3)	6.2 (1.8-19.7)	-	
QN84: Percentage of students who saw a dentist (for a check-up, exam, teeth cleaning, or other dental work, during the 12 months before the survey)	84.8 (78.7-89.4)	77.6 (68.8-84.5)	66.9 (54.1-77.5)	-	
QNNODNT: Percentage of students who never saw a dentist (for a check-up, exam, teeth cleaning, or other dental work)	1.4 (0.8-2.6)	1.9 (0.6-6.3)	4.6 (1.1-17.0)	-	
QN87: Percentage of students who usually did not sleep in their parent's or guardian's home (during the 30 days before the survey)	2.7 (0.9-7.6)	1.1 (0.3-4.2)	1.5 (0.2-11.6)	-	

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN88: Percentage of students who are transgender	0.6 (0.1-2.9)	2.7 (1.0-7.3)	0.0	-	
QN89: Percentage of students who talked on a cell phone while driving (on at least 1 day during the 30 days before the survey, among students who drove a car or other vehicle)	67.7 (58.9-75.4)	53.7 (45.2-62.0)	54.5 (41.5-66.9)	-	
QN90: Percentage of students who reported that an adult or person at least 5 years older than them made them do sexual things they did not want to do (counting such things as kissing, touching, or being made to have sexual intercourse)	5.2 (2.4-10.9)	4.9 (1.8-12.4)	2.5 (0.3-18.3)	-	
QN91: Percentage of students who reported that a parent or other adult in their home most of the time or always swore at them, insulted them, or put them down (during their life)	10.8 (7.6-15.3)	18.7 (14.1-24.3)	22.0 (10.9-39.5)	-	
QN92: Percentage of students who reported that a parent or other adult in their home most of the time or always hit, beat, kicked, or physically hurt them in any way (during their life)	2.0 (0.6-6.5)	1.2 (0.3-5.3)	0.0	-	
QN93: Percentage of students who reported that their parents or other adults in their home most of the time or always slapped, hit, kicked, punched, or beat each other up (during their life)	0.3 (0.0-2.3)	3.0 (0.3-23.6)	1.6 (0.2-11.7)	-	

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN94: Percentage of students who ever drank alcohol (at least one drink of alcohol, on at least 1 day during their life)	46.7 (39.6-53.8)	52.1 (42.2-61.9)	52.8 (29.1-75.3)	-	
QN95: Percentage of students who currently took prescription pain medication without a doctor's prescription or differently than how a doctor told them to use it (one or more times during the 30 days before the survey)	1.2 (0.4-4.2)	4.7 (1.4-14.0)	1.6 (0.2-11.6)	-	
QN96: Percentage of students who did not drink a can, bottle, or glass of a sports drink (such as Gatorade or PowerAde, not counting low-calorie sports drinks such as Propel or G2, during the 7 days before the survey)	38.6 (27.6-50.9)	41.5 (36.0-47.1)	39.6 (22.3-59.9)	-	
QN97: Percentage of students who drank a can, bottle, or glass of a sugar-sweetened beverage (such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, Sunny Delight, or energy drinks such as Red Bull, not counting soda or pop, sports drinks, energy drinks, or 100% fruit juice, one or more times per day during the 7 days before the survey)	12.9 (8.3-19.6)	12.6 (6.9-22.0)	15.9 (7.5-30.7)	-	
QN98: Percentage of students who did exercises to strengthen or tone their muscles on three or more days (such as push-ups, sit-ups, or weight lifting, during the 7 days before the survey)	57.2 (50.8-63.4)	51.3 (40.9-61.6)	62.8 (42.0-79.8)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

- = Fewer than 30 students in this subgroup.

2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QN99: Percentage of students who participated in any organized dance activities (such as cheerleading, dance team, flag team, or dance classes, counting any activities run by their school or community groups, during the 12 months before the survey)	27.5 (21.8-34.0)	26.9 (19.8-35.4)	34.0 (25.2-44.1)	-	
QN100: Percentage of students who had a sunburn (counting even a small part of the skin turning red or hurting for 12 hours or more after being outside in the sun or after using a sunlamp or other indoor tanning device, one or more times during the 12 months before the survey)	84.7 (79.8-88.6)	85.3 (78.2-90.3)	86.8 (69.1-95.1)	-	
QN101: Percentage of students who reported that an adult in their household most of the time or always tried hard to make sure their basic needs were met (such as looking after their safety and making sure they had clean clothes and enough to eat, during their life)	91.7 (86.3-95.1)	84.2 (76.5-89.7)	78.6 (63.6-88.6)	-	
QN103: Percentage of students who ever lived with someone who was having a problem with alcohol or drug use	24.0 (19.3-29.4)	24.8 (17.7-33.6)	42.9 (29.8-57.0)	-	
QN104: Percentage of students who ever lived with someone who was depressed, mentally ill, or suicidal	28.4 (20.9-37.3)	36.0 (29.9-42.7)	48.0 (31.8-64.7)	-	
QN105: Percentage of students who have ever been separated from a parent or guardian because they went to jail, prison, or a detention center	7.6 (4.3-13.1)	14.4 (5.5-33.0)	24.3 (17.1-33.4)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

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2021 YOUTH RISK BEHAVIOR SURVEY RESULTS

Nebraska High School Survey Risk Behaviors and Academic Achievement Report

White* Site-Added	Percentage of students who engaged in each risk behavior, by type of grades mostly earned in school				Significant Association [†]
	A's	B's	C's	D's/F's	
	% 95% CI [§]	% 95% CI	% 95% CI	% 95% CI	
Health Risk Behavior					
QNSPDRK1: Percentage of students who drank a can, bottle, or glass of a sports drink one or more times per day (such as Gatorade or Powerade, not counting low calorie sports drinks such as Propel or G2, during the 7 days before the survey)	8.9 (6.0-13.1)	9.5 (6.1-14.3)	13.7 (6.1-27.8)	-	
QNSPDRK2: Percentage of students who drank a can, bottle, or glass of a sports drink two or more times per day (such as Gatorade or Powerade, not counting low calorie sports drinks such as Propel or G2, during the 7 days before the survey)	4.3 (2.2-8.2)	4.8 (2.4-9.4)	8.4 (4.0-16.9)	-	

*Non-Hispanic.

[†]Based on logistic regression analysis controlling for sex, race/ethnicity, and grade in school, p<0.05.

[§]Confidence interval.

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