SHARP

STUDENT HEALTH AND RISK PREVENTION SURVEILLANCE SYSTEM

Nebraska Risk and Protective Factor Student Survey Results for 2023

Profile Report:

CUSTER COUNTY

Table of Contents

Introduction and Overview

This report summarizes the findings from the 2023 Nebraska Risk and Protective Factor Student Survey (NRPFSS). The 2023 survey represents the tenth implementation of the NRPFSS and the seventh implementation of the survey under the Nebraska Student Health and Risk Prevention (SHARP) Surveillance System. SHARP consists of the coordinated administration of three school-based student health surveys in Nebraska, including the NRPFSS, the Youth Risk Behavior Survey (YRBS), and the Youth Tobacco Survey (YTS). The Nebraska SHARP Surveillance System is administered by the Nebraska Department of Health and Human Services and the Nebraska Department of Education through a contract with the Bureau of Sociological Research at the University of Nebraska-Lincoln. For more information on the Nebraska SHARP Surveillance System please visit https://bosr.unl.edu/sharp/ .

As a result of the creation of SHARP and its inclusion of the NRPFSS, the administration schedule shifted from the fall of odd calendar years to the fall of even calendar years. The first three administrations of the NRPFSS occurred during the fall of 2003, 2005, and 2007, while the fourth administration occurred during the fall of 2010, leaving a three-year gap (rather than the usual two-year gap) between the most recent administrations. The 2012, 2014, 2016, and 2018 administrations also occurred during the fall. Due to the COVID-19 pandemic, the 2020 administration was postponed to 2021, again leaving a three-year gap. The 2023 administration occurred during the fall. All future administrations take place during the fall of odd calendar years as well (i.e., every two years).

The NRPFSS targets Nebraska students in grades 8, 10, and 12 with a goal of providing schools and communities with local-level data. As a result, the NRPFSS is implemented as a census survey, meaning that every public and non-public school with an eligible grade can choose to participate. Therefore, data presented in this report are not to be considered a representative statewide sample. The survey is designed to assess adolescent substance use, delinquent behavior, and many of the risk and protective measures that predict adolescent problem behaviors. The NRPFSS is adapted from national, scientifically-validated surveys and contains information on risk and protective measures that are locally actionable. These risk and protective measures are also highly correlated with substance misuse as well as delinquency, teen pregnancy, school dropout, and violence. Along with other locally attainable sources of information, the information from the NRPFSS can aid schools and community groups in planning and implementing local prevention initiatives to improve the health and academic performance of their youth.

Table 1.1 provides information on the student participation rate for Custer County. The participation rate represents the percentage of all eligible students who took the survey. If 60 percent or more of the students participated, the report is generally a good indicator of the levels of substance use, risk, protection, and delinquent behavior in Custer County. If fewer than 60.0 percent participated, a review of who participated should be completed prior to generalizing the results to the entire student population.

2023 NRPFSS Sponsored by:

The 2023 NRPFSS is sponsored by the 2018 Strategic Prevention Framework - Partnership for Success grant and the 2022 Substance Use Prevention Treatment Recovery Services Block Grant for the Substance Abuse and Mental Health Services Administration Center for Substance Abuse Prevention through the Nebraska Department of Health and Human Services Division of Behavioral Health.

NEBRASKA
Good Life. Great Mission.
DEPT. OF HEALTH AND HUMAN SERVICES

The Bureau of Sociological Research (BOSR) at the University of Nebraska – Lincoln (UNL) collected the NRPFSS data for this administration as well as the 2010, 2012, 2014, 2016, 2018, 2021, and 2023 administrations. As part of BOSR's commitment to high quality data, BOSR is a member of the American Association for Public Opinion Research (AAPOR) Transparency Initiative. As part of this initiative, BOSR pledges to provide certain methodological information whenever data are collected. This information as it relates to the NRPFSS is available on BOSR's website (https://bosr.unl.edu/sharp/).

Table 1.1. Survey Participation Rates, 2023

	Custer County 2023			State of Nebraska 2023		
	Number Participated	Number Enrolled	Percent Participated	Number Participated	Number Enrolled	Percent Participated
Grade						
8th	76	130	58.5%	3567	26566	13.4%
10th	49	140	35.0%	4599	27660	16.6%
12th	47	143	32.9%	3394	27460	12.4%
Total	172	413	41.6%	11560	81686	14.2%

Note: The grade-specific participation rates presented within this table consist of the number of students who completed the NRPFSS divided by the total number of students enrolled within the participating schools.

Again, the goal of the NRPFSS is to collect school district and community-level data and not to collect representative state data. However, state data provide insight into the levels of substance use, risk, protection, and delinquent behavior among Nebraskan students, especially students in rural areas other than in Douglas, Lancaster, or Sarpy counties. In 2023, 14.2 percent of the eligible Nebraska students in grades 8, 10, and 12 participated in the NRPFSS; 83.7 percent of these participations came from the areas outside of Douglas, Lancaster, and Sarpy counties.

The 2023 participation rate for the state as a whole remains lower than the 60.0 percent level recommended for representing students statewide, so the state-level results should be interpreted with some caution. Failure to obtain a high participation rate statewide is, in part, due to low levels of participation within Douglas, Lancaster, and Sarpy Counties, which combined had a 4.1% participation rate in 2023 compared to 27.3% for the remainder of the state.

Table 1.2 provides an overview of the characteristics of the students who completed the 2023 survey within Custer County and the state overall.

Table 1.2. Participant Characteristics, 2023

	Custer County 2023		State of Nebraska 2023	
	n	%	n	%
Total students	196		11741	
Grade				
8th	76	38.8%	3567	30.4%
10th	49	25.0%	4599	39.2%
12th	47	24.0%	3394	28.9%
Unknown	24	12.2%	181	1.5%
Gender				
Male	106	54.1%	5952	50.7%
Female	90	45.9%	5719	48.7%
Unknown	0	0.0%	70	0.6%
Race/Ethnicity				
Hispanic*	10	5.1%	2393	20.4%
African American	3	1.5%	389	3.3%
Asian	3	1.5%	227	1.9%
American Indian	8	4.1%	308	2.6%
Pacific Islander	2	1.0%	41	0.3%
Alaska Native	0	0.0%	22	0.2%
White	169	86.2%	8193	69.8%
Other	0	0.0%	110	0.9%
Unknown	1	0.5%	58	0.5%

*Notes. *Hispanic can be of any race. In columns, n=number or frequency and %=percentage of distribution.*

Overview of Report Contents

The report is divided into the following five sections: (1) substance use; (2) transportation safety; (3) violence, bullying, and mental health; (4) nutrition and physical activity; and (5) feelings and experiences at home, school, and in the community. Within each section, highlights of the 2023 survey data for Custer County are presented along with state and national estimates, when available.

When there are less than 10 survey respondents for a particular grade, their responses are not presented in order to protect the confidentiality of individual student participants. Furthermore, if a grade level has 10 or more respondents but an individual question or sub-group presented in this report has less than 10 respondents then results for the individual item or sub-group are not reported.

A number of honesty measures were also created to remove students who may not have given the most honest answers. These measures included reporting use of a fictitious drug, using a substance during the past 30 days more than in one's lifetime, answering that the student was not at all honest when filling out the survey, and providing an age and grade combination that are highly unlikely. Students whose answers were in question for any one of these reasons were excluded from reporting. For the State of Nebraska, 368 students met these criteria. Eight students in Custer County met these criteria.

Substance Use

This section contains information on the use of alcohol, tobacco, and other drugs among 8th, 10th, and 12th grade students in Custer County. In addition, there is information on attitudes and perceptions, the sources of substances, and other substance-related topics. To provide greater context for the results from Custer County, overall state and national results are presented when available. As discussed earlier, the state results are not to be considered a representative statewide sample. The national data source is the Monitoring the Future survey, administered by the Institute for Social Research at the University of Michigan and sponsored by the National Institute on Drug Abuse and National Institutes of Health.

Substance Use

Substance Use: Alcohol and Tobacco, 2023
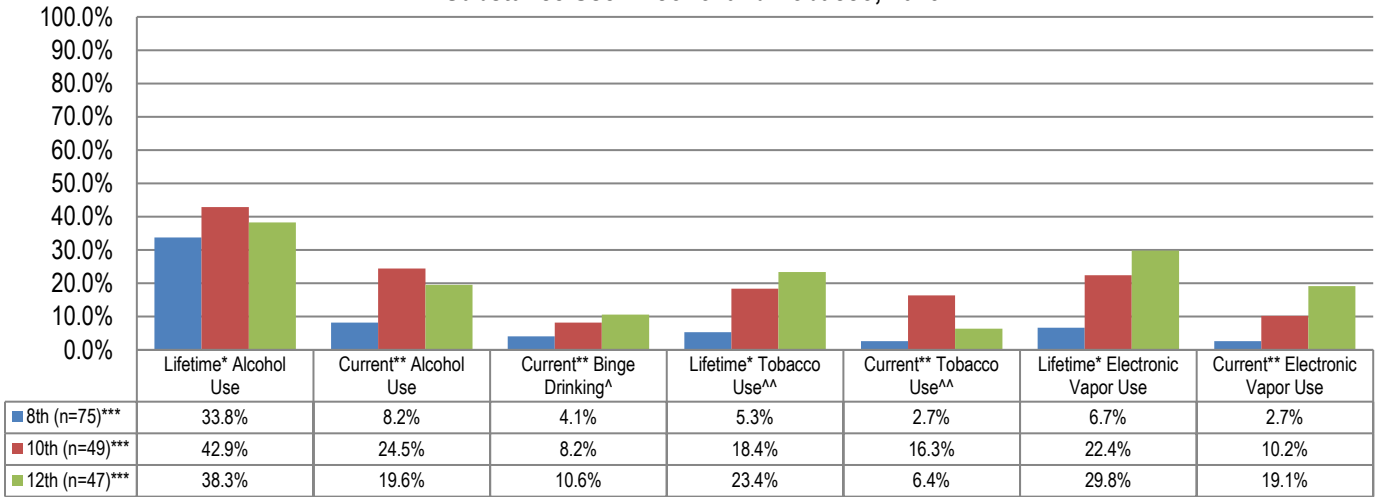
	Lifetime* Alcohol Use	Current** Alcohol Use	Current** Binge Drinking^	Lifetime* Tobacco Use^^	Current** Tobacco Use^^	Lifetime* Electronic Vapor Use	Current** Electronic Vapor Use
8th (n=75)***	33.8%	8.2%	4.1%	5.3%	2.7%	6.7%	2.7%
10th (n=49)***	42.9%	24.5%	8.2%	18.4%	16.3%	22.4%	10.2%
12th (n=47)***	38.3%	19.6%	10.6%	23.4%	6.4%	29.8%	19.1%

*Notes. *Percentage who reported using the named substance one or more times in his or her lifetime. **Percentage who reported using the named substance one or more times during the past 30 days. ^Percentage who reported having five or more drinks of alcohol in a row, within a couple of hours. ^^Tobacco use includes cigarettes and smokeless tobacco. Individual results for each can be found in Appendix A.***The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*

Substance Use: Other Drugs, 2023

	Lifetime* Marijuana Use	Current** Marijuana Use	Lifetime* LSD Use	Lifetime* Cocaine Use	Lifetime* Meth Use	Lifetime* Heroin Use	Lifetime* Synthetic Drug Use	Lifetime* Inhalant Use	Lifetime* Prescription Drug Use	Current** Prescription Drug Use
8th (n=75)***	2.7%	0.0%	0.0%	0.0%	0.0%	1.3%	0.0%	5.3%	2.7%	1.4%
10th (n=49)***	10.2%	8.3%	2.0%	0.0%	0.0%	2.0%	0.0%	6.3%	2.0%	2.1%
12th (n=47)***	12.8%	6.5%	6.4%	4.3%	2.2%	2.1%	0.0%	4.3%	8.5%	4.3%

*Notes. *Percentage who reported using the named substance one or more times in his or her lifetime. **Percentage who reported using the named substance one or more times during the past 30 days. .***The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*

8th Grade Substance Use: Alcohol and Tobacco, 2023

	Lifetime* Alcohol Use	Current** Alcohol Use	Current** Binge Drinking^	Lifetime* Tobacco Use^^	Current** Tobacco Use^^	Lifetime* Electronic Vapor Use	Current** Electronic Vapor Use
■ County (n=75)***	33.8%	8.2%	4.1%	5.3%	2.7%	6.7%	2.7%
■ State (n=3540)***	27.0%	8.6%	1.2%	6.3%	1.9%	10.9%	5.4%
■ Nation	20.1%	5.9%	2.0%			16.5%	7.0%

*Notes. *Percentage who reported using the named substance one or more times in his or her lifetime. **Percentage who reported using the named substance one or more times during the past 30 days. ^Percentage who reported having five or more drinks of alcohol in a row, within a couple of hours. ^^Tobacco use includes cigarettes and smokeless tobacco. Individual results for each can be found in Appendix A. .***The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*

8th Grade Substance Use: Other Drugs, 2023

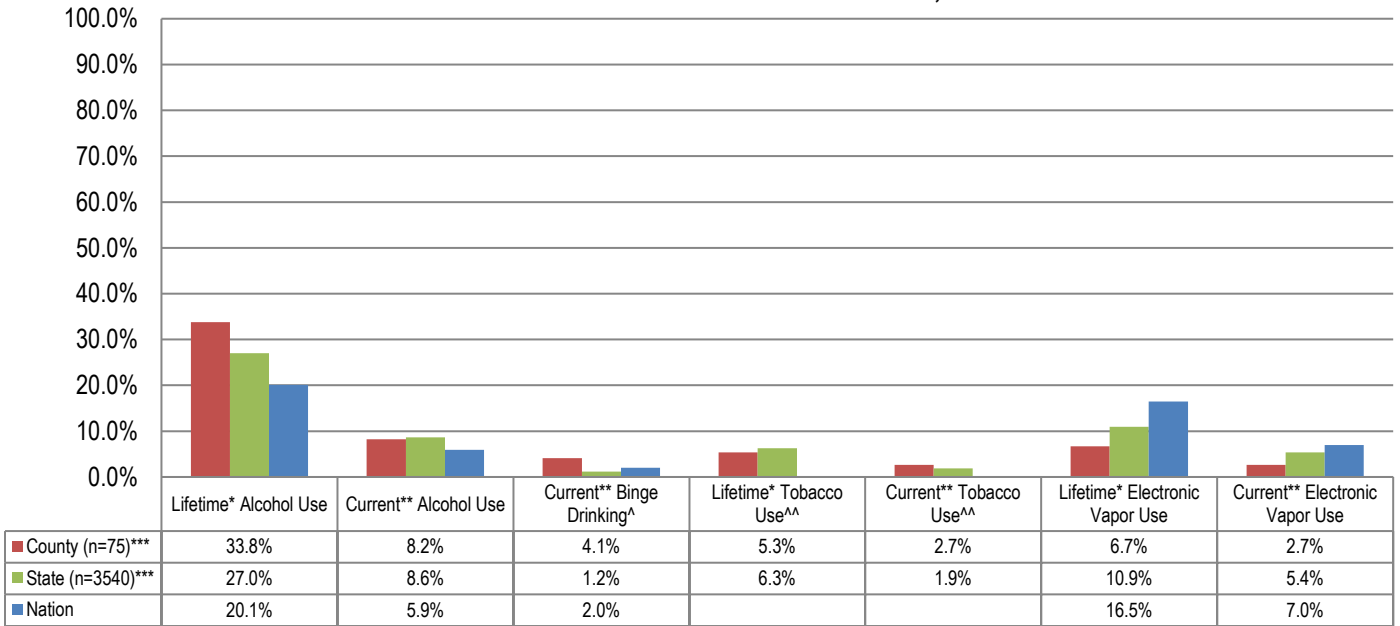|	Lifetime* Marijuana Use	Current** Marijuana Use	Lifetime* LSD Use	Lifetime* Cocaine Use	Lifetime* Meth Use	Lifetime* Heroin Use	Lifetime* Synthetic Drug Use	Lifetime* Inhalant Use	Lifetime* Prescription Drug Use	Current** Prescription Drug Use
■ County (n=75)***	2.7%	0.0%	0.0%	0.0%	0.0%	1.3%	0.0%	5.3%	2.7%	1.4%
■ State (n=3540)***	4.5%	1.9%	0.8%	0.2%	0.4%	0.3%	0.7%	4.5%	2.8%	1.1%
■ Nation	11.5%	4.7%	1.1%	1.0%	0.3%	0.8%		9.0%		

*Notes. *Percentage who reported using the named substance one or more times in his or her lifetime. **Percentage who reported using the named substance one or more times during the past 30 days. .***The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*

10th Grade Substance Use: Alcohol and Tobacco, 2023

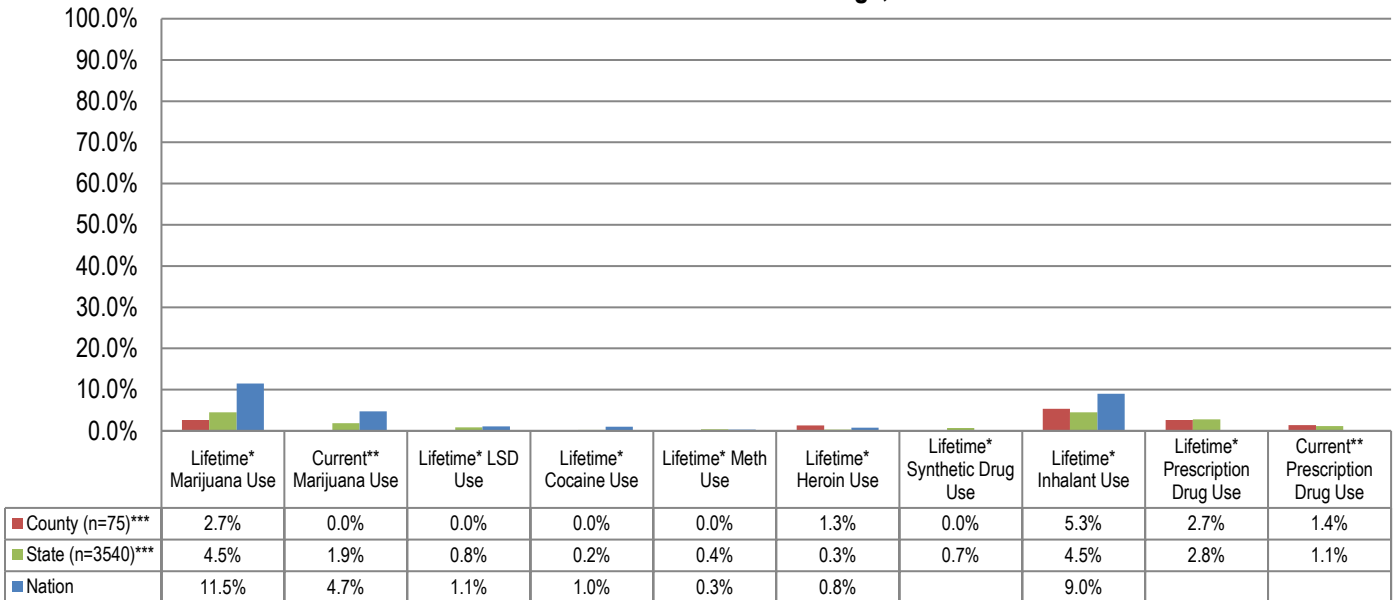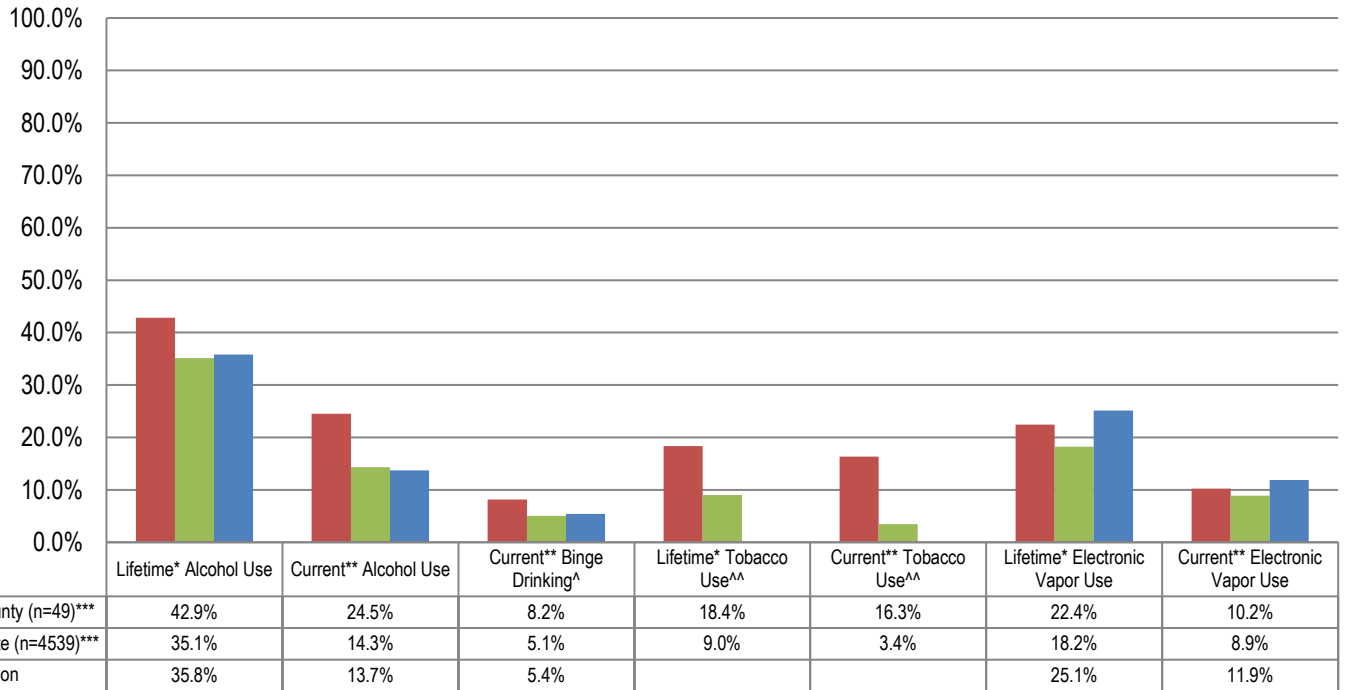|	Lifetime* Alcohol Use	Current** Alcohol Use	Current** Binge Drinking^	Lifetime* Tobacco Use^^	Current** Tobacco Use^^	Lifetime* Electronic Vapor Use	Current** Electronic Vapor Use
County (n=49)***	42.9%	24.5%	8.2%	18.4%	16.3%	22.4%	10.2%
State (n=4539)***	35.1%	14.3%	5.1%	9.0%	3.4%	18.2%	8.9%
Nation	35.8%	13.7%	5.4%			25.1%	11.9%

*Notes. *Percentage who reported using the named substance one or more times in his or her lifetime. **Percentage who reported using the named substance one or more times during the past 30 days. ^Percentage who reported having five or more drinks of alcohol in a row, within a couple of hours. ^^Tobacco use includes cigarettes and smokeless tobacco. Individual results for each can be found in Appendix A. .***The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*

10th Grade Substance Use: Other Drugs, 2023

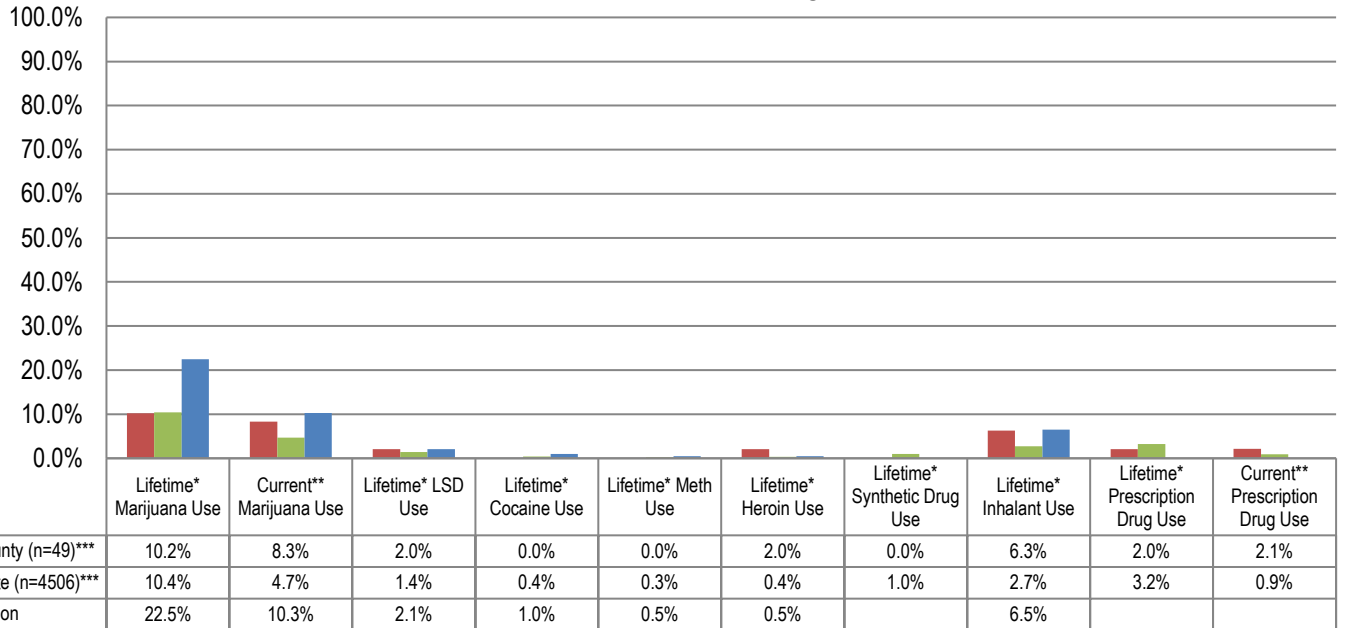|	Lifetime* Marijuana Use	Current** Marijuana Use	Lifetime* LSD Use	Lifetime* Cocaine Use	Lifetime* Meth Use	Lifetime* Heroin Use	Lifetime* Synthetic Drug Use	Lifetime* Inhalant Use	Lifetime* Prescription Drug Use	Current** Prescription Drug Use
County (n=49)***	10.2%	8.3%	2.0%	0.0%	0.0%	2.0%	0.0%	6.3%	2.0%	2.1%
State (n=4506)***	10.4%	4.7%	1.4%	0.4%	0.3%	0.4%	1.0%	2.7%	3.2%	0.9%
Nation	22.5%	10.3%	2.1%	1.0%	0.5%	0.5%		6.5%		

*Notes. *Percentage who reported using the named substance one or more times in his or her lifetime. **Percentage who reported using the named substance one or more times during the past 30 days. .***The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*

12th Grade Substance Use: Alcohol and Tobacco, 2023

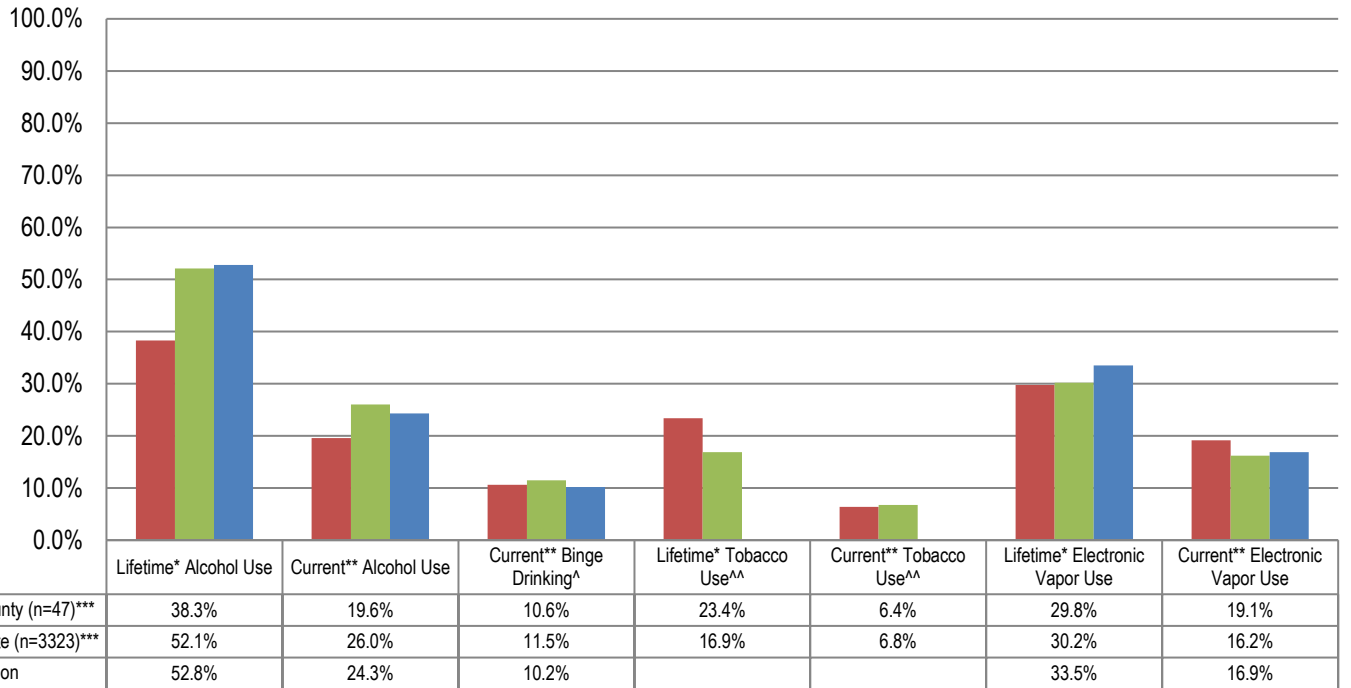|	Lifetime* Alcohol Use	Current** Alcohol Use	Current** Binge Drinking^	Lifetime* Tobacco Use^^	Current** Tobacco Use^^	Lifetime* Electronic Vapor Use	Current** Electronic Vapor Use
County (n=47)***	38.3%	19.6%	10.6%	23.4%	6.4%	29.8%	19.1%
State (n=3323)***	52.1%	26.0%	11.5%	16.9%	6.8%	30.2%	16.2%
Nation	52.8%	24.3%	10.2%			33.5%	16.9%

*Notes. *Percentage who reported using the named substance one or more times in his or her lifetime. **Percentage who reported using the named substance one or more times during the past 30 days. ^Percentage who reported having five or more drinks of alcohol in a row, within a couple of hours. ^^Tobacco use includes cigarettes and smokeless tobacco. Individual results for each can be found in Appendix A. .***The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*

12th Grade Substance Use: Other Drugs, 2023

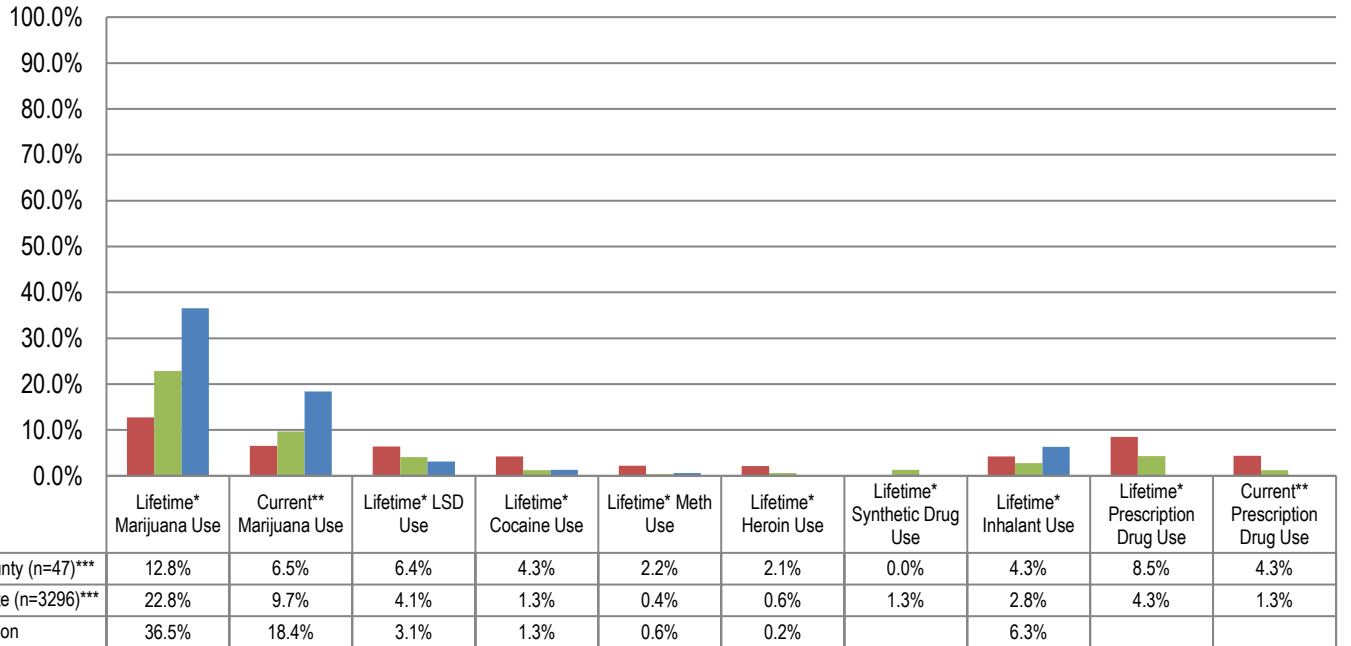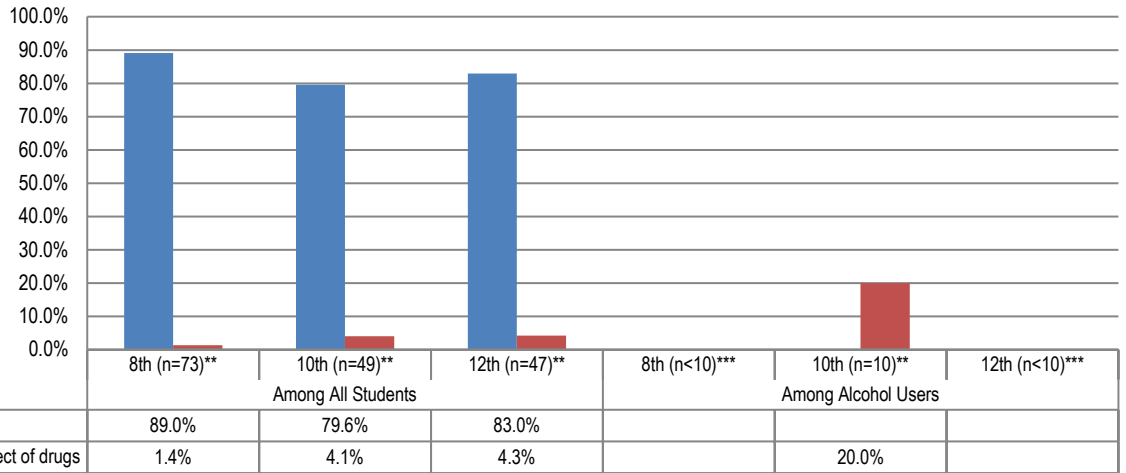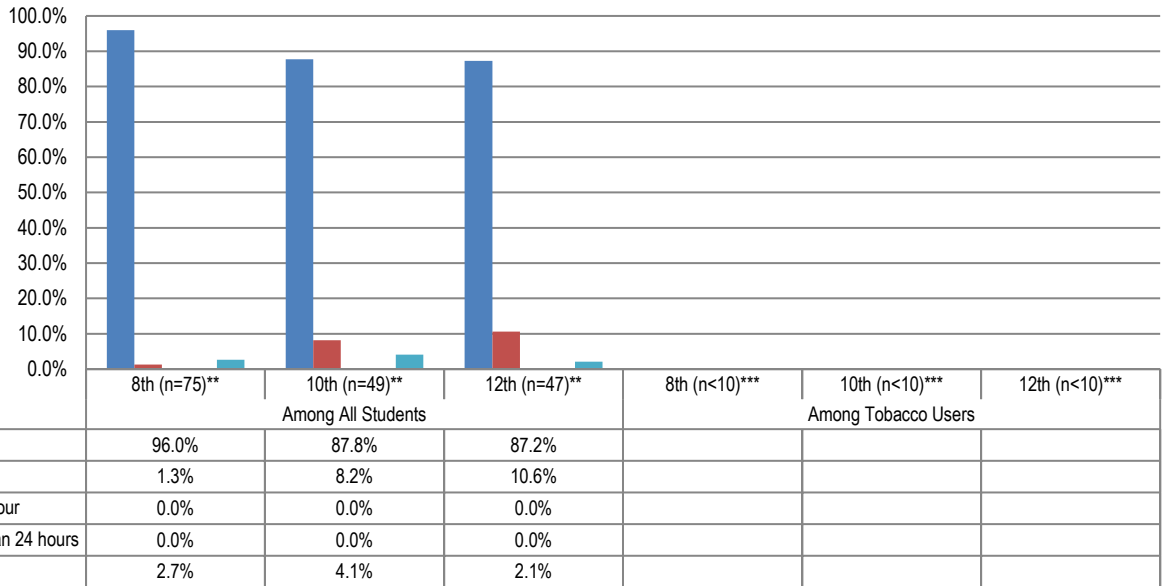|	Lifetime* Marijuana Use	Current** Marijuana Use	Lifetime* LSD Use	Lifetime* Cocaine Use	Lifetime* Meth Use	Lifetime* Heroin Use	Lifetime* Synthetic Drug Use	Lifetime* Inhalant Use	Lifetime* Prescription Drug Use	Current** Prescription Drug Use
County (n=47)***	12.8%	6.5%	6.4%	4.3%	2.2%	2.1%	0.0%	4.3%	8.5%	4.3%
State (n=3296)***	22.8%	9.7%	4.1%	1.3%	0.4%	0.6%	1.3%	2.8%	4.3%	1.3%
Nation	36.5%	18.4%	3.1%	1.3%	0.6%	0.2%		6.3%		

*Notes. *Percentage who reported using the named substance one or more times in his or her lifetime. **Percentage who reported using the named substance one or more times during the past 30 days. .***The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*

Percentage Reporting Drinking Alcohol to Increase Effect of Some Other Drug, AMONG Students who Reported Drinking in the Past 30 Days*, 2023

	Among All Students			Among Alcohol Users		
	8th (n=73)**	10th (n=49)**	12th (n=47)**	8th (n<10)***	10th (n=10)**	12th (n<10)***
■ Did not drink alcohol	89.0%	79.6%	83.0%			
■ Drank alcohol to increase effect of drugs	1.4%	4.1%	4.3%		20.0%	

Notes. *Among past 30 day alcohol users, the percentage who reported drinking alcohol one or more times to increase the effect of some of other drug or drugs during the past 30 days. **The n-size displayed is the largest n-size across these quetsions. Because each question is asked individually, the n-size may vary. ***Not reporting due to the participation number is less than 10.

How Soon They Wanted to Use Tobacco Products after Waking Up, AMONG Students Who Reported Using Tobacco Products*, 2023

	Among All Students			Among Tobacco Users		
	8th (n=75)**	10th (n=49)**	12th (n=47)**	8th (n<10)***	10th (n<10)***	12th (n<10)***
■ Not using tobacco	96.0%	87.8%	87.2%			
■ Within 30 minutes	1.3%	8.2%	10.6%			
■ From 30 minutes to 1 hour	0.0%	0.0%	0.0%			
■ After 1 hour but less than 24 hours	0.0%	0.0%	0.0%			
■ Rarely want to smoke	2.7%	4.1%	2.1%			

Notes. *How soon after you wake up do you want to use a tobacco product? **The n-size displayed is the same for all people given that how soon they want to smoke after waking up is asked as one question. ***Not reporting due to the participation number is less than 10.

Type of Mist Inhaled in Electronic Vaporizer, AMONG Students who Reported Using an E-cigarette or Vaping Device*, 2023

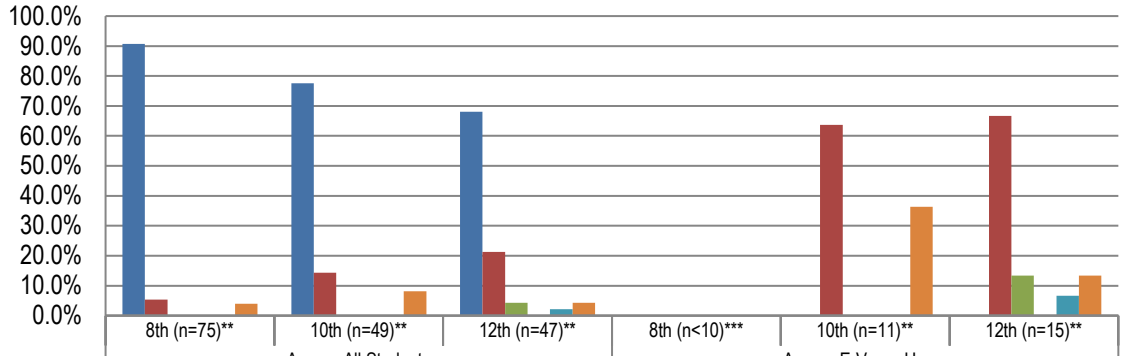|	Among All Students			Among E-Vapor Users		
	8th (n=75)**	10th (n=49)**	12th (n=47)**	8th (n<10)***	10th (n=11)**	12th (n=15)**
Never used a vaping or e-cigarette device	90.7%	77.6%	68.1%			
Nicotine or tobacco substitute	5.3%	14.3%	21.3%		63.6%	66.7%
Marijuana or hash oil	0.0%	0.0%	4.3%		0.0%	13.3%
Meth, cocaine, or heroin	0.0%	0.0%	0.0%		0.0%	0.0%
A product without nicotine or other drugs	0.0%	0.0%	2.1%		0.0%	6.7%
Don't know	4.0%	8.2%	4.3%		36.4%	13.3%

Notes. *Among past 30 day alcohol users, the percentage who reported drinking alcohol one or more times to increase the effect of some of other drug or drugs during the past 30 days. **The n-size displayed is the same for all people given that type of mist inhaled is asked as one question. ***Not reporting due to the participation number is less than 10.

Percentage Reporting Using Pain Medication Prescribed by a Doctor during the Past 12 Months*, 2023

	8th (n=74)	10th (n=49)	12th (n=47)
Used pain medication prescribed by doctor	12.2%	12.2%	12.8%
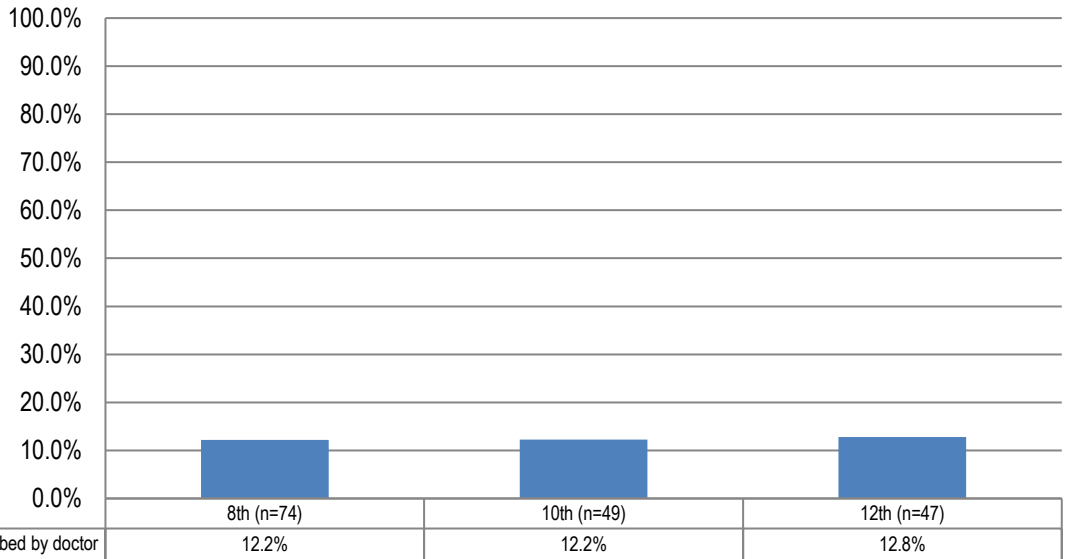
Notes. *Percentage who reported "Yes" to the question "During the past 12 months, did you use pain medications that a doctor prescribed for you?"

Other Pain Medication Topics, AMONG Students who Reported Receiving Prescription Pain Medication from a Doctor, 2023
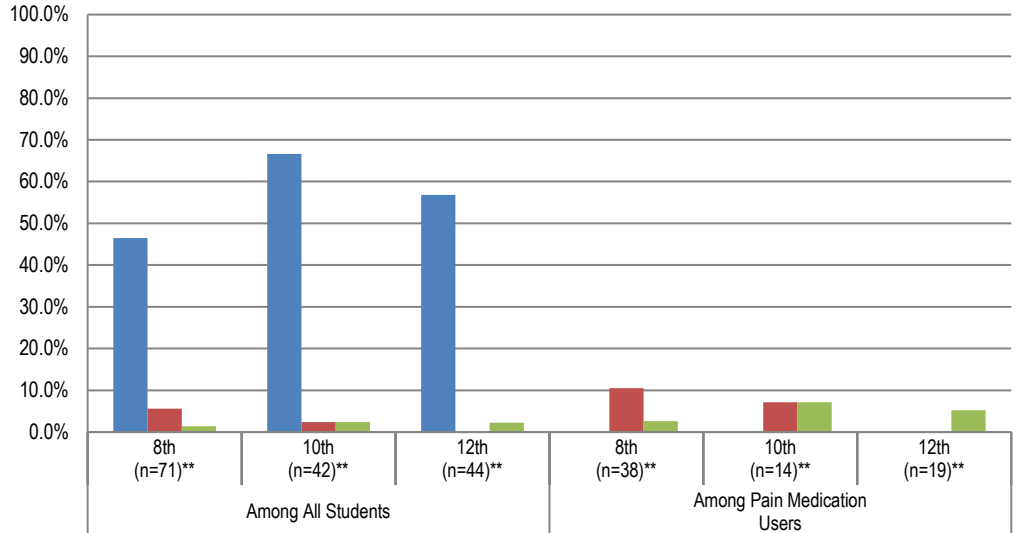
	8th (n=71)**	10th (n=42)**	12th (n=44)**	8th (n=38)**	10th (n=14)**	12th (n=19)**
	Among All Students			Among Pain Medication Users		
■ Did not receive a prescription pain medication from a doctor	46.5%	66.7%	56.8%			
■ Used pain medication more than directed*	5.6%	2.4%	0.0%	10.5%	7.1%	0.0%
■ Someone asked to borrow or buy pain medication^	1.4%	2.4%	2.3%	2.6%	7.1%	5.3%

*Notes. *Percentage who reported "Yes" to the question "The last time a doctor prescribed a pain medication for you, did you use any of the pain medication more frequently or in higher doses than directed by a doctor?" ^Percentage who reported "Yes" to the question "The last time a doctor prescribed a pain medication for you, did anyone ask you about borrowing or buying some of your medication?" **The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*

Naloxone, sold as Narcan, is a medication designed to rapidly reverse opioid overdose to restore normal respiration in individuals whose breathing has slowed or stopped as a result of overdosing on heroin or prescription opioid medications. It is a critical tool in emergency responses to opioid overdose, helping to prevent fatalities and providing a window of opportunity for medical treatment.

Awareness and Knowledge of Opioid Overdose Reversal*, 2023
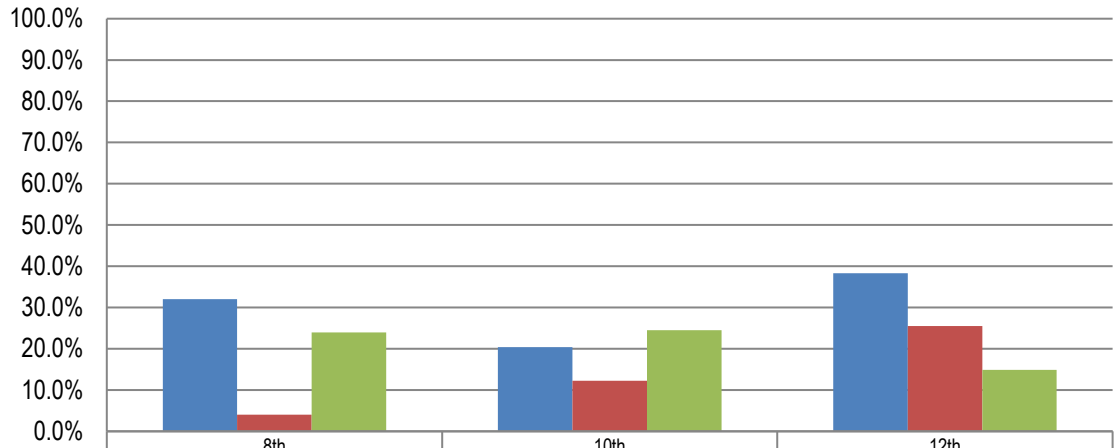
	8th (n=75)**	10th (n=49)**	12th (n=47)**
■ Heard of Naloxone/Narcan	32.0%	20.4%	38.3%
■ Knowing how use Naloxone/Narcan	4.0%	12.2%	25.5%
■ Knowing someone overdosed in the past year	24.0%	24.5%	14.9%

*Notes. *Percentage who reported "Yes" to the posted questions. **The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*

Attitudes toward Substance Use

Percentage Reporting Wrong or Very Wrong to Substance Use Behavior*, 2023

	Smoke cigarettes	Use smokeless tobacco	Use electronic vapor	Drink alcohol at least once or twice a month	Use marijuana	Misuse prescription drugs	Use other illegal drugs
8th (n=75)**	93.2%	93.3%	92.0%	86.7%	93.3%	93.3%	95.9%
10th (n=49)**	77.6%	72.3%	73.5%	63.3%	91.8%	85.7%	98.0%
12th (n=47)**	78.7%	78.7%	73.9%	68.1%	72.3%	91.5%	97.9%
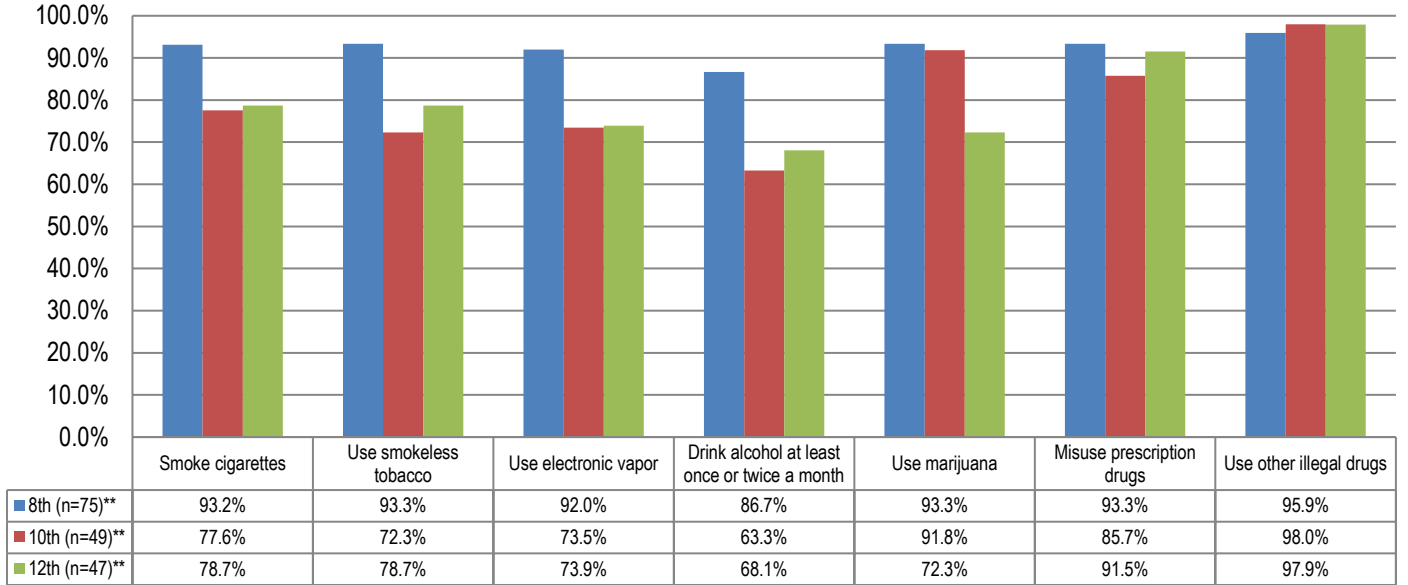
*Note. *Percentage who reported how wrong they think different substance behaviors are based on the following scale: Very wrong, Wrong, A little bit wrong, Not wrong at all. **The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*

Percentage Reporting Peer Wrong or Very Wrong to Substance Use Behavior*, 2023

	Smoke tobacco	Use electronic vapor	Drink alcohol regularly	Misuse prescription drugs
8th (n=74)**	93.2%	89.2%	79.7%	95.9%
10th (n=48)**	68.8%	64.6%	61.7%	76.6%
12th (n=47)**	69.6%	61.7%	53.2%	91.5%

*Note. *Percentage who reported how wrong their friends would think different substance behaviors are based on the following scale: Very wrong, Wrong, A little bit wrong, Not wrong at all. **The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*

Percentage Reporting Parent Wrong or Very Wrong to Substance Use Behavior*, 2023

	Smoke cigarettes	Use smokeless tobacco	Use electronic vapor	Drink alcohol regularly	Use marijuana	Misuse prescription drugs
8th (n=74)**	100.0%	100.0%	100.0%	94.6%	100.0%	97.3%
10th (n=48)**	85.4%	87.5%	87.5%	89.4%	91.7%	97.9%
12th (n=47)**	87.2%	87.2%	87.2%	91.5%	95.7%	95.7%

*Note. *Percentage who reported how wrong their parents would think different substance behaviors are based on the following scale: Very wrong, Wrong, A little bit wrong, Not wrong at all. **The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*
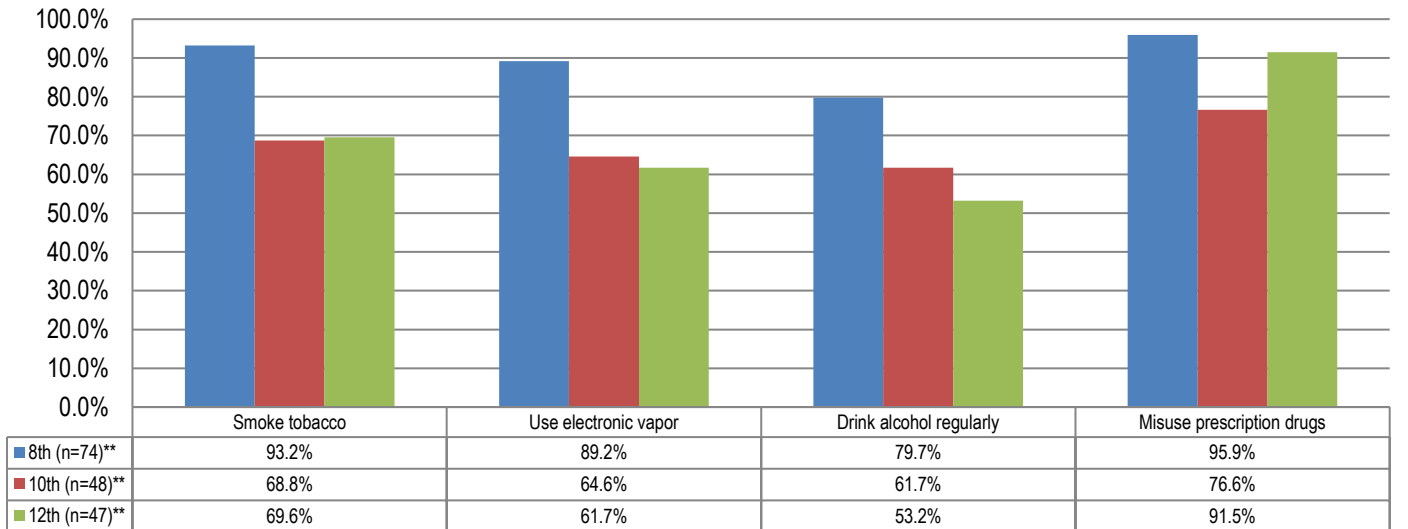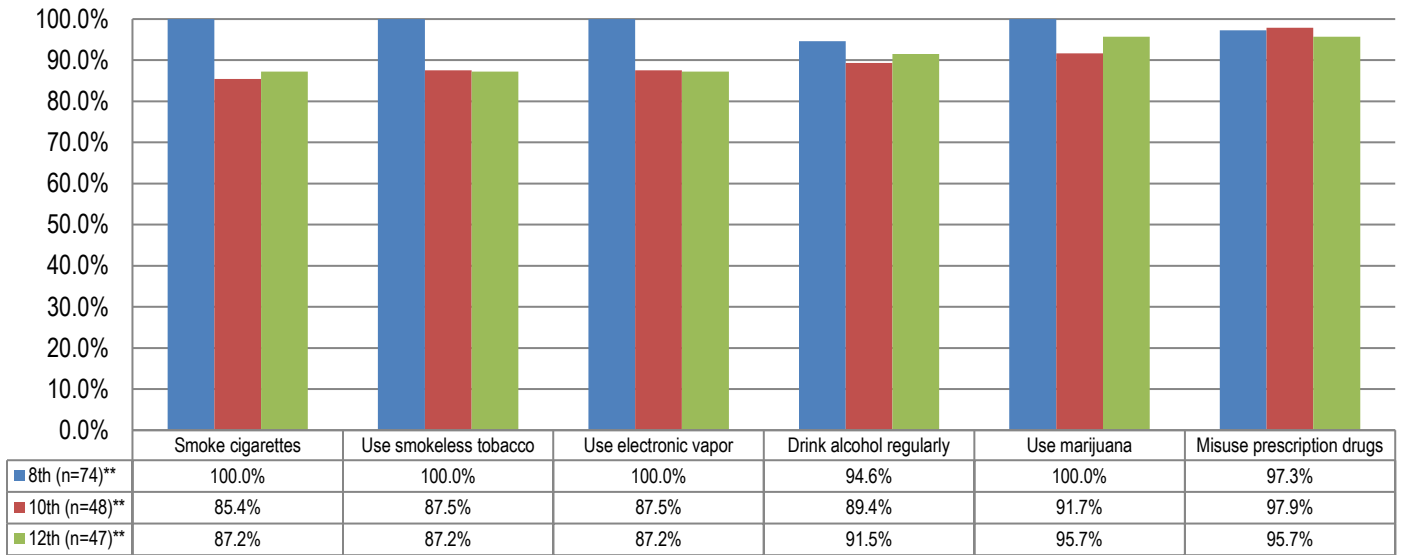
Percentage Reporting Adults in Neighborhood Wrong or Very Wrong to Substance Use Behavior*, 2023

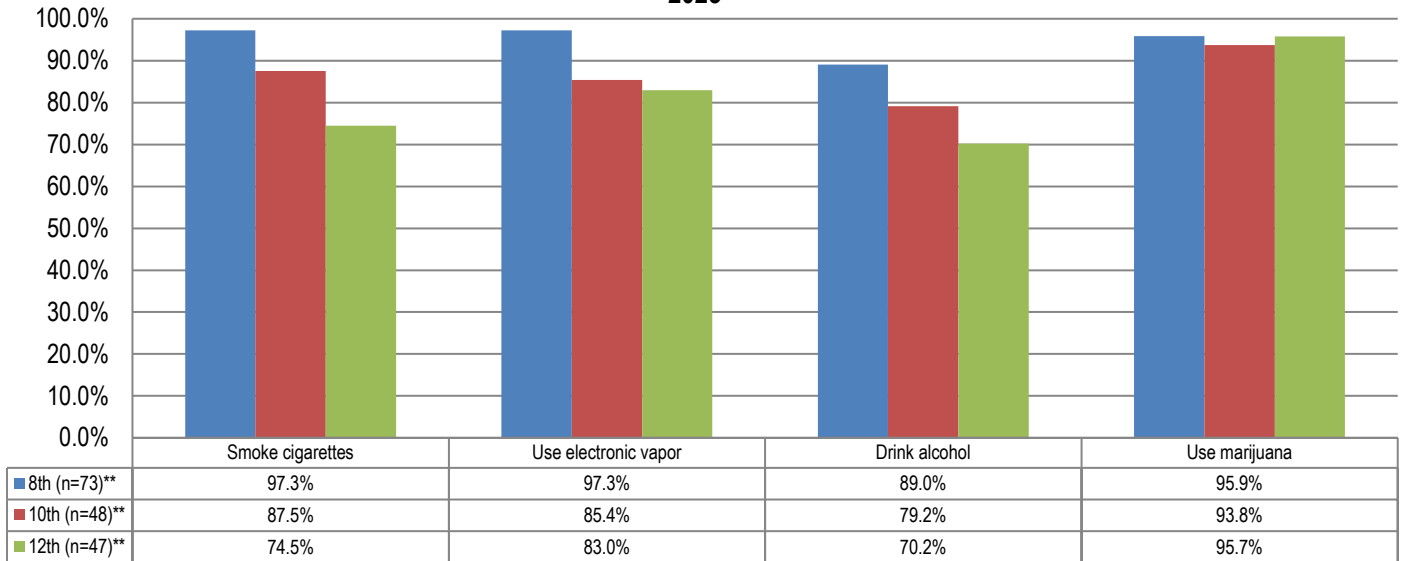|	Smoke cigarettes	Use electronic vapor	Drink alcohol	Use marijuana
8th (n=73)**	97.3%	97.3%	89.0%	95.9%
10th (n=48)**	87.5%	85.4%	79.2%	93.8%
12th (n=47)**	74.5%	83.0%	70.2%	95.7%

*Note. *Percentage who reported how wrong adults in their neighborhood would think different substance behaviors are based on the following scale: Very wrong, Wrong, A little bit wrong, Not wrong at all. . **The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*
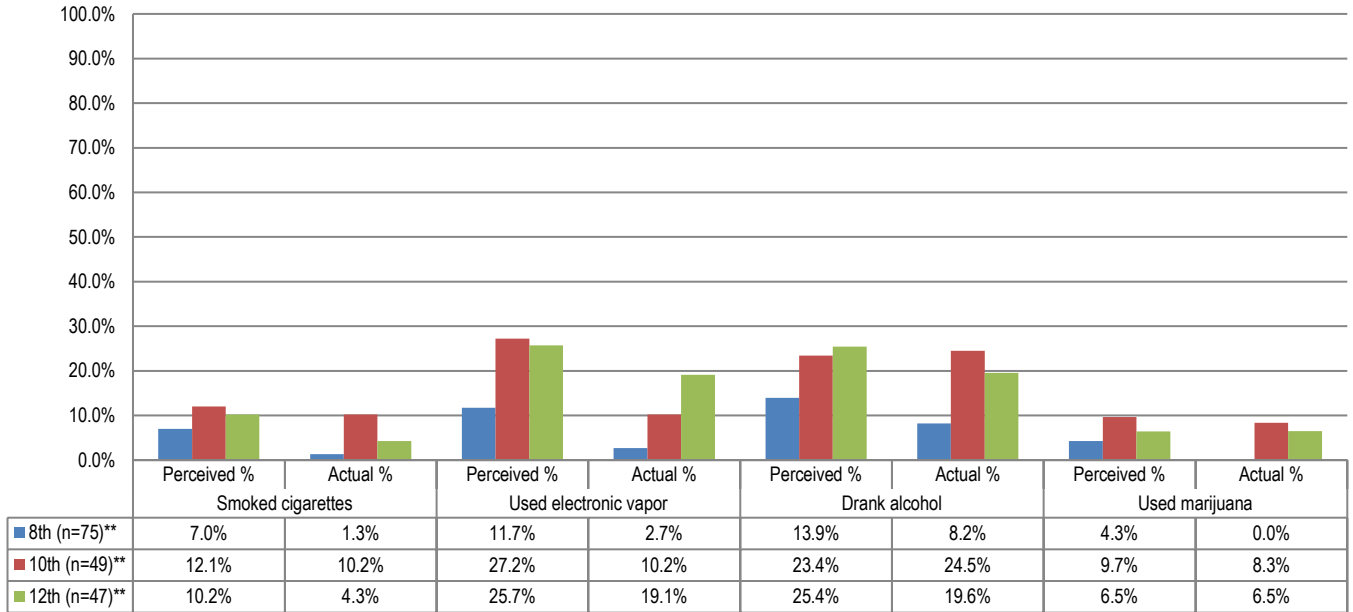
Perceptions of Substance Use

Perceived* and Actual Past 30 Day Substance Use, 2023

	Smoked cigarettes		Used electronic vapor		Drank alcohol		Used marijuana	
	Perceived %	Actual %	Perceived %	Actual %	Perceived %	Actual %	Perceived %	Actual %
8th (n=75)**	7.0%	1.3%	11.7%	2.7%	13.9%	8.2%	4.3%	0.0%
10th (n=49)**	12.1%	10.2%	27.2%	10.2%	23.4%	24.5%	9.7%	8.3%
12th (n=47)**	10.2%	4.3%	25.7%	19.1%	25.4%	19.6%	6.5%	6.5%

*Note. *Perception based on following question: "Now thinking about all the students in your grade at your school. How many of them do you think: <insert substance use behavior> during the past 30 days?" **The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*

Percentage Reporting that the Following Substance Use Behaviors Place People at Great Risk*, 2023

	Smoking 1 or more packs of cigarettes daily	Using an electronic vapor product 1 or 2 times a week	Having 5+ drinks of alcohol 1 or 2 times a week	Using marijuana 1 or 2 times a week	Misusing prescription drugs
8th (n=75)**	46.7%	24.0%	22.7%	46.7%	58.7%
10th (n=49)**	46.9%	24.5%	32.7%	44.9%	46.9%
12th (n=47)**	53.2%	40.4%	38.3%	36.2%	61.7%

*Note. *Percentage who reported great risk associated with each substance behaviors based on the following scale: No risk, Slight risk, Moderate risk, Great risk. Based on the question "How much do you think people risk harming themselves (physically or in other ways) if they: <insert substance use behavior>." **The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*

Percentage Reporting that the Following Substances are Sort of Easy or Very Easy to Obtain*, 2023

	Cigarettes	Electronic vapor	Beer, wine, hard liquor	Marijuana	Prescription drugs for non-medical use
■ 8th (n=73)**	12.3%	9.6%	23.3%	1.4%	15.5%
■ 10th (n=48)**	29.2%	31.3%	45.8%	27.1%	14.6%
■ 12th (n=47)**	40.4%	44.7%	48.9%	31.9%	19.1%
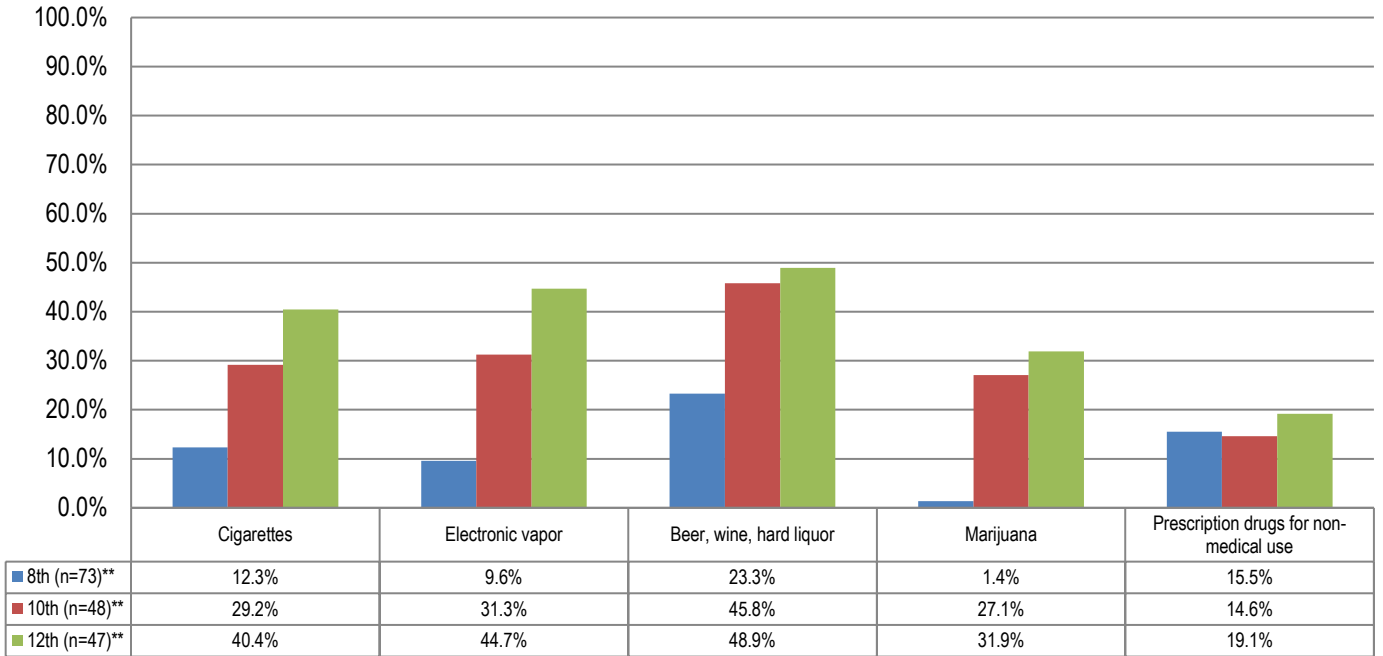
*Note. *Percentage who reported it is sort of or very easy to obtain each substances based on the following scale: Very hard, Sort of hard, Sort of easy, Very easy. Based on the question "If you wanted to, how easy would it be for you to get: <insert substance use behavior>." **The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*
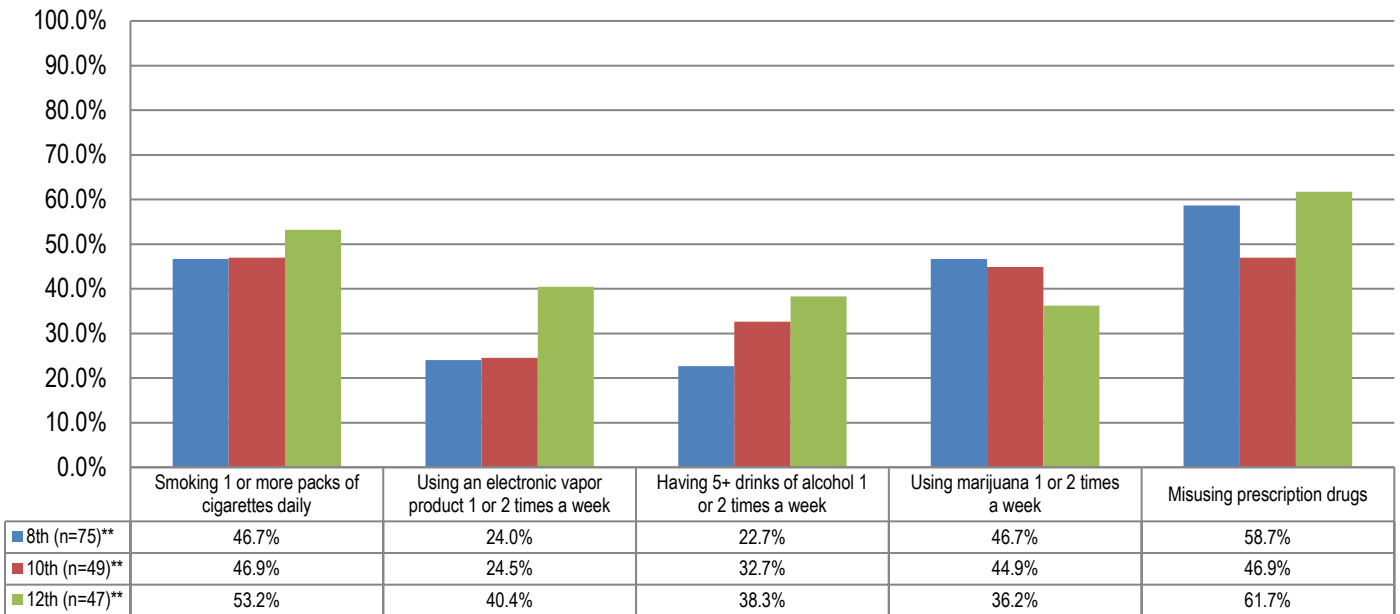
Sources of Substances

Sources for Obtaining Cigarettes, AMONG Students who Reported Smoking during the Past 30 Days*, 2023

	Among All Students			Among Cigarette Users		
	8th (n=74)**	10th (n=49)**	12th (n=47)**	8th (n<10)***	10th (n<10)***	12th (n<10)***
■ Did not smoke	95.9%	87.0%	87.0%			
■ Bought them myself	0.0%	0.0%	0.0%			
■ Gave someone money to buy them for me	0.0%	0.0%	4.3%			
■ Borrowed them from someone else	0.0%	6.1%	6.5%			
■ My parents gave them to or bought them for me	0.0%	4.2%	4.3%			
■ Other family member gave them to or bought them for me	0.0%	0.0%	0.0%			
■ Took them from home without parents' permission	0.0%	4.3%	4.3%			

*Notes. *Among past 30 day cigarette users, the percentage who reported obtaining cigarettes in each manner during the past 30 days. These scores may include students 18 and older.**The n-size displayed is the largest n-size across these questions. Because each source is asked individually, the n-size may vary across sources. ***Not reporting due to the participation number is less than 10.*
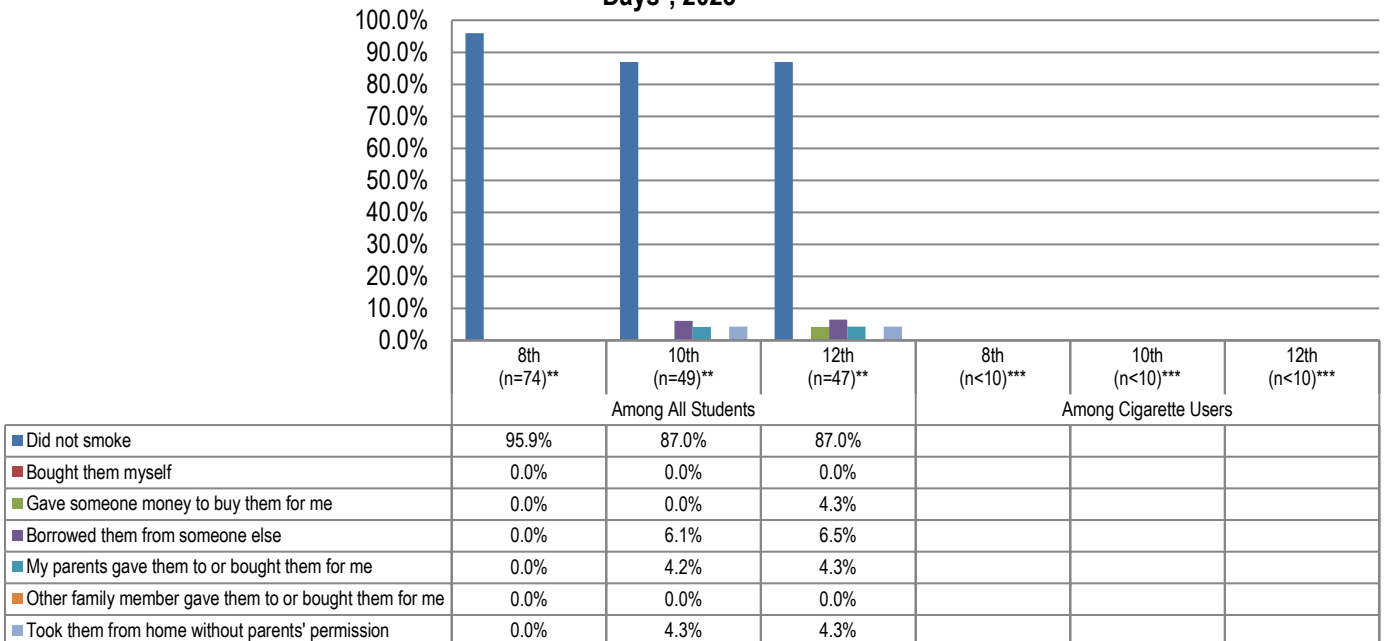
Sources for Electronic Vapor, AMONG Students who Reported Using Electronic Vapor Products during the Past 30 Days*, 2023
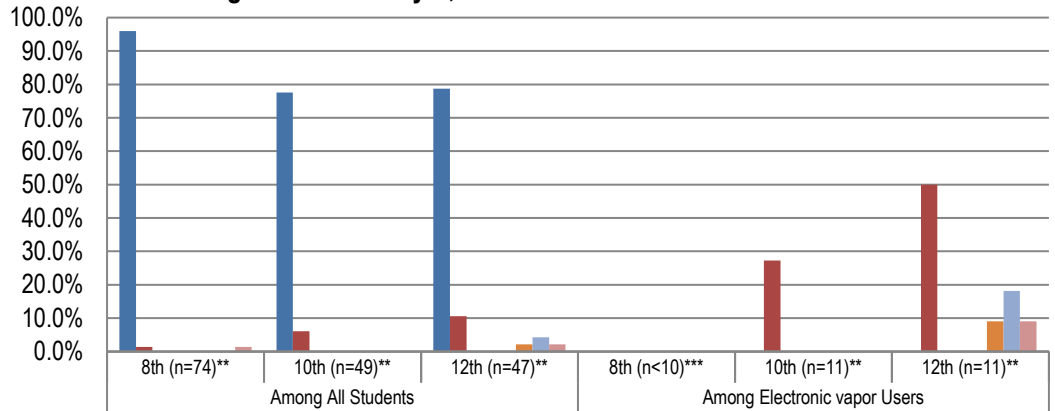
	8th (n=74)**	10th (n=49)**	12th (n=47)**	8th (n<10)***	10th (n=11)**	12th (n=11)**
		Among All Students			Among Electronic vapor Users	
Did not vape	95.9%	77.6%	78.7%			
Bought them from a friend or family member	1.4%	6.1%	10.6%		27.3%	50.0%
Bought them in a vape shop or tobacco shop	0.0%	0.0%	0.0%		0.0%	0.0%
Bought them in a store, supermarket, or gas station	0.0%	0.0%	0.0%		0.0%	0.0%
Bought them at a mall or shopping center kiosk or stand	0.0%	0.0%	0.0%		0.0%	0.0%
Bought them off the internet	0.0%	0.0%	2.1%		0.0%	9.1%
Bought them from another person	0.0%	0.0%	4.3%		0.0%	18.2%
Bought them in some other way	1.4%	0.0%	2.1%		0.0%	9.1%

*Notes. *Among past 30 day alcohol users, the percentage who reported obtaining alcohol in each manner during the past 30 days. **The n-size displayed is the largest n-size across these questions. Because each source is asked individually, the n-size may vary across sources. ***Not reporting due to the participation number is less than 10.*

Sources for Obtaining Alcohol, AMONG Students who Reported Drinking during the Past 30 Days*, 2023
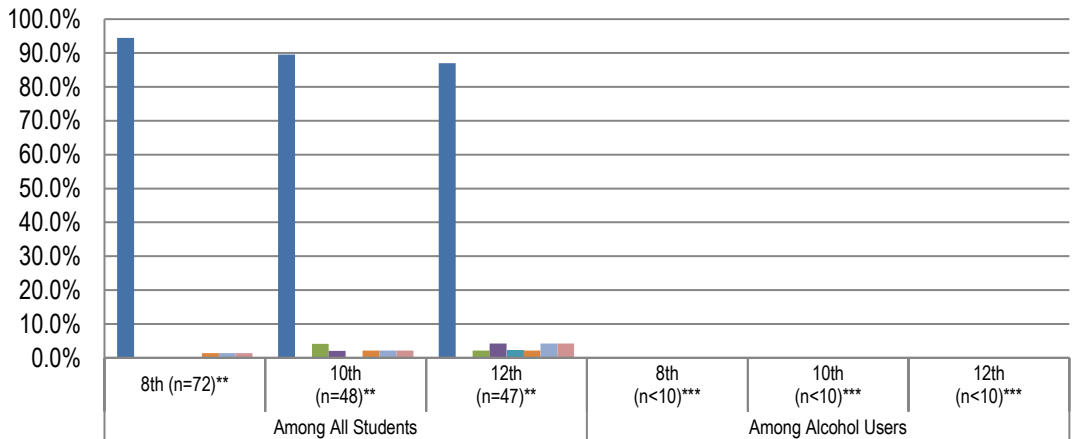
	8th (n=72)**	10th (n=48)**	12th (n=47)**	8th (n<10)***	10th (n<10)***	12th (n<10)***
		Among All Students			Among Alcohol Users	
Did not drink	94.4%	89.6%	87.0%			
Bought in store	0.0%	0.0%	0.0%			
Got it at a party	0.0%	4.2%	2.1%			
Gave someone money to buy it for me	0.0%	2.1%	4.3%			
Parents gave or bought it for me	0.0%	0.0%	2.2%			
Other family member gave or bought it for me	1.4%	2.1%	2.1%			
Took it from home without my parents' permission	1.4%	2.1%	4.3%			
Took it from friend's house	1.4%	2.1%	4.3%			

*Notes. *Among past 30 day alcohol users, the percentage who reported obtaining alcohol in each manner during the past 30 days. **The n-size displayed is the largest n-size across these questions. Because each source is asked individually, the n-size may vary across sources. ***Not reporting due to the participation number is less than 10.*

Sources for Obtaining Prescription Drugs, AMONG Students who Reported Taking Prescription Drugs during the Past 30 Days*, 2023

	Among All Students			Among Prescription Drug Users		
	8th (n=75)**	10th (n=49)**	12th (n=47)**	8th (n<10)***	10th (n<10)***	12th (n<10)***
■ I did not take prescription drugs without a doctor telling me to.	96.0%	98.0%	95.7%			
■ I took them from home without the knowledge of my parents or caregivers.	0.0%	2.0%	0.0%			
■ I bought them from someone (friend, relative, stranger, etc.).	1.3%	0.0%	0.0%			
■ I took them from someone else without their knowledge.	0.0%	0.0%	0.0%			
■ Someone gave them to me.	0.0%	0.0%	4.3%			
■ I got them some other way.	2.7%	0.0%	0.0%			

*Notes. *Among past 30 day prescription drug users, the percentage who reported obtaining prescription drugs in each manner during the past 30 days. **The n-size displayed is the largest n-size across these questions. Because each source is asked individually, the n-size may vary across sources. ***Not reporting due to the participation number is less than 10.*
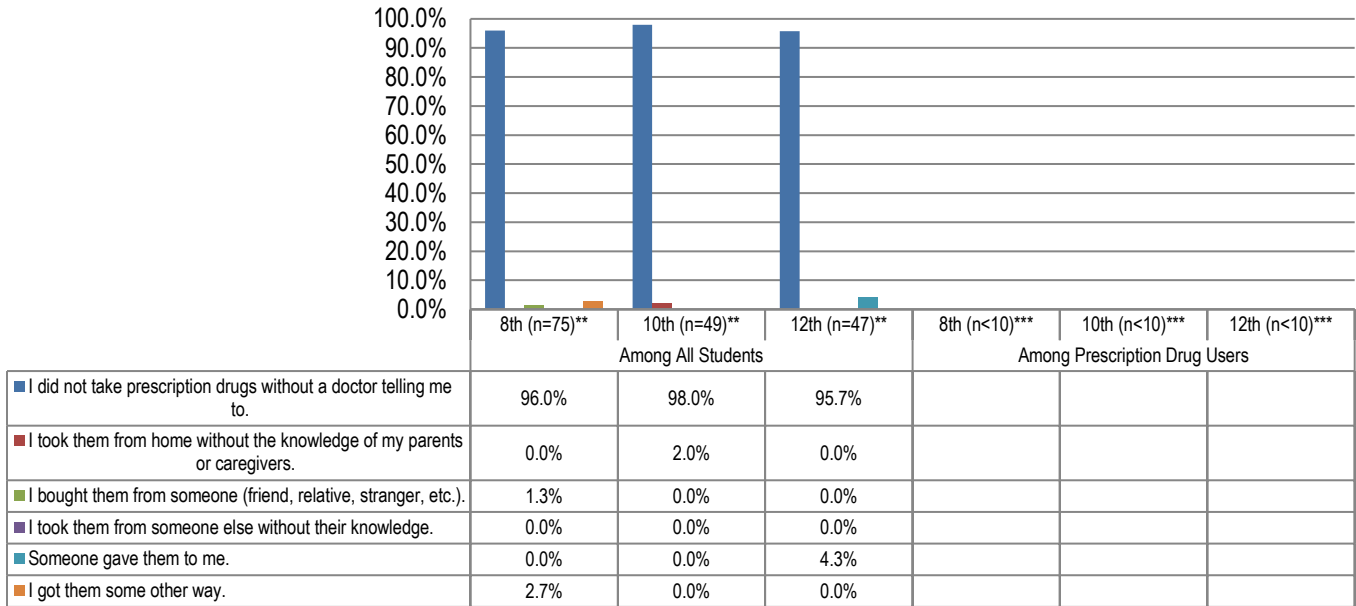
Other Substance-Related Topics

First Person to go to for Drug or Alcohol Problem*, 2023

	8th (n=74)**	10th (n=49)**	12th (n=45)**
■ A counselor in school	10.8%	8.2%	8.9%
■ Another adult in school	2.7%	2.0%	2.2%
■ Parents or caregivers	43.2%	38.8%	28.9%
■ Friends	21.6%	20.4%	22.2%
■ Counselor or program outside of school	4.1%	0.0%	0.0%
■ Another adult outside of school	8.1%	6.1%	6.7%
■ Wouldn't go to anyone	9.5%	24.5%	31.1%
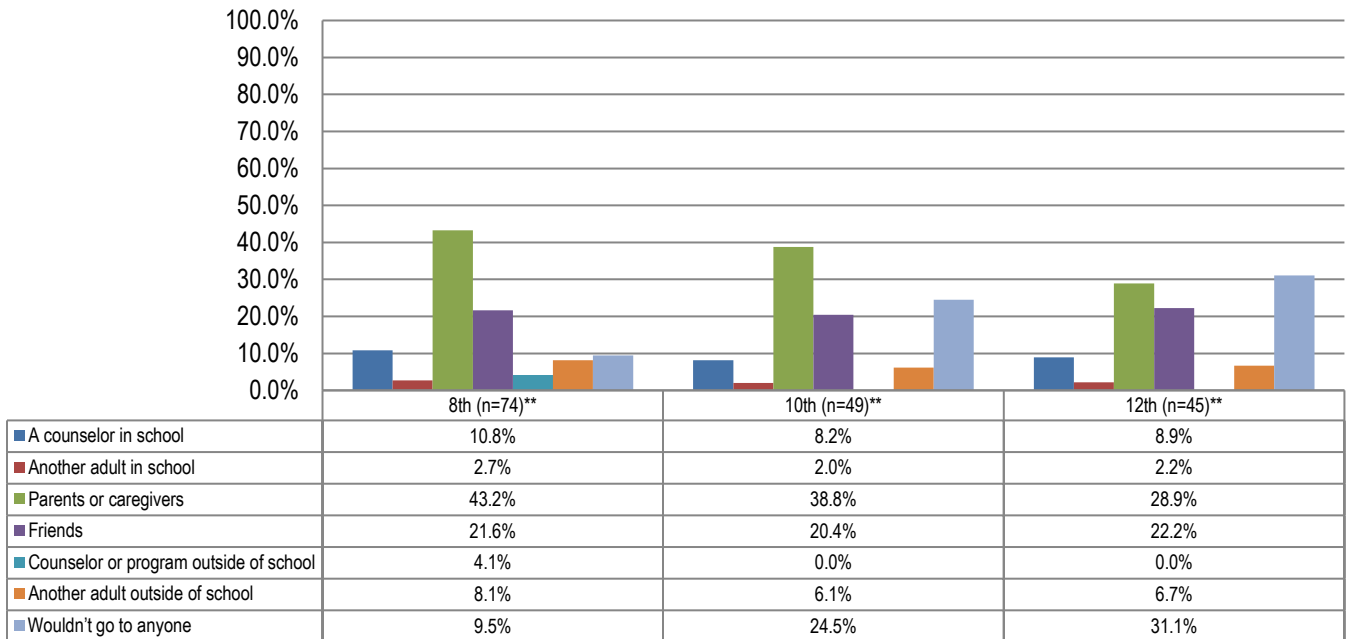
*Notes. *Based on the question "If you had a drug or alcohol problem and needed help, who is the first person you would go to?" **The n-size displayed is the same given that asking who for help is asked as one question.*

Percentage Reporting Seeing or Hearing Anti-Alcohol or Anti-Drug Messages during the Past 12 Months*, 2023

	8th (n=74)	10th (n=48)	12th (n=47)
■ Seen or heard anti-alcohol or anti-drug messages	60.8%	64.6%	61.7%
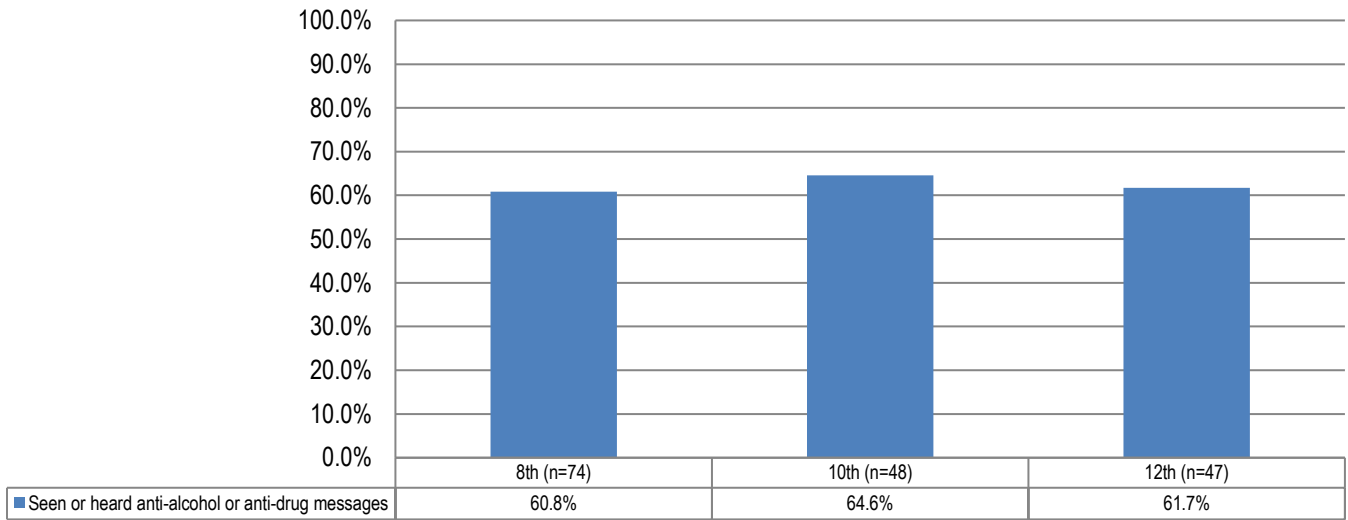
Notes. *Percentage who reported "Yes" to the question "In the past 12 months, have you seen or heard any anti-alcohol or anti-drug messages on TV, the internet, the radio, or in newspapers or magazines?"

Transportation Safety

This section contains information on transportation safety relating to alcohol-impaired and distracted driving among 8th, 10th, and 12th grade students in Custer County.

Past 30 Day Alcohol-Impaired Driving

Past 30-Day Alcohol-Impaired Driving, 2023

	8th (n=74)***	10th (n=49)***	12th (n=47)***
Drove vehicle when had been drinking*	1.4%	0.0%	8.5%
Rode in vehicle driven by someone who had been drinking alcohol**	17.6%	16.7%	12.8%

*Notes. *Percentage who reported one or more occurences to the question "During the the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?"*
***Percentage who reported one or more occurences to the question "During the the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?" ***The n-size di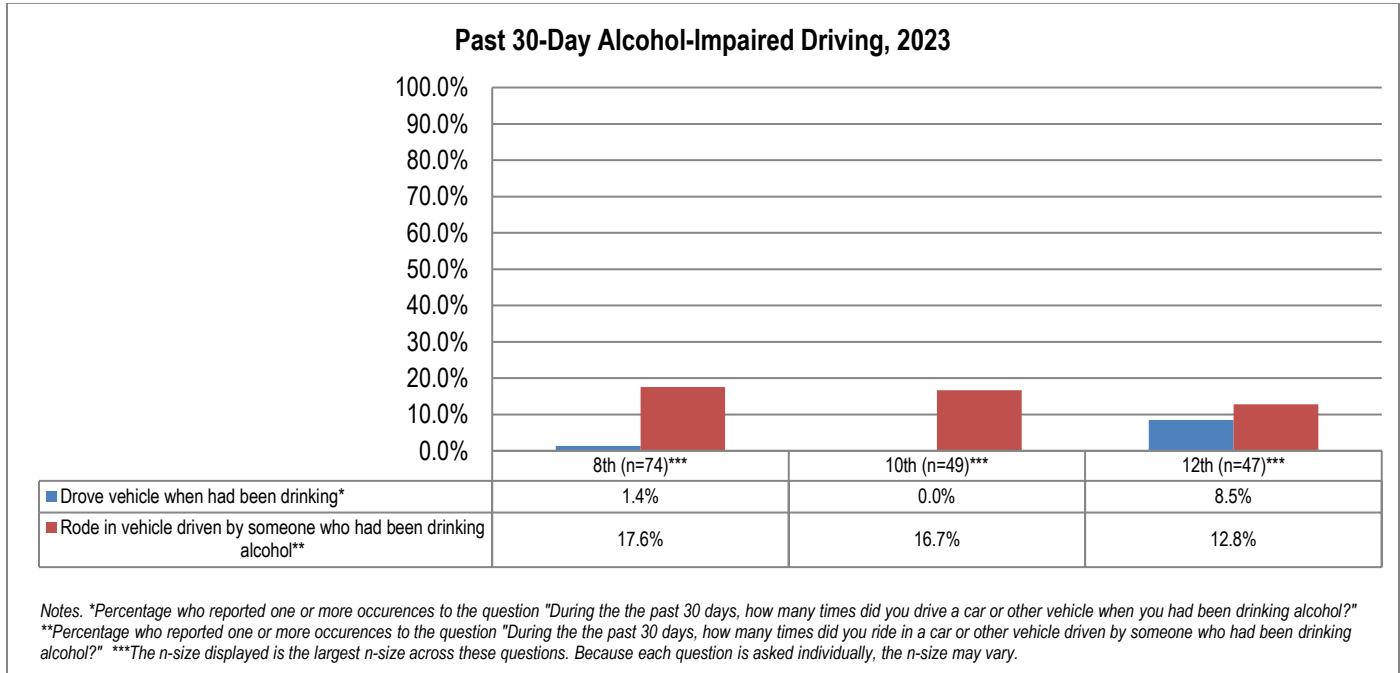splayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*

Past 30 Day Marijuana-Impaired Driving

Past 30-Day Marijuana-Impaired Driving, 2023

	8th (n=74)***	10th (n=49)***	12th (n=47)***
Drove vehicle when had used marijuana*	1.4%	4.1%	4.3%
Rode in vehicle driven by someone who had been using marijuana**	5.4%	2.0%	8.5%

*Notes. *Percentage who reported one or more occurences to the question "During the the past 30 days, how many times did you drive a car or other vehicle when you had been using marijuana?"*
***Percentage who reported one or more occurences to the question "During the the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been using marijuana?" ***The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.*

Past 30 Day Distracted Driving

Past 30-Day Distracted Driving, AMONG Students who Reported Driving during the Past 30 Days, 2023
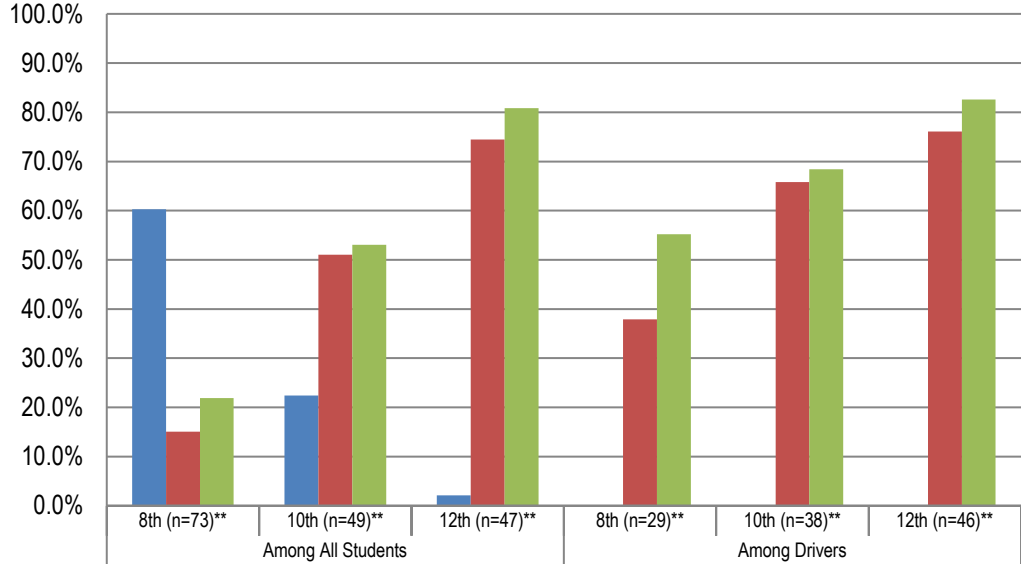
	Among All Students			Among Drivers		
	8th (n=73)**	10th (n=49)**	12th (n=47)**	8th (n=29)**	10th (n=38)**	12th (n=46)**
Did not drive	60.3%	22.4%	2.1%			
Talked on a cell phone while driving*	15.1%	51.0%	74.5%	37.9%	65.8%	76.1%
Texted or used an app on a cell phone while driving^	21.9%	53.1%	80.9%	55.2%	68.4%	82.6%

Notes. *Percentage who reported talking on a cell phone while driving a car or other vehicle in the past 30 days. ^Percentage who reported one or more occurences of texting or using an app on a cell phone while driving a car or other vehicle. **The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary.

Violence, Bullying, and Mental Health

This section contains information on dating violence, bullying, anxiety, depression, suicide, and attitudes toward the future among 8th, 10th, and 12th grade students in Custer County.

Dating Violence during the Past 12 Months

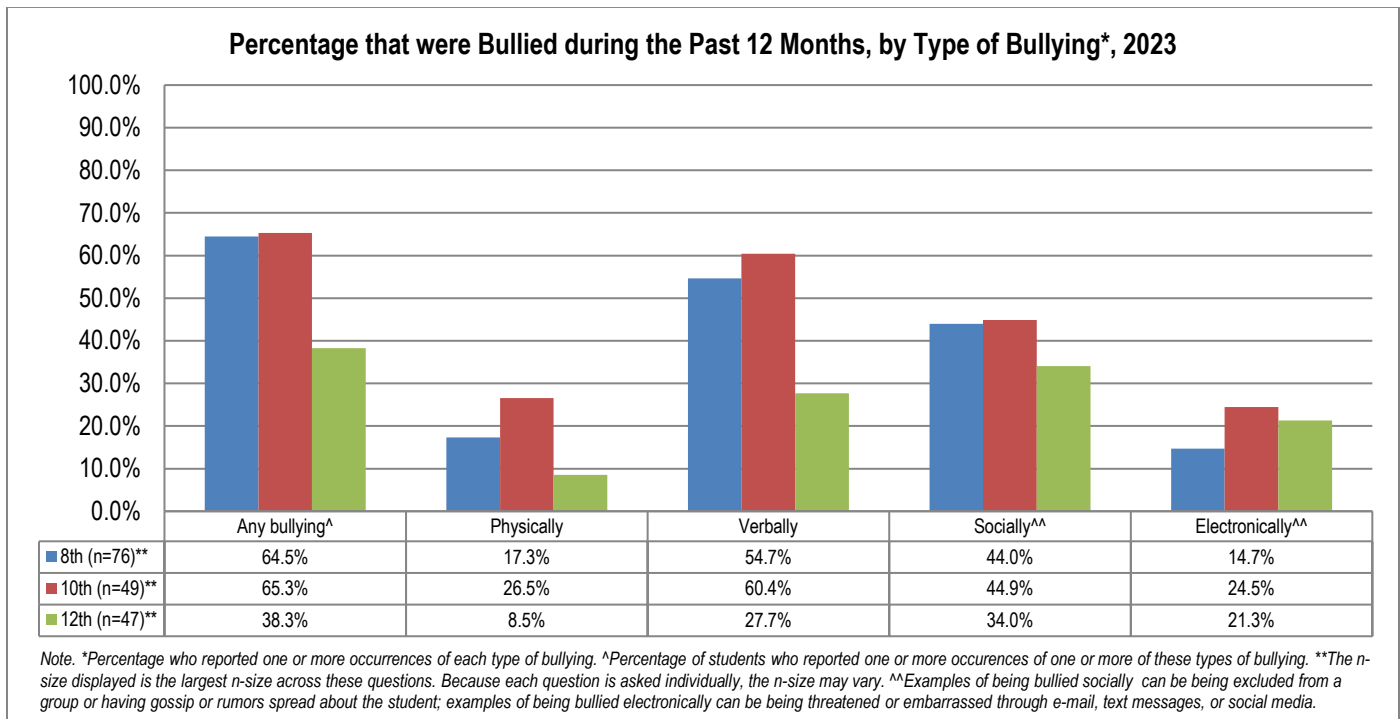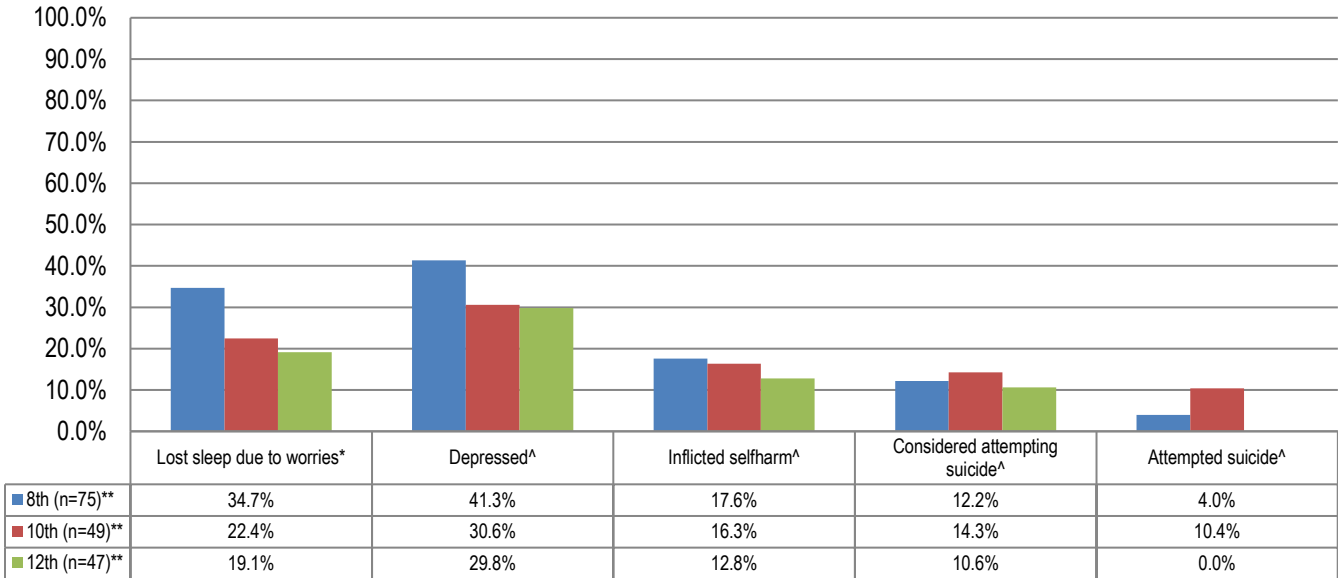**Percentage Reporting Physical Dating Violence, AMONG Students who Reported Dating during the Past 12 Months*, 2023**

	8th (n=75)	10th (n=49)	12th (n=47)	8th (n=45)	10th (n=31)	12th (n=31)
	Among All Students			Among Students who Reported Dating		
Did not date	40.0%	36.7%	34.0%			
Physically hurt by date	18.7%	4.1%	14.9%	31.1%	6.5%	22.6%

*Notes. *Percentage who reported being physically hurt on purpose one or more times by someone they were dating or going out with during the past 12 months.*

Bullying during the Past 12 Months

Percentage that were Bullied during the Past 12 Months, by Type of Bullying*, 2023

	Any bullying^	Physically	Verbally	Socially^^	Electronically^^
8th (n=76)**	64.5%	17.3%	54.7%	44.0%	14.7%
10th (n=49)**	65.3%	26.5%	60.4%	44.9%	24.5%
12th (n=47)**	38.3%	8.5%	27.7%	34.0%	21.3%

*Note. *Percentage who reported one or more occurrences of each type of bullying. ^Percentage of students who reported one or more occurences of one or more of these types of bullying. **The n-size displayed is the largest n-size across these questions. Because each question is asked individually, the n-size may vary. ^^Examples of being bullied socially can be being excluded from a group or having gossip or rumors spread about the student; examples of being bullied electronically can be being threatened or embarrassed through e-mail, text messages, or social media.*
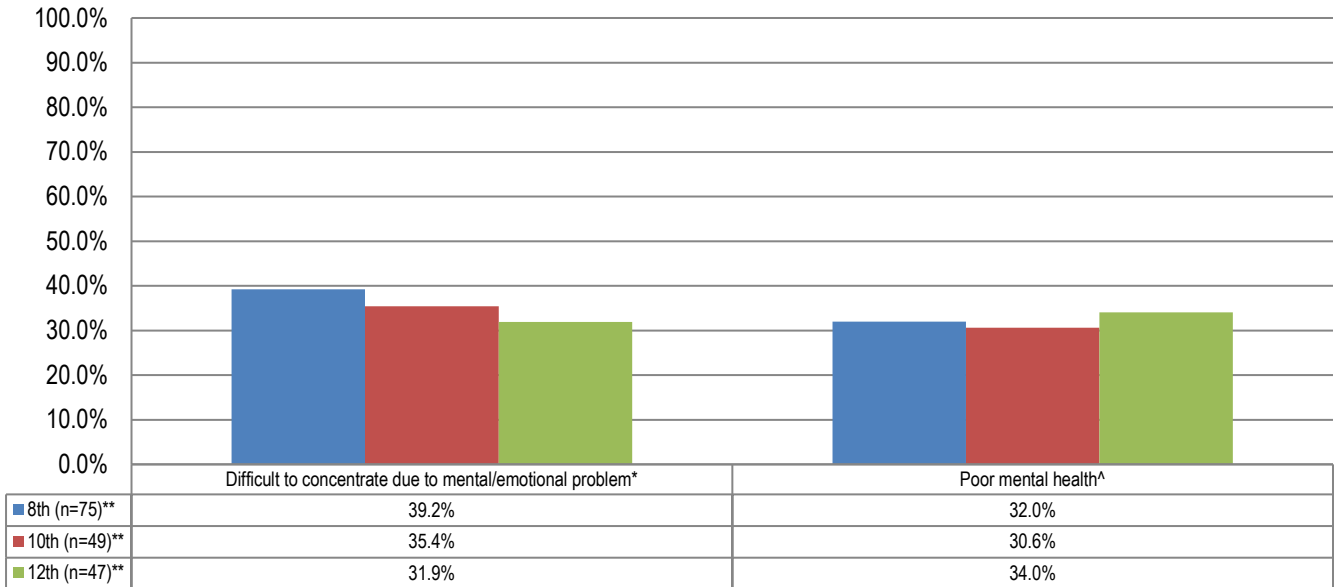
Anxiety, Depression, and Suicide during the Past 12 Months

Percentage Reporting Anxiety, Depression, and Suicide during the Past 12 Months, 2023

	Lost sleep due to worries*	Depressed^	Inflicted selfharm^	Considered attempting suicide^	Attempted suicide^
8th (n=75)**	34.7%	41.3%	17.6%	12.2%	4.0%
10th (n=49)**	22.4%	30.6%	16.3%	14.3%	10.4%
12th (n=47)**	19.1%	29.8%	12.8%	10.6%	0.0%

Notes. *Percentage who reported during the past 12 months being so worried about something they could not sleep well at night most of the time or always based on the following scale: Never, Rarely, Sometimes, Most of the time, Always. ^Percentage who reported "Yes" to the question "During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?" ?", the question "During the past 12 months, did you hurt or injure yourself on purpose without wanting to die?", the question "During the past 12 months, did you ever seriously consider attempting suicide?", and the question"During the past 12 months, did you actually attempt suicide?" .**The n-size displayed is the largest n-size across these questions. Because each source is asked individually, the n-size may vary.

Percentage Reporting Difficult to Concentrate, and Poor Mental Health during the Past 12 Months, 2023

	Difficult to concentrate due to mental/emotional problem*	Poor mental health^
8th (n=75)**	39.2%	32.0%
10th (n=49)**	35.4%	30.6%
12th (n=47)**	31.9%	34.0%

Notes. *Percentage who reported "Yes" to the question "Because of a physical, mental, or emotional problem, do you have serious difficulty concentrating, remembering, or making decisions?" ^Percentage who reported "Most of the time" or "Always" to the question "During the PAST 30 DAYS, how often was your mental health not good? (Poor mental health include stress, anxiety, and depression.)" .**The n-size displayed is the largest n-size across these questions. Because each source is asked individually, the n-size may vary.

Attitudes toward the Future

Percentage Reporting they were Hopeful About the Future during the Past Week*, 2023

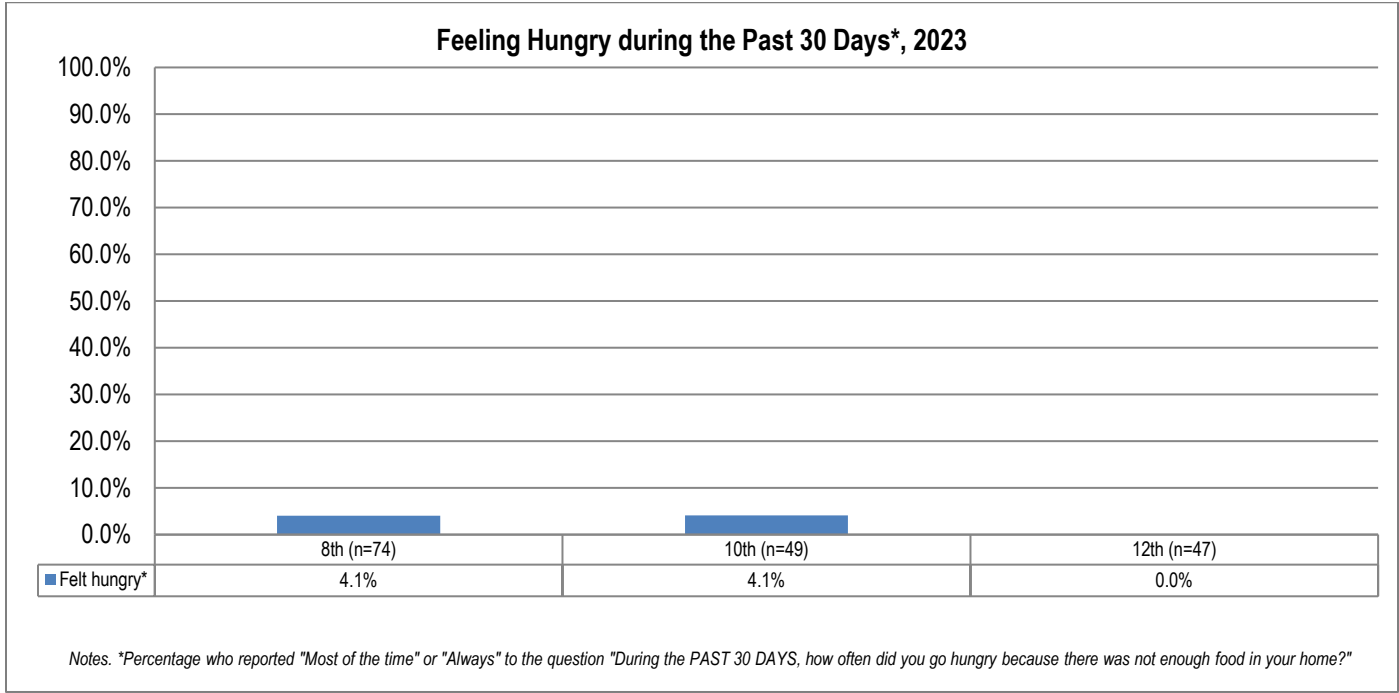|	8th (n=75)	10th (n=49)	12th (n=47)
■ Hopeful about future	57.3%	65.3%	63.8%
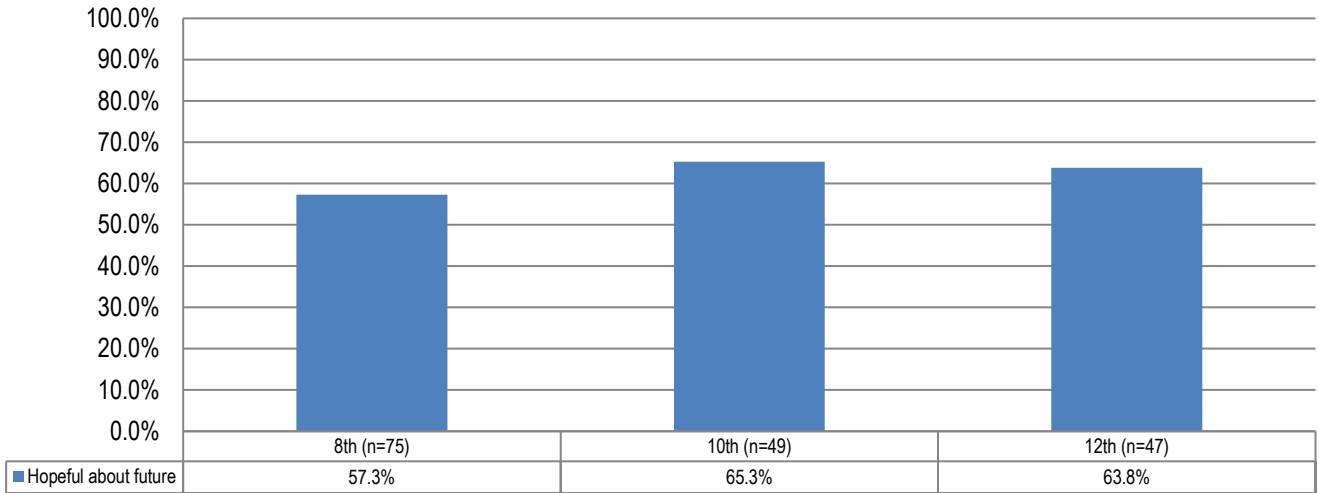
Notes. *Percentage who reported they "Agree" or "Strongly agree" to the question "In the past week, I have felt hopeful about the future." Based on the following scale: Strongly disagree, Disagree, Agree, Strongly agree.
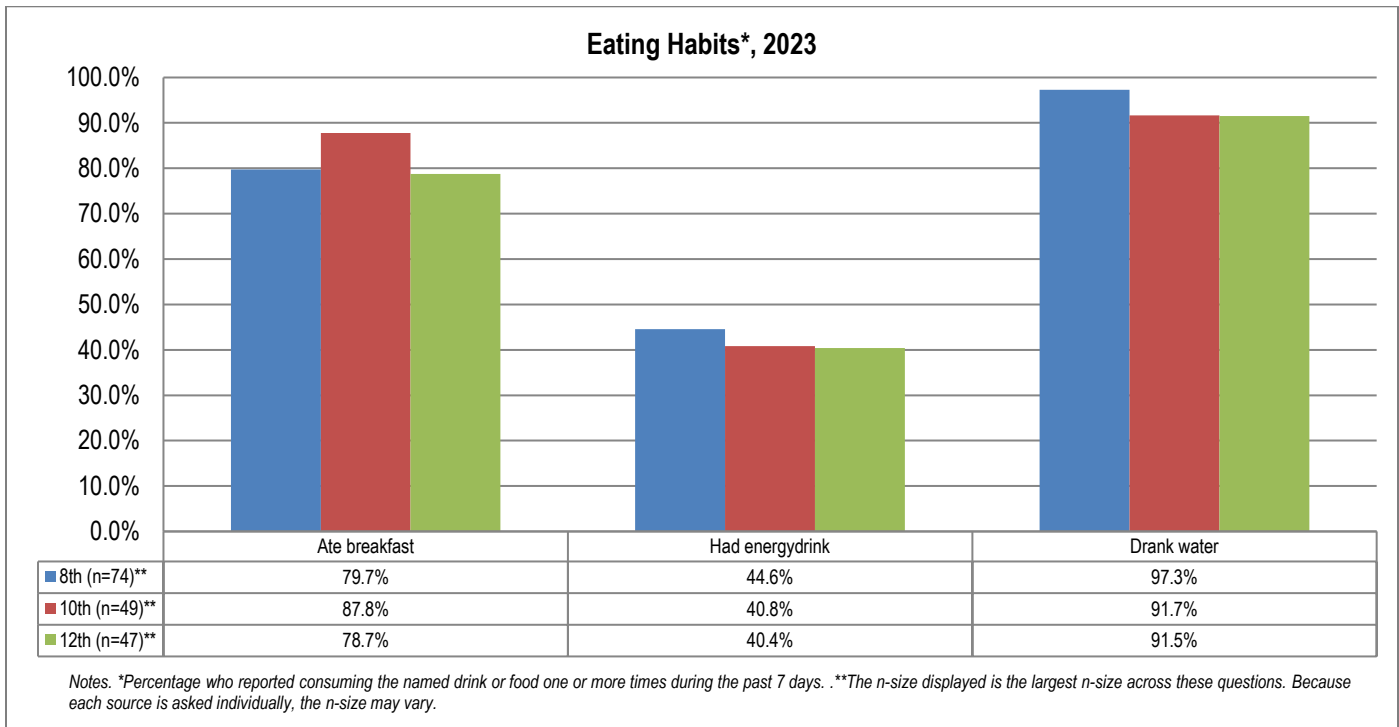
Nutrition and Physical Activity

This section contains information on food security, eating habits, physical activity, and sleep habits among 8th, 10th, and 12th grade students in Custer County.

Hunger

Feeling Hungry during the Past 30 Days*, 2023

	8th (n=74)	10th (n=49)	12th (n=47)
Felt hungry*	4.1%	4.1%	0.0%

*Notes. *Percentage who reported "Most of the time" or "Always" to the question "During the PAST 30 DAYS, how often did you go hungry because there was not enough food in your home?"*

Eating Habits

Eating Habits*, 2023

	Ate breakfast	Had energydrink	Drank water
8th (n=74)**	79.7%	44.6%	97.3%
10th (n=49)**	87.8%	40.8%	91.7%
12th (n=47)**	78.7%	40.4%	91.5%

*Notes. *Percentage who reported consuming the named drink or food one or more times during the past 7 days. .**The n-size displayed is the largest n-size across these questions. Because each source is asked individually, the n-size may vary.*

Physical Activity

Physical Activity, 2023

	8th (n=73)	10th (n=48)	12th (n=47)
Physically active	98.6%	83.3%	93.6%

*Notes. *Percentage who reported being physically active for a total of at least 60 minutes on one or more days during the past 7 days.*

Sleep Habits

Average Sleep Duration during School Night*, 2023

	8th (n=73)**	10th (n=47)**	12th (n=47)**
Less than 6 hours	23.3%	25.5%	14.9%
More than 6 but less than 7 hours	12.3%	19.1%	17.0%
More than 7 but less than 8 hours	24.7%	31.9%	40.4%
More than 8 but less than 9 hours	24.7%	21.3%	25.5%
More than 9 hours	15.1%	2.1%	2.1%

*Notes. *Percentage who reported the sleeping hours on an average school night. **The n-size displayed is the same for all people given that sleep duration is asked as one question.*

Feelings and Experiences at Home, School, and in the Community

This section contains information on feelings and experiences with family, at school, and in the community for 8th, 10th, and 12th grade students in Custer County.
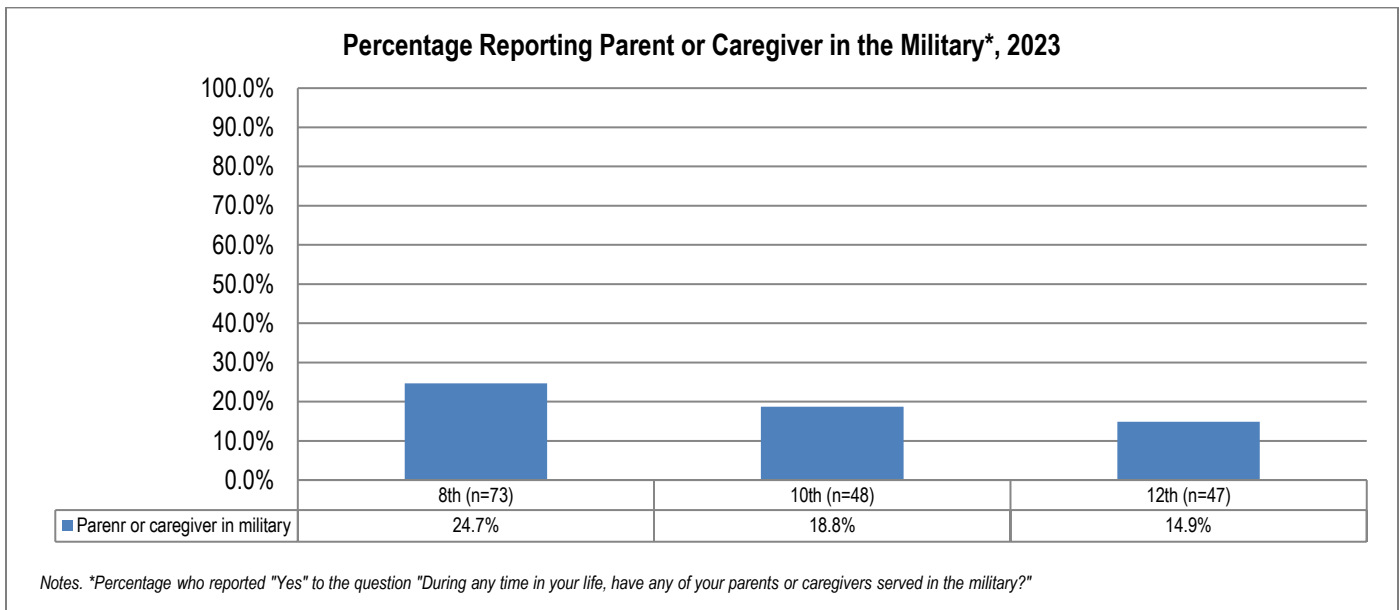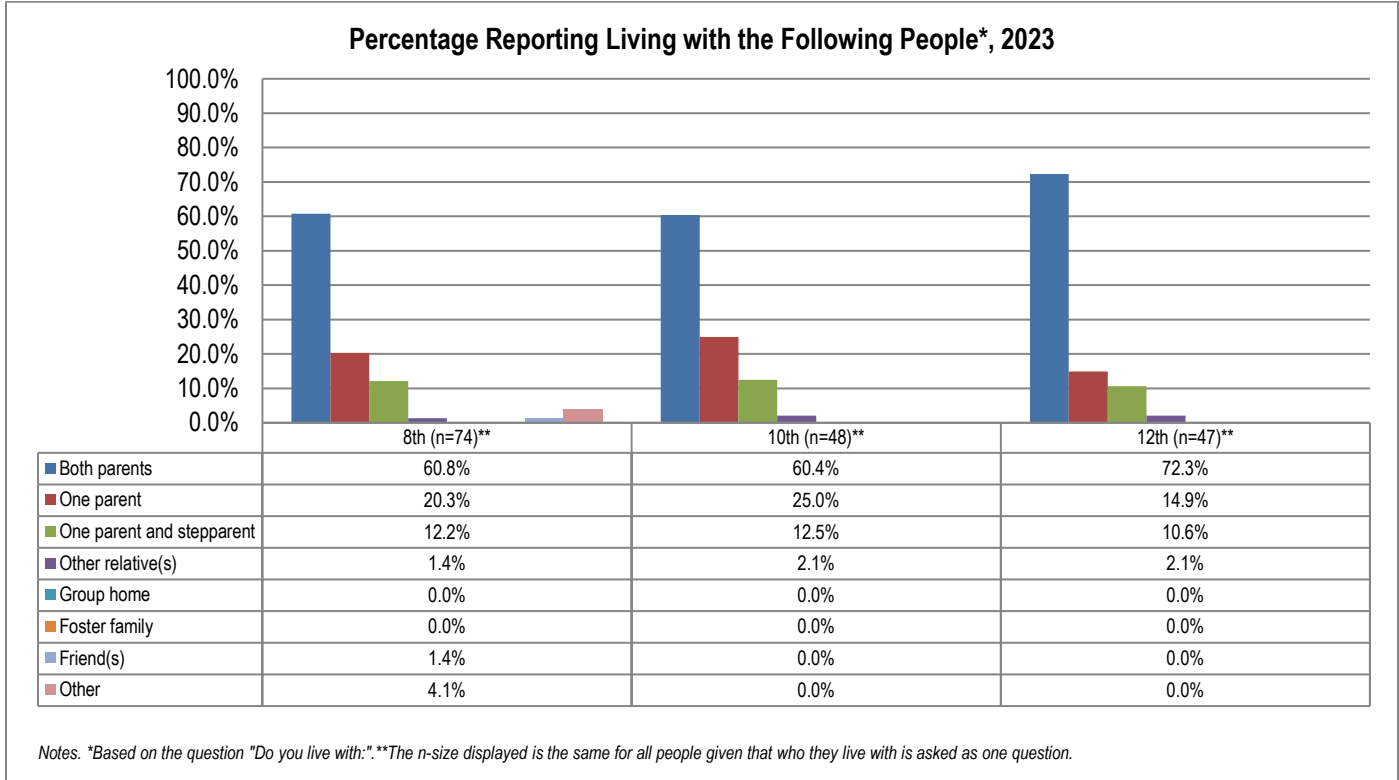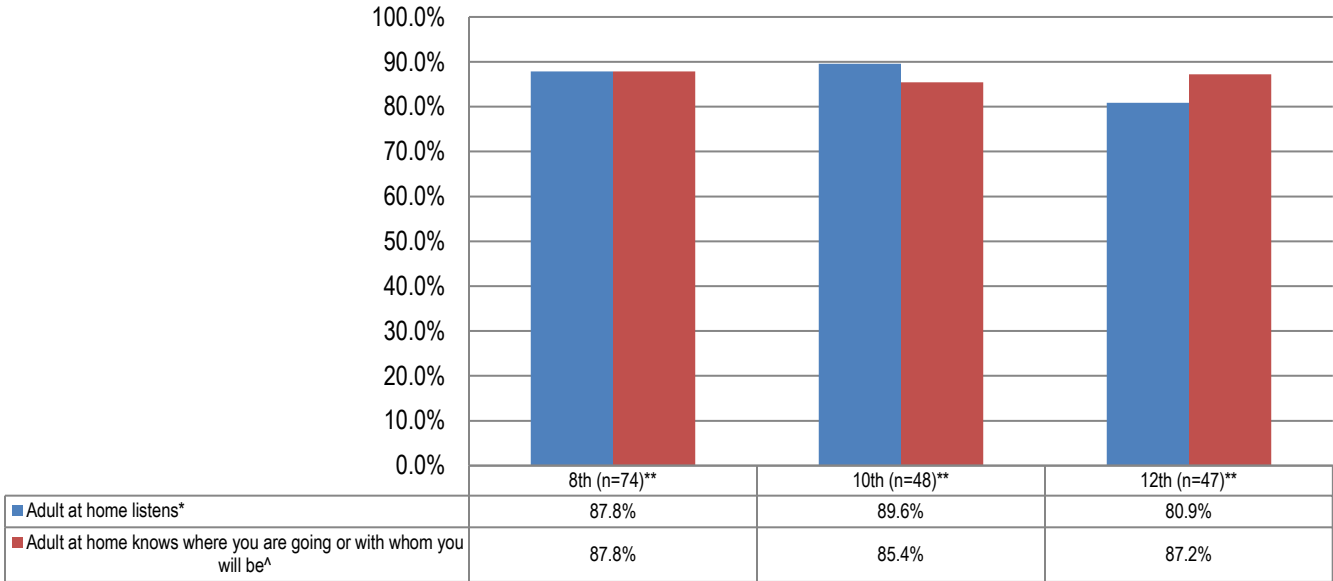
Feelings and Experiences with Family

Percentage Reporting Living with the Following People*, 2023

	8th (n=74)**	10th (n=48)**	12th (n=47)**
■ Both parents	60.8%	60.4%	72.3%
■ One parent	20.3%	25.0%	14.9%
■ One parent and stepparent	12.2%	12.5%	10.6%
■ Other relative(s)	1.4%	2.1%	2.1%
■ Group home	0.0%	0.0%	0.0%
■ Foster family	0.0%	0.0%	0.0%
■ Friend(s)	1.4%	0.0%	0.0%
■ Other	4.1%	0.0%	0.0%

*Notes. *Based on the question "Do you live with:".**The n-size displayed is the same for all people given that who they live with is asked as one question.*

Percentage Reporting Parent or Caregiver in the Military*, 2023

	8th (n=73)	10th (n=48)	12th (n=47)
■ Parenr or caregiver in military	24.7%	18.8%	14.9%

*Notes. *Percentage who reported "Yes" to the question "During any time in your life, have any of your parents or caregivers served in the military?"*

Percentage Reporting Adult at Home Who Listens, and Know Where They Are Going, 2023

	8th (n=74)**	10th (n=48)**	12th (n=47)**
■ Adult at home listens*	87.8%	89.6%	80.9%
■ Adult at home knows where you are going or with whom you will be^	87.8%	85.4%	87.2%

*Notes. *Percentage who reported they "Agree" or "Strongly agree" to the statement "In my home, there is an adult who listens to me when I have something to say." based on the following scale: Strongly disagree, Disagree, Agree, Strongly agree. ^Percentage who reported "Always" or "Most of the time" to the question "How often do your parents or other adults in your family know where you are going or with whom you will be?" based on the following scale: Never, Rarely, Sometimes, Most of the time, Always. **The n-size displayed is the largest n-size across these questions. Because each source is asked individually, the n-size may vary.*

Feelings and Experiences at School and in the Community

Percentage Reporting Adult in School who Listens*, 2023

	8th (n=73)	10th (n=49)	12th (n=47)
■ Adult in school listens	83.6%	89.8%	78.7%
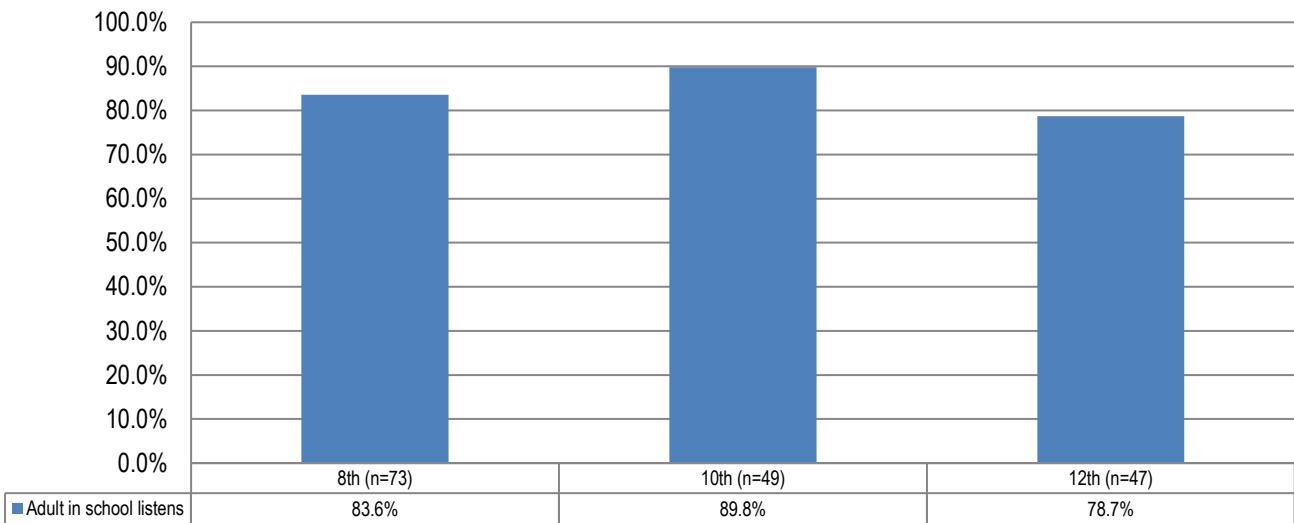
*Notes. *Percentage who reported they "Agree" or "Strongly agree" to the statement "In my school, there is an adult (such as a counselor, teacher, or coach) who listens to me when I have something to say." Based on the following scale: Strongly disagree, Disagree, Agree, Strongly agree.*

Percentage Reporting Gang Involvement*, 2023

	8th (n=75)	10th (n=49)	12th (n=47)
■ Gang involvement	4.0%	6.1%	0.0%
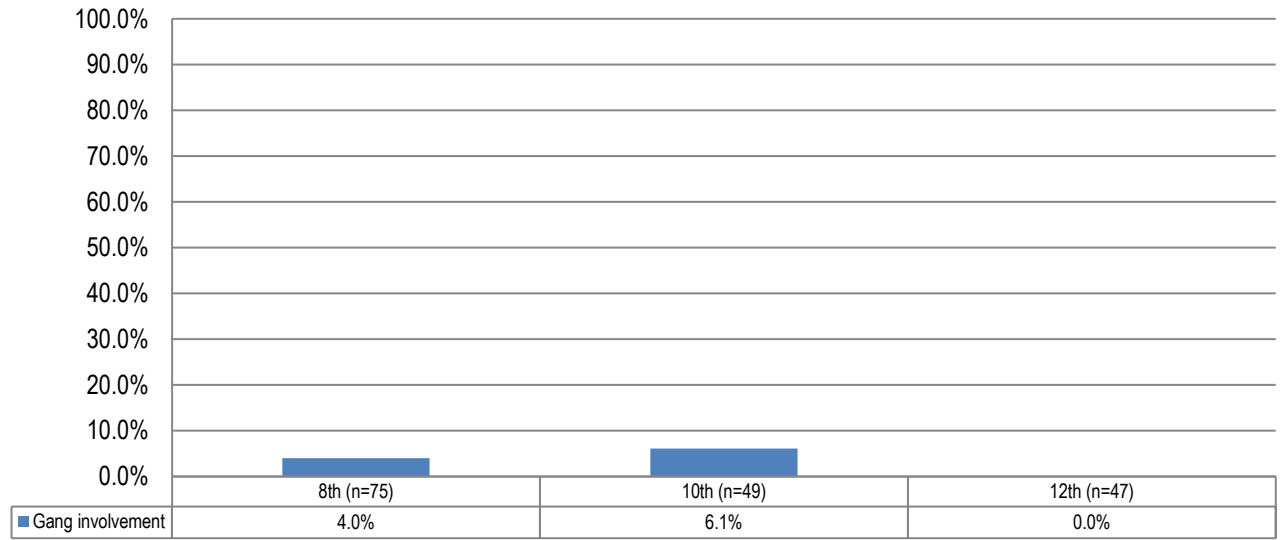
Notes. *Percentage who reported "Yes" to the question "Do you belong to a gang?"

Tips for Using the NRPFSS Results

As a valued stakeholder in your community, you play an important role in prevention by teaching skills, imparting knowledge, and in helping to establish a strong foundation of character and values based on wellness, including prevention of substance use, suicide, and other risky behaviors. Preventing mental and/or substance use disorders and related problems in children, adolescents, and young adults is critical to promoting physical health and overall wellness.

There are a variety of strategies (or interventions) that can be used to increase protective factors and reduce the impact of risk factors. Prevention in schools is often completed through educational programs and school policies and procedures that contribute to the achievement of broader health goals and prevent problem behavior.

Prevention strategies typically fall into six categories:

- **Alternative**
  - This strategy provides for the participation of the target populations in activities that exclude alcohol and drug use through the provision of constructive and healthy activities.
    - Examples of methods used for alternative strategies include the following:
      - Drug-free Social and Recreational Activities (e.g. Dances or Parties)
      - Youth and Adult Leadership Activities
      - Community Drop-in Centers
      - Community Service Activities
      - Mentoring Programs

- **Community-Based**
  - This strategy aims to enhance the ability of the community to more effectively provide substance abuse prevention services. Activities in this strategy include organizing, planning, enhancing the efficiency and effectiveness of service implementation, building coalitions and networking.
    - Examples of methods used for this strategy include the following:
      - Community and Volunteer Training (i.e. neighborhood action training, training of key people in the system)
      - Systematic Planning
      - Multi-Agency Coordination and Collaboration (i.e. leveraging resources, developing strategic partnerships)
      - Accessing Service and Funding
      - Community Team-Building

- **Education**
  - This strategy provides information and activities aimed to affect critical life and social skills, including decision-making, refusal skills and critical analysis. Prevention education is characterized by two-way communication based on an interaction between the educator and the participants.
  - Examples of methods used for this strategy include the following:
    - Classroom and Small Group Sessions
    - Parenting and Family Management Classes
    - Peer Leader and Peer Helper Programs
    - Education Programs for Youth Groups
    - Groups for Children of Substance Abusers

- **Environmental**
  - This strategy seeks to establish or change community standards, codes and attitudes, thereby influencing the incidence and prevalence of drug misuse in the general population.
    - Examples of methods used for this strategy include the following:
      - The Establishment and Review of Drug Policies in Schools
      - Technical assistance to communities to maximize local enforcement procedures governing the availability and distribution of drugs.
      - The review and modification of alcohol and tobacco advertising practices
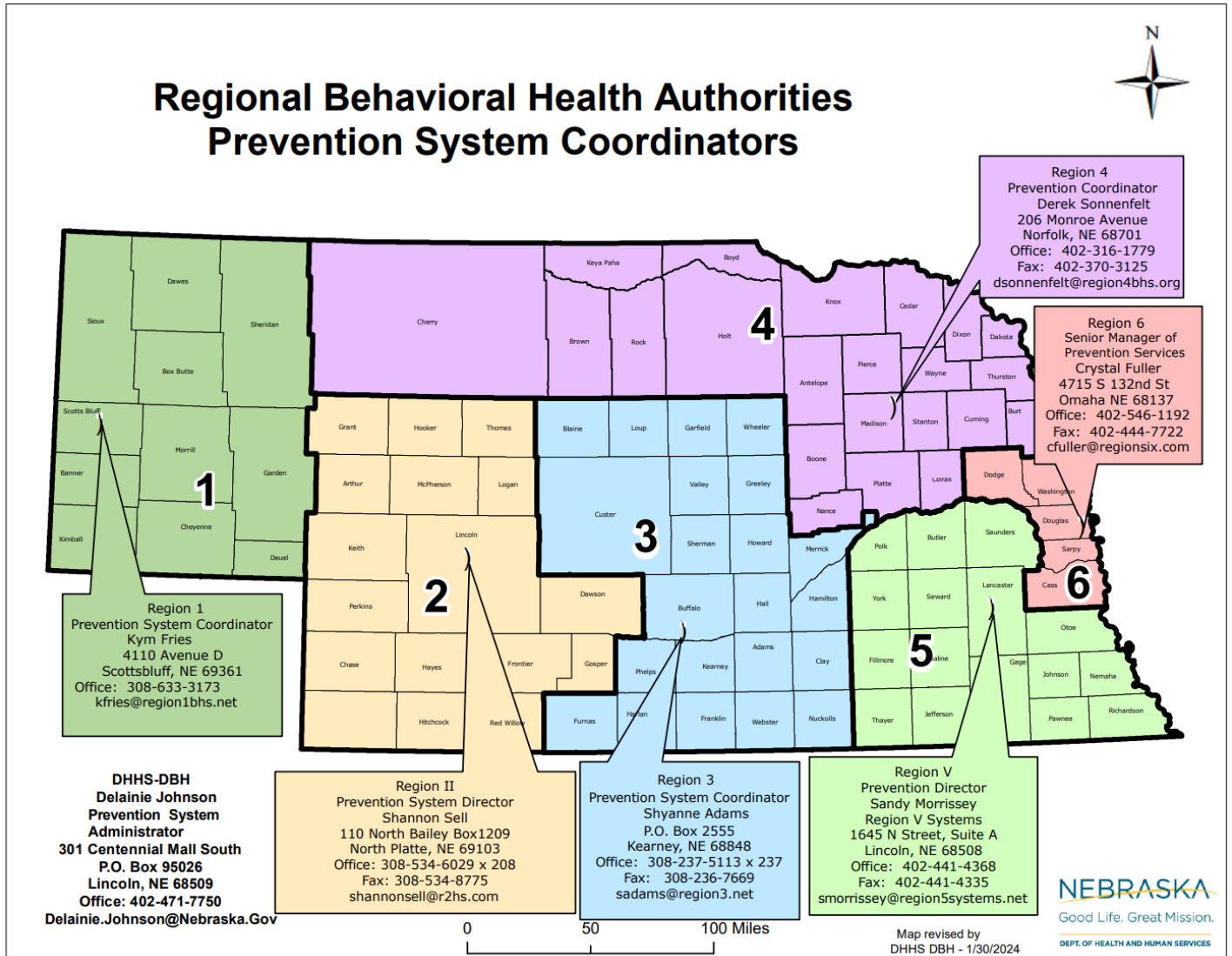   - Product pricing strategies

- **Information Dissemination**
  - This strategy provides information about the nature of drug use, misuse, addiction and the effects on individuals, families and communities. It also provides information of available prevention programs and services. The dissemination of information is characterized by one-way communication from the source to the audience, with limited contact between the two.
    - Examples of methods used for this strategy include the following:
      - Clearinghouse and other information resource centers
      - Resource directories
      - Media campaigns
      - Brochures
      - Radio and Television Public Service Announcements
      - Speaking engagements
      - Health fairs

- **Problem Identification & Referral**
  - This strategy aims to identify those who have misused substances in order to assess if their behavior can be reversed through education. It should be noted, however, that this strategy does not include any activity designed to determine if an individual is in need of treatment.
    - Examples of methods used for this strategy include the following:
      - Brief Screening/Intervention
      - Driving-while-intoxicated Education Programs
      - Employee Assistance Programs
      - Student Assistance Programs
      - Teen Courts

If you would like to implement strategies in your school or community, please contact your regional representative as shown on the map below.

Regional Behavioral Health Authorities
Prevention System Coordinators

Region 4
Prevention Coordinator
Derek Sonnenfelt
206 Monroe Avenue
Norfolk, NE 68701
Office: 402-316-1779
Fax: 402-370-3125
dsonnenfelt@region4bhs.org

Region 6
Senior Manager of
Prevention Services
Crystal Fuller
4715 S 132nd St
Omaha NE 68137
Office: 402-546-1192
Fax: 402-444-7722
cfuller@regionsix.com

Region 1
Prevention System Coordinator
Kym Fries
4110 Avenue D
Scottsbluff, NE 69361
Office: 308-633-3173
kfries@region1bhs.net

DHHS-DBH
Delainie Johnson
Prevention System
Administrator
301 Centennial Mall South
P.O. Box 95026
Lincoln, NE 68509
Office: 402-471-7750
Delainie.Johnson@Nebraska.Gov

Region II
Prevention System Director
Shannon Sell
110 North Bailey Box1209
North Platte, NE 69103
Office: 308-534-6029 x 208
Fax: 308-534-8775
shannonsell@r2hs.com

Region 3
Prevention System Coordinator
Shyanne Adams
P.O. Box 2555
Kearney, NE 68848
Office: 308-237-5113 x 237
Fax: 308-236-7669
sadams@region3.net

Region V
Prevention Director
Sandy Morrissey
Region V Systems
1645 N Street, Suite A
Lincoln, NE 68508
Office: 402-441-4368
Fax: 402-441-4335
smorrissey@region5systems.net

Map revised by
DHHS DBH - 1/30/2024

NEBRASKA
Good Life. Great Mission.
DEPT. OF HEALTH AND HUMAN SERVICES

0   50   100 Miles

You may also wish to do your own research. The following websites provide listings of evidence-based practices:

- **The Evidence-Based Practices Resource Center**
  - This is a searchable online evidence-based repository and review system designed to provide the public with reliable information on mental health and substance use interventions that are available for implementation.
  - **Website: https://www.samhsa.gov/ebp-resource-center**

- **Blueprints for Healthy Youth Development**
  - This searchable registry provides information about evidence-based programs that prevent or reduce the likelihood of antisocial behavior and promote a healthy course of youth development and adult maturity.
  - **Website: https://www.blueprintsprograms.org/**

- **The Suicide Prevention Resource Center**
  - This has a variety of suicide prevention resources available.
  - **Website: https://sprc.org/**

In accordance with LB923, public school staff in Nebraska are required to complete at least 1 hour of suicide awareness and prevention training each year. To learn more, visit the Nebraska Department of Education website at **https://www.education.ne.gov/Safety/index.html**. Resources on Bullying Prevention and Suicide Prevention are listed.

A variety of print materials on behavioral health topics including depression, trauma, anxiety, and suicide are available from the Substance Abuse and Mental Health Services Administration (SAMHSA). Materials include toolkits for school personnel, educational fact sheets for parents and caregivers, wallet cards and magnets with the National Suicide Prevention Lifeline. The direct link to the SAMHSA store is **https://store.samhsa.gov/**.

Another resource for kids, teens, and young adults is the **Boys Town National Hotline**, specifically the **Your Life Your Voice campaign**. Wallet cards and other promotional materials are available at no cost for distribution to students, school staff, parents, etc. **http://www.yourlifeyourvoice.org/Pages/home.aspx**. Remember, talking about suicide with a student does not put an idea of attempting suicide in a student's mind.

For information about Nebraska's implementation of the **988 Suicide and Crisis Lifeline** and other helpful resources, visit **https://dhhs.ne.gov/Pages/988-Suicide-and-Crisis-Lifeline.aspx**

Additional contacts for tips on data use and prevention resources can be found in Appendix B.

APPENDIX A: Trend Data

Metric	Definition	8th Grade County-Level^^^					8th Grade State-Level^^^				
		2014	2016	2018	2021	2023	2014	2016	2018	2021	2023
Substance Use Outcomes											
Lifetime Substance Use	**Alcohol**	10.5%	13.8%	36.4%	47.6%	33.8%	18.4%	23.0%	28.4%	28.3%	27.0%
	Cigarettes	1.8%	0.0%	18.2%	14.3%	4.0%	10.1%	7.6%	7.0%	5.8%	5.0%
	Electronic vapor product^^	NA**	4.3%	27.3%	19.0%	6.7%	NA**	12.4%	17.7%	14.1%	10.9%
	Smokeless tobacco	7.0%	1.1%	18.2%	14.3%	2.7%	3.7%	3.6%	3.4%	3.3%	2.0%
	Marijuana	1.8%	1.1%	0.0%	9.5%	2.7%	5.8%	5.4%	6.0%	4.8%	4.5%
	LSD/other psychedelics	0.0%	1.1%	0.0%	0.0%	0.0%	0.4%	0.4%	0.7%	0.5%	0.8%
	Cocaine/crack	0.0%	1.1%	0.0%	0.0%	0.0%	0.5%	0.2%	0.3%	0.4%	0.2%
	Meth	0.0%	0.0%	0.0%	0.0%	0.0%	0.3%	0.2%	0.2%	0.3%	0.4%
	Inhalants	1.8%	0.0%	0.0%	14.3%	5.3%	4.3%	3.6%	4.6%	5.1%	4.5%
	Prescription drugs	1.8%	2.2%	0.0%	14.3%	2.7%	1.7%	1.6%	2.3%	4.1%	2.8%
Past 30-Day Substance Use	**Alcohol**	3.5%	2.1%	18.2%	19.0%	8.2%	4.4%	7.3%	9.8%	9.2%	8.6%
	Binge drinking	3.5%	0.0%	0.0%	9.5%	4.1%	2.2%	1.0%	1.3%	1.5%	1.2%
	Alcohol with other substance	NA**	NA**	NA***	NA***	NA***	NA**	NA**	12.6%	9.2%	11.2%
	Cigarettes	0.0%	0.0%	9.1%	9.5%	1.3%	2.9%	2.3%	2.0%	1.2%	1.0%
	Electronic vapor product^^	NA**	1.1%	9.1%	19.0%	2.7%	NA**	6.0%	10.4%	6.9%	5.4%
	Smokeless tobacco	5.3%	0.0%	9.1%	9.5%	2.7%	2.1%	1.9%	2.4%	1.5%	1.0%
	Marijuana	1.8%	0.0%	0.0%	0.0%	0.0%	2.3%	2.8%	3.0%	2.2%	1.9%
	Prescription drugs	1.8%	1.1%	0.0%	5.0%	1.4%	0.6%	0.5%	1.0%	1.7%	1.1%
Past 30-Day Impaired Driving	**Drove a car under the influence of alcohol**	1.8%	1.1%	0.0%	14.3%	1.4%	0.4%	1.0%	0.9%	1.0%	1.0%
	Rode in a car driven by someone under the influence of alcohol	14.0%	13.8%	27.3%	42.9%	17.6%	13.3%	14.0%	16.1%	17.6%	16.9%
	Drove a car under the influence of Marijuana	NA**	NA**	NA**	0.0%	1.4%	NA**	NA**	NA**	0.9%	0.7%
	Rode in a car driven by someone under the influence of Marijuana	NA**	NA**	NA**	0.0%	5.4%	NA**	NA**	NA**	4.9%	4.1%

Metric	Definition	8th Grade County-Level^^^					8th Grade State-Level^^^				
		2014	2016	2018	2021	2023	2014	2016	2018	2021	2023
Mental Health Outcomes											
Past 12 Months Mental Health	**Lost Sleep**	NA**	9.8%	18.2%	14.3%	34.7%	NA**	16.1%	18.0%	21.4%	19.9%
	Depressed	NA**	22.6%	27.3%	23.8%	41.3%	NA**	28.4%	31.1%	36.1%	32.5%
	Inflicted self-harm	NA**	10.8%	18.2%	9.5%	17.6%	NA**	12.2%	13.6%	17.0%	14.7%
	Considered attempting suicide	NA**	5.4%	18.2%	14.3%	12.2%	NA**	13.9%	16.1%	16.1%	14.3%
	Attempted suicide	NA**	3.2%	0.0%	4.8%	4.0%	NA**	3.6%	3.9%	4.4%	3.8%
	Difficult to concentrate	NA**	NA**	NA**	NA**	39.2%	NA**	NA**	NA**	NA**	33.5%
Behavioral Health Risk Factors											
Age of First Use (12 or Younger)	**Smoked cigarettes**	1.8%	2.2%	9.1%	14.3%	4.0%	6.7%	5.3%	5.0%	5.7%	4.2%
	Electronic vapor product^^	NA**	NA**	NA**	NA**	4.0%	NA**	NA**	NA**	NA**	6.2%
	Drank alcohol	5.5%	6.6%	9.1%	19.0%	16.0%	14.2%	15.1%	17.5%	18.3%	15.5%
	Smoked Marijuana	1.8%	0.0%	0.0%	4.8%	2.7%	2.4%	2.2%	2.2%	1.9%	2.2%
Perception of Peer's Past 30-Day Substance Use	**Smoked cigarettes**	4.0%	3.1%	1.5%	4.8%	7.0%	9.8%	7.6%	7.4%	11.6%	6.9%
	Used electronic vapor product^^	NA**	NA**	NA**	NA**	11.7%	NA**	NA**	NA**	NA**	16.4%
	Drank alcohol	4.4%	3.7%	3.9%	13.9%	13.9%	10.0%	9.1%	9.8%	13.7%	11.8%
	Used Marijuana	2.9%	1.2%	0.0%	1.0%	4.3%	9.0%	8.0%	7.1%	8.7%	6.0%
Experienced bullying in past 12 months	**Physically**	NA**	17.0%	18.2%	38.1%	17.3%	NA**	27.8%	26.8%	27.5%	26.2%
	Verbally	NA**	42.6%	63.6%	61.9%	54.7%	NA**	55.7%	52.8%	51.3%	53.4%
	Socially	NA**	37.2%	54.5%	42.9%	44.0%	NA**	47.0%	45.3%	43.4%	44.2%
	Electronically	5.3%	20.2%	9.1%	28.6%	14.7%	21.0%	22.2%	20.0%	22.5%	21.0%
Sort of Easy or Very Easy to Obtain Substance	**Alcohol**	28.1%	23.9%	45.5%	42.9%	23.3%	31.1%	31.5%	34.1%	31.6%	31.7%
	Marijuana	10.5%	4.3%	0.0%	10.0%	1.4%	14.1%	13.3%	13.5%	9.5%	8.2%
	Prescription drugs	7.1%	11.8%	18.2%	9.5%	15.5%	18.0%	17.6%	20.3%	16.9%	16.0%
	Cigarettes	17.5%	8.8%	NA**	NA**	12.3%	22.9%	21.5%	NA**	NA**	16.0%
	Electronic vapor products^^	NA**	NA**	NA**	NA**	9.6%	NA**	NA**	NA**	NA**	20.3%

Metric	Definition	8th Grade County-Level^^^					8th Grade State-Level^^^				
		2014	2016	2018	2021	2023	2014	2016	2018	2021	2023
Behavioral Health Protective Factors											
Experiences at School	**Grades were A's and B's**	94.6%	81.9%	81.8%	61.9%	85.3%	83.0%	83.1%	82.5%	81.5%	81.3%
	Felt safe	92.9%	92.2%	90.9%	90.5%	86.7%	89.5%	89.2%	88.9%	88.6%	87.2%
Experiences with Families	**Help for personal problems^**	86.0%	90.4%	90.9%	90.5%	85.1%	84.3%	86.2%	83.9%	85.2%	81.0%
	Discussed dangers of alcohol	64.9%	52.1%	36.4%	42.9%	36.5%	54.0%	45.3%	46.6%	41.1%	37.9%
	Discussed dangers of electronic vapor products^^	NA**	NA**	NA**	NA**	36.5%	NA**	NA**	NA**	NA**	40.4%
Very wrong for person your age to:	**Smoke cigarettes**	100.0%	97.8%	90.9%	90.5%	93.2%	94.6%	94.6%	94.7%	94.4%	95.9%
	Use smokeless tobacco	96.4%	96.7%	90.0%	95.2%	93.3%	95.0%	93.9%	94.2%	94.2%	95.5%
	Use electronic vapor product^^	NA**	NA**	NA**	NA**	92.0%	NA**	NA**	NA**	NA**	93.1%
	Drink alcohol	96.4%	93.4%	90.9%	85.7%	86.7%	92.9%	88.0%	85.9%	85.8%	85.6%
	Use Marijuana	98.2%	96.7%	100.0%	100.0%	93.3%	92.2%	90.9%	91.6%	93.1%	94.7%
	Misuse prescription drugs	100.0%	96.7%	100.0%	90.5%	93.3%	96.5%	95.4%	95.4%	94.4%	94.5%
	Use other illegal substances	100.0%	98.9%	100.0%	100.0%	95.9%	98.3%	98.3%	98.4%	98.6%	98.6%
Recall of Prevention Advertisement	**Saw or Heard Anti-Alcohol or Anti-Substance Media in the Past 12 Months**	NA**	79.3%	63.6%	47.6%	60.8%	NA**	76.4%	72.3%	66.8%	60.5%
Perceived Great Risk of Harm From:	**Smoking 1 or more packs of cigarettes daily**	66.7%	68.5%	63.6%	57.1%	46.7%	65.8%	67.8%	63.0%	58.2%	58.5%
	Using electronic vapor product 1 or 2 times per week^^	NA**	NA**	NA**	9.5%	24.0%	NA**	NA**	NA**	31.8%	34.1%
	Binge drinking 1 or 2 times per week	45.6%	57.6%	54.5%	28.6%	22.7%	50.8%	57.4%	43.1%	37.3%	40.5%
	Using Marijuana	75.4%	55.9%	63.6%	47.6%	46.7%	69.1%	51.6%	48.0%	46.8%	51.1%
	Misusing prescription drugs	61.4%	57.0%	63.6%	52.4%	58.7%	61.0%	59.5%	62.0%	56.3%	60.2%

Metric	Definition	10th Grade County-Level^^^					10th Grade State-Level^^^				
		2014	2016	2018	2021	2023	2014	2016	2018	2021	2023
Substance Use Outcomes											
Lifetime Substance Use	**Alcohol**	50.7%	33.8%	58.8%	50.0%	42.9%	40.5%	42.3%	44.3%	42.6%	35.1%
	Cigarettes	20.0%	8.8%	11.8%	20.0%	14.3%	20.8%	17.5%	13.8%	10.1%	7.0%
	Electronic vapor product^^	NA**	14.9%	47.1%	30.0%	22.4%	NA**	28.0%	37.6%	25.4%	18.2%
	Smokeless tobacco	24.6%	10.3%	23.5%	10.0%	12.2%	11.9%	10.4%	8.5%	4.9%	3.8%
	Marijuana	10.6%	5.9%	5.9%	10.0%	10.2%	17.7%	17.4%	16.7%	15.2%	10.4%
	LSD/other psychedelics	1.5%	1.5%	0.0%	0.0%	2.0%	2.0%	2.7%	2.3%	2.2%	1.4%
	Cocaine/crack	0.0%	2.9%	0.0%	NA***	0.0%	1.3%	1.0%	0.7%	0.7%	0.4%
	Meth	1.5%	0.0%	0.0%	0.0%	0.0%	0.7%	0.5%	0.5%	0.3%	0.3%
	Inhalants	4.5%	1.5%	5.9%	30.0%	6.3%	3.5%	3.2%	3.6%	4.1%	2.7%
	Prescription drugs	6.0%	5.9%	0.0%	0.0%	2.0%	5.0%	5.6%	4.3%	5.5%	3.2%
Past 30-Day Substance Use	**Alcohol**	23.9%	10.3%	23.5%	30.0%	24.5%	15.9%	20.0%	20.1%	18.2%	14.3%
	Binge drinking	16.4%	5.9%	0.0%	10.0%	8.2%	9.5%	6.9%	6.2%	6.3%	5.1%
	Alcohol with other substance	NA**	NA**	NA***	NA***	20.0%	NA**	NA**	11.6%	11.3%	11.4%
	Cigarettes	9.1%	8.8%	0.0%	0.0%	10.2%	7.6%	6.7%	4.1%	1.8%	1.6%
	Electronic vapor product^^	NA**	5.9%	29.4%	0.0%	10.2%	NA**	12.3%	24.7%	14.3%	8.9%
	Smokeless tobacco	12.1%	4.4%	11.8%	0.0%	12.2%	7.1%	6.1%	5.4%	2.5%	2.5%
	Marijuana	6.0%	3.0%	0.0%	0.0%	8.3%	7.6%	8.8%	7.3%	7.6%	4.7%
	Prescription drugs	4.5%	2.9%	0.0%	0.0%	2.1%	2.2%	2.6%	1.4%	1.6%	0.9%
Past 30-Day Impaired Driving	**Drove a car under the influence of alcohol**	4.5%	5.9%	0.0%	0.0%	0.0%	1.8%	2.1%	2.7%	1.8%	2.6%
	Rode in a car driven by someone under the influence of alcohol	7.7%	14.9%	11.8%	30.0%	16.7%	15.7%	12.4%	16.7%	14.3%	16.1%
	Drove a car under the influence of Marijuana	NA**	NA**	NA**	0.0%	4.1%	NA**	NA**	NA**	3.0%	2.1%
	Rode in a car driven by someone under the influence of Marijuana	NA**	NA**	NA**	0.0%	2.0%	NA**	NA**	NA**	8.9%	7.0%

Metric	Definition	10th Grade County-Level^^^					10th Grade State-Level^^^				
		2014	**2016**	**2018**	**2021**	**2023**	**2014**	**2016**	**2018**	**2021**	**2023**
Mental Health Outcomes											
Past 12 Months Mental Health	**Lost Sleep**	NA**	20.6%	23.5%	20.0%	22.4%	NA**	19.5%	20.6%	23.7%	20.1%
	Depressed	NA**	23.9%	47.1%	20.0%	30.6%	NA**	33.9%	34.8%	42.0%	35.0%
	Inflicted self-harm	NA**	14.7%	5.9%	10.0%	16.3%	NA**	14.3%	13.7%	17.5%	13.9%
	Considered attempting suicide	NA**	13.2%	5.9%	0.0%	14.3%	NA**	17.3%	17.7%	20.2%	13.8%
	Attempted suicide	NA**	4.4%	5.9%	0.0%	10.4%	NA**	4.6%	4.3%	5.5%	3.6%
	Difficult to concentrate	NA**	NA**	NA**	NA**	35.4%	NA**	NA**	NA**	NA**	33.0%
Behavioral Health Risk Factors											
Age of First Use (12 or Younger)	**Smoked cigarettes**	6.2%	5.9%	0.0%	10.0%	6.1%	8.1%	6.6%	5.6%	4.8%	3.3%
	Electronic vapor product^^	NA**	NA**	NA**	NA**	8.2%	NA**	NA**	NA**	NA**	4.3%
	Drank alcohol	21.9%	10.3%	6.3%	20.0%	12.2%	10.4%	10.0%	11.0%	11.3%	9.3%
	Smoked Marijuana	1.5%	3.0%	0.0%	0.0%	0.0%	2.9%	2.9%	2.9%	2.2%	1.7%
Perception of Peer's Past 30-Day Substance Use	**Smoked cigarettes**	23.8%	10.3%	4.4%	7.2%	12.1%	23.1%	20.6%	16.6%	17.2%	14.0%
	Used electronic vapor product^^	NA**	NA**	NA**	NA**	27.2%	NA**	NA**	NA**	NA**	33.9%
	Drank alcohol	33.6%	15.1%	12.7%	19.9%	23.4%	32.0%	30.7%	28.1%	30.4%	29.2%
	Used Marijuana	19.4%	8.6%	0.6%	0.6%	9.7%	24.4%	24.6%	20.3%	21.2%	18.4%
Experienced bullying in past 12 months	**Physically**	NA**	20.6%	17.6%	10.0%	26.5%	NA**	19.9%	17.2%	15.3%	15.7%
	Verbally	NA**	47.1%	41.2%	60.0%	60.4%	NA**	50.9%	45.8%	42.3%	43.1%
	Socially	NA**	41.2%	29.4%	60.0%	44.9%	NA**	45.2%	43.0%	39.1%	39.8%
	Electronically	13.6%	16.2%	23.5%	10.0%	24.5%	19.3%	23.4%	21.4%	21.4%	19.4%
Sort of Easy or Very Easy to Obtain Substance	**Alcohol**	56.7%	53.0%	64.7%	30.0%	45.8%	55.5%	52.8%	53.7%	47.8%	46.2%
	Marijuana	33.3%	21.5%	17.6%	10.0%	27.1%	34.6%	34.9%	32.5%	25.9%	22.3%
	Prescription drugs	26.9%	13.8%	35.3%	10.0%	14.6%	28.2%	26.4%	26.5%	19.7%	19.4%
	Cigarettes	43.3%	27.3%	NA**	NA**	29.2%	43.6%	39.8%	NA**	NA**	23.7%
	Electronic vapor products^^	NA**	NA**	NA**	NA**	31.3%	NA**	NA**	NA**	NA**	35.4%

Metric	Definition	10th Grade County-Level^^^					10th Grade State-Level^^^				
		2014	2016	2018	2021	2023	2014	2016	2018	2021	2023
Behavioral Health Protective Factors											
Experiences at School	**Grades were A's and B's**	83.3%	84.8%	94.1%	90.0%	77.1%	78.4%	79.7%	80.8%	78.4%	79.5%
	Felt safe	87.3%	87.9%	100.0%	100.0%	83.7%	87.2%	87.1%	88.5%	86.7%	87.6%
Experiences with Families	**Help for personal problems^**	83.3%	86.8%	82.4%	90.0%	91.7%	80.1%	82.4%	81.8%	83.4%	81.1%
	Discussed dangers of alcohol	48.5%	45.6%	35.3%	40.0%	50.0%	50.3%	41.8%	46.0%	42.5%	45.8%
	Discussed dangers of electronic vapor products^^	NA**	NA**	NA**	NA**	53.2%	NA**	NA**	NA**	NA**	45.4%
Very wrong for person your age to:	**Smoke cigarettes**	83.1%	92.5%	94.1%	90.0%	77.6%	86.1%	87.4%	89.9%	88.9%	93.0%
	Use smokeless tobacco	78.5%	80.6%	94.1%	80.0%	72.3%	84.3%	84.9%	88.1%	87.2%	91.5%
	Use electronic vapor product^^	NA**	NA**	NA**	NA**	73.5%	NA**	NA**	NA**	NA**	87.0%
	Drink alcohol	73.8%	73.1%	64.7%	50.0%	63.3%	78.6%	74.7%	74.5%	69.3%	75.8%
	Use Marijuana	81.5%	85.1%	94.1%	80.0%	91.8%	80.5%	76.3%	80.8%	77.6%	88.1%
	Misuse prescription drugs	86.2%	95.5%	88.2%	100.0%	85.7%	93.4%	92.8%	94.7%	92.1%	93.5%
	Use other illegal substances	92.3%	97.0%	100.0%	100.0%	98.0%	96.3%	96.1%	97.2%	96.4%	97.6%
Recall of Prevention Advertisement	**Saw or Heard Anti-Alcohol or Anti-Substance Media in the Past 12 Months**	NA**	76.1%	76.5%	80.0%	64.6%	NA**	78.1%	75.1%	68.7%	66.1%
Perceived Great Risk of Harm From:	**Smoking 1 or more packs of cigarettes daily**	62.7%	63.6%	70.6%	50.0%	46.9%	65.7%	69.3%	67.1%	59.9%	59.3%
	Using electronic vapor product 1 or 2 times per week^^	NA**	NA**	NA**	40.0%	24.5%	NA**	NA**	NA**	29.3%	33.1%
	Binge drinking 1 or 2 times per week	32.8%	47.8%	23.5%	20.0%	32.7%	45.4%	54.1%	42.1%	33.7%	39.3%
	Using Marijuana	46.3%	47.1%	47.1%	40.0%	44.9%	52.3%	36.3%	37.8%	33.4%	40.6%
	Misusing prescription drugs	44.8%	61.8%	58.8%	60.0%	46.9%	59.8%	59.0%	64.9%	60.1%	60.4%

Metric	Definition	12th Grade County-Level^^^					12th Grade State-Level^^^				
		2014	2016	2018	2021	2023	2014	2016	2018	2021	2023
Substance Use Outcomes											
Lifetime Substance Use	**Alcohol**	60.8%	62.3%	63.6%	NA***	38.3%	60.0%	61.2%	62.0%	58.3%	52.1%
	Cigarettes	39.2%	20.0%	45.5%	NA***	19.1%	34.9%	28.6%	24.7%	15.8%	14.1%
	Electronic vapor product^^	NA**	50.7%	40.0%	NA***	29.8%	NA**	43.4%	52.3%	38.7%	30.2%
	Smokeless tobacco	31.1%	17.1%	36.4%	NA***	14.9%	21.6%	18.3%	16.2%	9.3%	7.8%
	Marijuana	23.0%	15.9%	18.2%	NA***	12.8%	30.3%	32.4%	29.9%	27.0%	22.8%
	LSD/other psychedelics	0.0%	1.4%	0.0%	NA***	6.4%	4.2%	5.7%	5.3%	4.3%	4.1%
	Cocaine/crack	1.4%	1.4%	0.0%	NA***	4.3%	2.7%	3.1%	2.5%	1.3%	1.3%
	Meth	0.0%	1.4%	0.0%	NA***	2.2%	1.4%	1.0%	0.9%	0.5%	0.4%
	Inhalants	6.8%	2.9%	0.0%	NA***	4.3%	3.2%	2.7%	3.3%	3.1%	2.8%
	Prescription drugs	4.1%	5.8%	0.0%	NA***	8.5%	9.2%	9.1%	8.1%	5.1%	4.3%
Past 30-Day Substance Use	**Alcohol**	28.4%	31.4%	36.4%	NA***	19.6%	29.6%	34.4%	34.2%	31.9%	26.0%
	Binge drinking	21.6%	9.9%	27.3%	NA***	10.6%	21.2%	16.1%	15.0%	13.7%	11.5%
	Alcohol with other substance	NA**	NA**	NA***	NA***	NA***	NA**	NA**	13.9%	10.5%	11.9%
	Cigarettes	18.9%	8.6%	18.2%	NA***	4.3%	15.8%	11.9%	8.7%	3.8%	3.8%
	Electronic vapor product^^	NA**	11.3%	36.4%	NA***	19.1%	NA**	18.7%	37.3%	21.0%	16.2%
	Smokeless tobacco	23.0%	12.9%	18.2%	NA***	4.3%	12.8%	10.2%	10.1%	4.1%	4.7%
	Marijuana	8.1%	4.3%	0.0%	NA***	6.5%	12.7%	15.7%	13.9%	12.5%	9.7%
	Prescription drugs	1.4%	0.0%	0.0%	NA***	4.3%	3.3%	3.4%	2.2%	1.7%	1.3%
Past 30-Day Impaired Driving	**Drove a car under the influence of alcohol**	12.2%	8.5%	9.1%	NA***	8.5%	8.0%	6.4%	7.6%	5.9%	5.8%
	Rode in a car driven by someone under the influence of alcohol	24.3%	12.7%	27.3%	NA***	12.8%	15.9%	13.3%	16.1%	13.5%	14.6%
	Drove a car under the influence of Marijuana	NA**	NA**	NA**	NA***	4.3%	NA**	NA**	NA**	6.8%	5.7%
	Rode in a car driven by someone under the influence of Marijuana	NA**	NA**	NA**	NA***	8.5%	NA**	NA**	NA**	10.4%	10.1%

Metric	Definition	12th Grade County-Level^^^					12th Grade State-Level^^^				
		2014	2016	2018	2021	2023	2014	2016	2018	2021	2023
Mental Health Outcomes											
Past 12 Months Mental Health	**Lost Sleep**	NA**	21.4%	54.5%	NA***	19.1%	NA**	18.9%	21.6%	23.4%	20.8%
	Depressed	NA**	30.0%	27.3%	NA***	29.8%	NA**	33.5%	35.3%	42.9%	38.0%
	Inflicted self-harm	NA**	14.3%	9.1%	NA***	12.8%	NA**	11.3%	12.7%	13.6%	11.7%
	Considered attempting suicide	NA**	14.3%	9.1%	NA***	10.6%	NA**	14.8%	16.3%	17.1%	14.1%
	Attempted suicide	NA**	1.4%	9.1%	NA***	0.0%	NA**	3.6%	3.9%	3.7%	2.7%
	Difficult to concentrate	NA**	NA**	NA**	NA**	31.9%	NA**	NA**	NA**	NA**	33.0%
Behavioral Health Risk Factors											
Age of First Use (12 or Younger)	**Smoked cigarettes**	6.8%	1.4%	9.1%	NA***	8.5%	7.5%	6.5%	5.4%	4.3%	3.9%
	Electronic vapor product^^	NA**	NA**	NA**	NA**	10.6%	NA**	NA**	NA**	NA**	3.5%
	Drank alcohol	10.8%	11.4%	0.0%	NA***	10.6%	8.6%	7.9%	7.7%	7.6%	6.6%
	Smoked Marijuana	0.0%	1.4%	0.0%	NA***	4.3%	2.8%	2.5%	2.6%	1.5%	1.7%
Perception of Peer's Past 30-Day Substance Use	**Smoked cigarettes**	28.5%	16.1%	8.9%	NA***	10.2%	27.2%	24.3%	18.8%	17.3%	14.3%
	Used electronic vapor product^^	NA**	NA**	NA**	NA**	25.7%	NA**	NA**	NA**	NA**	39.4%
	Drank alcohol	43.2%	32.7%	14.9%	NA***	25.4%	42.4%	42.8%	35.0%	37.6%	37.1%
	Used Marijuana	29.6%	17.0%	6.0%	NA***	6.5%	27.9%	30.3%	23.9%	26.3%	23.1%
Experienced bullying in past 12 months	**Physically**	NA**	14.1%	18.2%	NA***	8.5%	NA**	12.2%	11.8%	10.3%	11.2%
	Verbally	NA**	50.7%	36.4%	NA***	27.7%	NA**	42.3%	39.5%	37.4%	37.0%
	Socially	NA**	46.5%	36.4%	NA***	34.0%	NA**	40.1%	39.5%	37.8%	37.9%
	Electronically	20.3%	23.9%	27.3%	NA***	21.3%	17.1%	20.1%	19.3%	18.9%	17.7%
Sort of Easy or Very Easy to Obtain Substance	**Alcohol**	78.4%	66.2%	81.8%	NA***	48.9%	68.5%	67.4%	66.0%	58.1%	59.9%
	Marijuana	54.1%	40.0%	18.2%	NA***	31.9%	49.0%	49.8%	46.3%	37.0%	35.5%
	Prescription drugs	41.9%	28.2%	18.2%	NA***	19.1%	34.9%	32.0%	29.3%	20.7%	19.0%
	Cigarettes	90.5%	54.9%	NA**	NA**	40.4%	67.5%	62.9%	NA**	NA**	33.9%
	Electronic vapor products^^	NA**	NA**	NA**	NA**	44.7%	NA**	NA**	NA**	NA**	49.8%

Metric	Definition	12th Grade County-Level^^^					12th Grade State-Level^^^				
		2014	2016	2018	2021	2023	2014	2016	2018	2021	2023
Behavioral Health Protective Factors											
Experiences at School	**Grades were A's and B's**	83.3%	81.7%	90.9%	NA***	83.0%	80.1%	80.1%	82.7%	83.8%	80.4%
	Felt safe	87.8%	92.9%	100.0%	NA***	89.4%	90.6%	89.4%	89.9%	89.4%	90.8%
Experiences with Families	**Help for personal problems^**	78.4%	84.5%	81.8%	NA***	80.9%	80.1%	82.4%	83.4%	83.2%	81.6%
	Discussed dangers of alcohol	40.5%	32.4%	18.2%	NA***	44.7%	46.0%	38.3%	44.8%	41.6%	46.5%
	Discussed dangers of electronic vapor products^^	NA**	NA**	NA**	NA**	42.6%	NA**	NA**	NA**	NA**	43.3%
Very wrong for person your age to:	**Smoke cigarettes**	65.8%	68.6%	63.6%	NA***	78.7%	72.3%	72.8%	74.6%	80.5%	84.2%
	Use smokeless tobacco	65.8%	61.4%	54.5%	NA***	78.7%	69.0%	69.5%	72.0%	77.3%	82.6%
	Use electronic vapor product^^	NA**	NA**	NA**	NA**	73.9%	NA**	NA**	NA**	NA**	77.4%
	Drink alcohol	64.9%	64.3%	63.6%	NA***	68.1%	62.2%	58.5%	57.1%	53.5%	59.3%
	Use Marijuana	82.4%	75.4%	90.9%	NA***	72.3%	70.5%	63.5%	69.3%	64.3%	74.3%
	Misuse prescription drugs	89.2%	91.4%	90.9%	NA***	91.5%	90.6%	91.7%	93.0%	91.9%	93.2%
	Use other illegal substances	95.9%	97.1%	100.0%	NA***	97.9%	95.4%	94.5%	94.6%	95.4%	96.3%
Recall of Prevention Advertisement	**Saw or Heard Anti-Alcohol or Anti-Substance Media in the Past 12 Months**	NA**	81.4%	63.6%	NA***	61.7%	NA**	78.1%	75.1%	71.3%	67.3%
Perceived Great Risk of Harm From:	**Smoking 1 or more packs of cigarettes daily**	47.3%	62.9%	45.5%	NA***	53.2%	65.3%	69.5%	67.3%	59.4%	58.1%
	Using electronic vapor product 1 or 2 times per week^^	NA**	NA**	NA**	NA***	40.4%	NA**	NA**	NA**	25.6%	29.3%
	Binge drinking 1 or 2 times per week	25.7%	55.7%	27.3%	NA***	38.3%	40.1%	47.1%	36.4%	29.6%	32.1%
	Using Marijuana	35.1%	36.2%	45.5%	NA***	36.2%	41.2%	24.7%	30.0%	23.1%	30.6%
	Misusing prescription drugs	44.6%	65.2%	90.9%	NA***	61.7%	58.1%	58.4%	66.9%	61.6%	64.4%

Notes:

^ Prior to 2016, the question asked students about their "parents" or "mom or dad". In 2016, the wording was changed to "parents or caregivers".

^^ Prior to 2021, electronic vapor products were not included.

^^^ The number of students and/or school districts included from year to year could vary due to schools participating in some administrations and not others. As a result, these trend findings should be approached with some caution.

* Report is not available for this year.

** Question was not included in this year's survey.

*** Data not available due to participation number being less than 10.

APPENDIX B: Contacts for Prevention

Division of Behavioral Health
Nebraska Department of Health and Human Services
Delainie Johnson
Prevention System Administrator
Delainie.Johnson@nebraska.gov
301 Centennial Mall South
P.O. Box 95026
Lincoln, NE 68509-5026

(531) 893-1336 phone
http://dhhs.ne.gov/Pages/Behavioral-Health.aspx

Tobacco Free Nebraska
Nebraska Department of Health and Human Services
Amanda Mortensen
Tobacco Free Nebraska Program Manager
amanda.mortensen@nebraska.gov
301 Centennial Mall South
P.O. Box 95026
Lincoln, NE 68509-5026
(402) 471-9270 phone
www.dhhs.ne.gov/tfn

Nebraska Department of Education
Jessie Coffey
Whole Child Project Coordinator
jessie.coffey@nebraska.gov
500 S. 84th St., 2nd Floor
Lincoln, NE 68510-2611
(402) 617-5796 phone

This report was prepared for the State of Nebraska by the Bureau of Sociological Research (BOSR) at the University of Nebraska-Lincoln.
bosr@unl.edu
907 Oldfather Hall
P.O. Box 880325
Lincoln, NE 68588-0325
(402) 472-3672 phone
http://bosr.unl.edu

For information about SHARP and/or the NRPFSS:

Kim Meiergerd, Assistant Director for Operations
Bureau of Sociological Research
University of Nebraska-Lincoln
kmeiergerd2@unl.edu
(402) 472-3692 phone
https://bosr.unl.edu/projects/sharp/

Zack Hicks
Behavioral Health Epidemiologist
Division of Behavioral Health
Nebraska Department of Health and Human Services
zack.hicks@nebraska.gov
(402) 471-7613 phone