NRPFSS

Nebraska Risk & Protective Factor Student Survey

FORM A

Year 2010

Administrative Use Only										
School Name:										
School ID: School District:										

The purpose of this survey is to learn how students in our schools feel about their community, family, peers, and school. The survey also asks about health behaviors.

- The survey is completely voluntary and anonymous. Do NOT put your name on the questionnaire.
- This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish.

	that comes closest. If any question does not apply ave it blank. You can skip any question that you do
About You	Your Experiences at School
1 Are you: O Male Female	6 Putting them together, what were your grades like last year? (Mark the one best answer.) O Mostly F's O Mostly D's
2 How old are you? O 12 or younger O 16 O 13 O 17 O 14 O 18 O 15 O 19 or older	 Mostly C's Mostly B's Mostly A's How often do you feel that the school work you are assigned is meaningful and important?
3 What grade are you in? O 7th O 10th O 8th O 11th O 9th O 12th	NeverSeldomSometimesOftenAlmost always
4 Are you Hispanic or Latino?Yes (Hispanic or Latino)No (Not Hispanic or Latino)	8 How interesting are most of your courses to you? O Very interesting and stimulating O Quite interesting O Fairly interesting
5 What is your race? (Select one or more.) Black or African American Asian American Indian Native Hawaiian or other Pacific Islander Alaska Native White Other	 Slightly dull Very dull 9 How important do you think the things you are learning in school are going to be for your later life? Very important Quite important Fairly important Slightly important Not at all important



EXTRA INSTRUCTION Starting below, for survey items with answer choices of: NO! no yes YES! - Mark NO! if the item is DEFINITELY NOT TRUE for you. - Mark no if the item is MOSTLY NOT TRUE for you. - Mark yes if the item is MOSTLY TRUE for you. - Mark YES! if the item is DEFINITELY TRUE for you. EXAMPLE: Chocolate is the best ice cream flavor. O NO! O no yes O YES!

In this example, the student marked yes because the

statement is MOSTLY TRUE for this student.

	NO!	no	yes	YES!
10 In my school, students have lots of chances to help decide things like class activities and rules.	0	0	0	0
11 Teachers ask me to work on special classroom projects.	0	0	0	0
12 My teachers notice when I am doing a good job and let me know about it.	0	0	0	0
13 There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.	0	0	0	0
14 There are lots of chances for students in my school to talk with a teacher one-on-one.	0	0	0	0
15 I feel safe at my school.	0	0	0	0
16 The school lets my parents know when I have done something well.	0	0	0	0
17 My teachers praise me when I work hard in school.	0	0	0	0
18 There are lots of chances to be part of class discussions or activities.	0	0	0	0
19 Are your school grades better than the grades of most students in your class?	0	0	0	0

20	_	ast four weeks, how many whole bol have you missed because you cut"?
	O None	O 4-5
	O 1	O 6-10

O 11 or more

					Alm	ost	alw	ays
						Of	ten	
				Som	etir	nes		
				Seld	om			
21	No	w thinking back over the <u>past</u>	Ne	ver				
	ye:	<u>ar</u> in school, how often did you:	,					
	a.	enjoy being in school?		0	0	0	0	0
	b.	hate being in school?		0	0	0	0	0
		3						

Your Feelings and Experiences in Other Parts of Your Life

										17 or older				
											16			
										15				
								40	14					
							12	13						
						11	12							
22	Н	ow old were you	10 or y	oun	aer									
	when you first: smoked a cigarette, eve just a puff? b. for the first time? had more than a sip or two of beer, wine or hard liquor (for example, vode whiskey, or gin)? began drinking alcoholic beverages regularly, that is, at least once or twice a month? e. smoked marijuana? sniffed glue, breathed the contents of an aerosol f. spray can, or inhaled othe gases or sprays in order to get high? took prescription drugs g. without a doctor telling you to? h. got suspended from school? i. got arrested? j. carried a handgun? attacked someone with k. the idea of seriously hurting them?													
			e even											
	a.		0, 010.1	0	0	0	0	0	0	0	0			
	_	emokad a whola c	igarette	_		_	_	_	_	_	_			
	b.	for the first time?		0	0	0	0	0	0	0	0			
	had more than a s	ip or												
							_		_		_			
	C.			0		0	0	0	0	0		0		
			, ,											
			oholic											
		•									_			
	d.			O		O	0	O	0	O	O			
			0	0	0	0	0	0	0	0	0			
		sniffed glue, breatl	hed the											
		contents of an aer	osol											
	f.	spray can, or inha	led other	0	0	0	0	0	0	0	0			
		gases or sprays in	order											
		to get high?												
		took prescription d	lrugs											
	g.	without a doctor t	elling	0	0	0	0	0	0	0	0	0		
		•												
	h	got suspended fro	m			\circ			0		$\overline{}$			
	···	school?												
	_		-	0	0	0	0	0	0	0	0	0		
	j.			0	0	0	0	0	0	0	0	0		
					_		_				_			
	k.		ly	0	0	0	0	0	0	0	0			
		gambled (bet mon												
		something of value									_			
	I.	sports, a game of		0	O	0	0	0	0	0	0	O		
		or skill, played the												
		or bet on cards or	aice											
		games)?												



O 2

O 3

	Not wro						all
			A little	e bit	wr	ong	
				Wro	ong		
23	Н	ow wrong do you think it is for	Very wr	ong			
	so	meone your age to:					
	a.	take a handgun to school?		0	0	0	0
	b. steal anything worth more than \$5?						0
	c.	pick a fight with someone?	0	0	0	0	
	d.	attack someone with the idea of serio hurting them?	usly	0	0	0	0
	e.	stay away from school all day when the parents think they are at school?	heir	0	0	0	0
	f.	smoke cigarettes?	0	0	0	0	
	g.		ink beer, wine or hard liquor (for example, dka, whiskey, or gin) regularly, that is, at ast once or twice a month?				
	h.	drive after drinking beer, wine, or hard	l liquor?	0	0	0	0
	i.	smoke marijuana?		0	0	0	0
	j.	take prescription drugs without a doctelling them to?	ctor	0	0	0	0
	k.	sniff glue, breathe the contents of an spray can, or inhale other gases or sporder to get high?		0	0	0	0
	l.	use LSD, cocaine, amphetamines, or another illegal drug?	•	0	0	0	0

24 Have you ever belonged to a gang?

- O No, and don't want to
- O No, but would like to
- O Yes, in the past but not now
- O Yes, belong now

		Almost all (91-10									
					M	ost (71-9	0%)			
25	Now thinking about all	Ha	alf to	o m	ost (51-7	0%)				
	the students in <u>your</u>	Some	to h	alf (31-5	0%)					
	grade at your school.	Sor	ne (11-3	0%)						
	How many of them do	Few	(1-1	0%)							
	you think:	None (0%)								
	a. smoked cigarettes during the past 30 days?	ıg	0	0	0	0	0	0	0		
	drank beer, wine, or har b. liquor during the <i>past 30</i> days?		0	0	0	0	0	0	0		
	c. smoked marijuana durir the <i>past 30 days</i> ?	ıg	0	0	0	0	0	0	0		
	used an illegal drug (not d. including marijuana) dur the <i>past 30 days</i> ?		0	0	0	0	0	0	0		

								+ tir		
						30-3		1		
		20-29 times								
		10-19 times 6-9 times								
		2		nes						
Нс	ow many <u>times</u> during	1-2 tir		7						
		ever								
	ve you:	7								
_	been suspended from									
	school for using or			_		_		_		
a.	possessing tobacco,	0	0	0	0	0	0	0	0	
	alcohol, or drugs?									
	been suspended from									
	school for reasons other									
b.	than tobacco, alcohol, or			0		0				
	drugs?									
c.	carried a handgun?	0	0	0	0	0	0	0	0	
d.	sold illegal drugs?	0	0	0	0	0	0	0	0	
	stolen or tried to steal a									
e.	motor vehicle such as a car	0	0	0	0	0	0	0	0	
	or motorcycle?									
	participated in clubs,									
f.	organizations, or activities	0	0	0	0	0	0	0	0	
_	at school?		_	_	_	_	_		_	
g.	been arrested?	0	0	O	O	0	O	O	O	
h.	done extra work on your	0	0	0	0	0	0	0	0	
	own for school?		<u> </u>		H				-	
i.	attacked someone with the idea of seriously hurting					0				
١.	them?									
	been drunk or high at									
j.	school?	0	0	0	0	0	0	0	0	
	volunteered to do									
k.	community service?			0		0		0		
I.	taken a handgun to school?	0	0	0	0	0	0	0	0	
m.	stolen something worth					0				
	more than \$5?				\sqsubseteq					
	driven a vehicle while you									
n.	were under the influence	O	0	O	0	0	0	O	0	
	of alcohol?									

	NO!	no	yes	YES!
27 I think sometimes it's okay to cheat at school.	0	0	0	0
28 I think it's okay to take something without asking if you can get away with it.	0	0	0	0
29 It's all right to beat up people if they start the fight.	0	0	0	0



30	,	Moder Slight No risk	risk	risk		during the <u>past 30 days</u> ? O Never O Once or twice
	a. smoke one or more packs of cigarettes per day?	0	0	0	0	Once or twice per week 3 to 5 times a week
	b. are exposed to other people's cigarette smoke?	0	0	0	0	About once a dayMore than once a day
	take one or two drinks of an alcoholic c. beverage (beer, wine, or hard liquor) nearly every day?	0	0	0	0	34 Have you <u>ever</u> smoked cigarettes?
	d. have five or more drinks of an alcoholic beverage once or twice a week?	0	0	0	0	O Never O Once or twice
	e. drive after drinking beer, wine, or hard liquor?	0	0	0	0	O Once in a while but not regularly O Regularly in the past
	f. try marijuana once or twice?	0	0	0	0	O Regularly now
	g. smoke marijuana regularly?	0	0	0	0	
	h. take prescription drugs without a doctor telling them to?	or O	0	0	0	
	sniff glue, breathe the contents of an i. aerosol spray can, or inhale other gase or sprays in order to get high?	s O	0	0	0	35 How frequently have you smoked cigarettes during the past 30 days? ○ Not at all
	use LSD, cocaine, amphetamines, or j. another illegal drug?	0	0	0	0	Less than 1 cigarette per day1 to 5 cigarettes per day
31	Bullying is when 1 or more students tea spread rumors about, hit, shove, or hur student over and over again. It is not b students of about the same strength or fight or tease each other in a friendly w	t anot ullying powe	her y wh	en	 ○ About 1/2 pack per day ○ About 1 pack per day ○ About 1 1/2 packs per day ○ 2 packs or more per day 36 If you smoked cigarettes 	
	In the past 12 months, have you:	Y	es	N	lo	during the past 30 days, 1-2 times
	a. been bullied on school property?		5	_		where did you get them?
	b. been bullied away from school property		5			(Mark the number of times for each. If you did not smoke during
	been electronically bullied? (Include beir c. bullied through e-mail, chat rooms, insta	ng	о Э			the past 30 days, mark "Did not smoke" for each.)
	messaging, Web sites, or texting.)					a. I bought them myself with a fake ID.
						b. I bought them myself without a fake ID.
	Your Experiences with Toba	acco				c. I gave someone money to buy them for me.
	Alcohol, and Other Drug		,			d. I borrowed (or bummed) them from someone else.

Great risk

33 How frequently have you used smokeless tobacco

My parents gave them to me or bought

A family member or relative other than

f. my parents gave them to me or bought

I took them from home without my

h. I took them from a store or shop.

i. I got them some other way not listed.

e. them for me.

them for me.

parents' permission.

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O Never

O Once or twice

O Regularly now

O Regularly in the past

Remember, your answers are confidential.

32 Have you ever used smokeless tobacco (chew, snuff,

plug, dipping tobacco, or chewing tobacco)?

Once in a while but not regularly

		Number of Occasions						
On how many occasions (if any) have you:	0	1-2	3-5	6-9	10-19	20-39	40+	
37 had alcoholic beverages (beer, wine, or hard liquor) to drink in your <i>lifetime</i> —more than just a few sips?	0	0	0	0	0	0	0	
38 had beer, wine, or hard liquor to drink during the past 30 days?	0	0	0	0	0	0	0	
39 had five or more drinks of alcohol in a row, that is, within a couple of hours during the <i>past 30 days</i> ?	0	0	0	0	0	0	0	
40 used marijuana in your <i>lifetime</i> ?	0	0	0	0	0	0	0	
41 used marijuana during the <i>past 30 days</i> ?	0	0	0	0	0	0	0	
42 used LSD or other psychedelics in your lifetime?	0	0	0	0	0	0	0	
43 used LSD or other psychedelics during the past 30 days?	0	0	0	0	0	0	0	
44 used cocaine or crack in your <i>lifetime</i> ?	0	0	0	0	0	0	0	
45 used cocaine or crack during the past 30 days?	0	0	0	0	0	0	0	
46 used methamphetamines (meth, speed, crank, crystal meth, or ice) in your <i>lifetime</i> ?	0	0	0	0	0	0	0	
47 used methamphetamines (meth, speed, crank, crystal meth, or ice) in the <i>past 30 days</i> ?	0	0	0	0	0	0	0	
48 sniffed glue, breathed the contents of an aerosol spray can, or inhaled other gases or sprays in order to get high in your <i>lifetime</i> ?	0	0	0	0	0	0	0	
49 sniffed glue, breathed the contents of an aerosol spray can, or inhaled other gases or sprays in order to get high during the <i>past 30 days</i> ?	0	0	0	0	0	0	0	
50 used phenoxydine (pox, px, breeze) in your <i>lifetime</i> ?	0	0	0	0	0	0	0	
51 used phenoxydine (pox, px, breeze) during the <i>past 30 days</i> ?	0	0	0	0	0	0	0	
52 used steroids without a doctor telling you to take them, in your lifetime ?	0	0	0	0	0	0	0	
53 used steroids without a doctor telling you to take them, during the past 30 days?	0	0	0	0	0	0	0	
54 used performance enhancing drugs other than steroids (such as ephedrine, EPO, creatine, DHEA, or diuretics) without a doctor telling you to take them, in your <i>lifetime</i> ?	0	0	0	0	0	0	0	
55 used performance enhancing drugs other than steroids (such as ephedrine, EPO, creatine, DHEA, or diuretics) without a doctor telling you to take them, during the <i>past 30 days</i> ?	0	0	0	0	0	0	0	
56 used prescription drugs (such as Valium, Xanax, Ritalin, Adderall, OxyContin, Vicodin, or Percocet) without a doctor telling you to take them, in your <i>lifetime</i> ?	0	0	0	0	0	0	0	
57 used prescription drugs (such as Valium, Xanax, Ritalin, Adderall, OxyContin, Vicodin, or Percocet) without a doctor telling you to take them, during the <i>past 30 days</i> ?	0	0	0	0	0	0	0	
58 used a non-prescription cough or cold medicine (robo, robo-tripping, DMX) to get high and not for medical reasons, in your <i>lifetime</i> ?	0	0	0	0	0	0	0	
59 used a non-prescription cough or cold medicine (robo, robo-tripping, DMX) to get high and not for medical reasons, during the <i>past 30 days</i> ?	0	0	0	0	0	0	0	
60 used other illegal drugs in your lifetime?	0	0	0	0	0	0	0	
61 used other illegal drugs during the past 30 days?	0	0	0	0	0	0	0	



						1						
62	During the past 30 days,	0	1-2	3-5	6+	66	If you drank alcohol during				6+ t	imes
	how many times did you:	times	times	times	times		the past 30 days, where did		ime	s		
	drive a car or other vehicle						you drink it? (Mark the number		1-2	time	s	
	a. when you had been drinking	0	0	0	0		of times you drank at each location. If you did not drink	0	time	s		
	alcohol?						alcohol during the past 30 days,	Did not drin	k			
	ride in a car or other vehicle						mark "Did not drink" for each.)					
	b. driven by someone who had been drinking alcohol?	$\mid \circ \mid$	0	0	0		a. At my home without my pare	ents'		ے ا		
							permission		1			
							b. At someone else's home with	nout C				
63	During the past 30 days, what of alcoholic drinks you had						their parents' permission At my home with my parents permission	' C	>) C	C	0
	couple of hours? O None O 5 drinks	•					At someone else's home with	h their				+-
	O 1-2 drinks						d. parents' permission	1				0
	O 3 drinks O 8-9 drin						e. At a restaurant, bar, or club	C		5 C		0
	O 4 drinks O 10 or m	_	ako				, At a public event such as a co	oncert				
	C 4 diffiks C 10 of fi	iore uni	IVO				f. or sporting event					0
64	During the past 30 days, what				you		g. At an open area like a park, la	ake, field,	> C	> C	C	0
	usually drink? (Mark the on			•			h. In a car	C	5 0) C	C	0
	O I did not drink alcohol dur	-	30 day	S.			i. At a hotel or motel	C	5 0	5 C	C	0
	O I do not have a usual type).					j. On school property	C	5 (5 C	C	0
	O Beer						k. At some other place not listed	d C		_	_	0
	 Flavored malt beverages, Bacardi Silver, or Hard Le 			noff Ice	,		<u> </u>					
	O Wine coolers, such as Ba	rtles an	d Jame	es or Se	eagram	s 67	Think back over the last two					
	O Wine						have you had five or more ald	oholic drin	ks i	in a	row	!?
	O Liquor, such as vodka, ru	m, scoto	ch, bou	ırbon, o	r		O None O 3-5 times					
	whiskey O Some other type						O Once O 6-9 times					
	O Some other type						O Twice O 10 or more til	mes				
65	If you drank alcohol during the			(6+ times							
03	past 30 days, how did you get			3-5 ti	mes	1 1						
	it? (Mark the number of times you			-2 times			Your Fa					
	got it from each source. If you did	Didn	0 ti ot drink	mes			When answering these qu					nk
	not drink alcohol during the past 30 days, mark "Did not drink" for each.		ot arms	1			about the people you of					
	I bought it in a store such as a						family. For example, pa brothers, sisters, grandpa		•			
	a. store, gas station, or grocery	-	0	00			brothers, sisters, grandpe	arerns, au	IIIS	, ui	icic	S.
	b. I bought it at a restaurant, bar,		. 0	00	00				No	+ 14/20	na i	at all
	I bought it at a public event su	ch as a						A li		bit w		_
	c. concert or sporting event.		0		00	68	How wrong do your parents fe			Vron	_	
	d. I got it at a party.			00			it would be for you to:	Very v	ron	g		
	e. I gave someone money to buy			00	00		a. smoke cigarettes?		(50	C	0
	f. My parents gave it to me or bo	ought it f	or o	00	00		drink beer, wine, or hard liquo	r regularly,				
	me.	hor 41					b. that is, at least once or twice) C		0
	A family member or relative of g. my parents gave it to me or be						drive after drinking beer, wine	, or hard	C	5		0
	for mo	Jugin II					c. liquor?					L

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i. I took it from a store or shop.

permission.

I got it some other way not listed.

I took it from home without my parents'

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00000

00000

d. smoke marijuana?

telling you to?

another illegal drug?

take prescription drugs without a doctor

use LSD, cocaine, amphetamines, or

	NO!	no	yes	YES!
69 The rules in my family are clear.	0	0	0	0
70 When I am not at home, one of my parents knows where I am and who I am with.	0	0	0	0
71 My family has clear rules about alcohol and drug use.	0	0	0	0
72 My parents ask me what I think before most family decisions affecting me are made.	0	0	0	0
73 If I had a personal problem, I could ask my mom or dad for help.	0	0	0	0
74 My parents give me lots of chances to do fun things with them.	0	0	0	0
75 My parents ask if I've gotten my homework done.	0	0	0	0
76 It is important to be honest with your parents, even if they become upset or you get punished.	0	0	0	0

	NO!	no	yes	YES!
77 If you drank some beer or wine or hard liquor (for example, vodka, whiskey or gin) without your parents' permission, would you be caught by your parents?	0	0	0	0
78 If you carried a handgun without your parents' permission, would you be caught by your parents?	0	0	0	0
79 If you skipped school without your parents' permission, would you be caught by your parents?	0	0	0	0
80 Would your parents know if you did not come home on time?	0	0	0	0
81 Do you feel very close to your mother?	0	0	0	0
82 Do you share your thoughts and feelings with your mother?	0	0	0	0
83 Do you feel very close to your father?	0	0	0	0
84 Do you share your thoughts and feelings with your father?	0	0	0	0

35	During the past 12 months, have you talked with at least one of your parents					
	about the dangers of:	Yes	No			
	a. tobacco?	0	0			
	b. alcohol?	0	0			
	c druguse?		0			

Your Neighborhood and The Community Where You Live

			Very easy			a sy	
			Sort of easy				
			Sort	of h	ard		
86	lf y	you wanted to, how easy would	Very h	ard			
	it k	be for you to get:					
	a.	some cigarettes?		0	0	0	0
	b.	some beer, wine, or hard liquor?		0	0	0	0
	c.	some marijuana?		0	0	0	0
	d.	some prescription drugs for non-muse?	redical	0	0	0	0
	e.	a drug like cocaine, LSD, or amphetamines?		0	0	0	0
	f.	a handgun?		0	0	0	0

- 87 In your community, how easy would it be for someone under 21 to buy alcohol from a store?
 - O Very hard
 - O Sort of hard
 - O Sort of easy
 - O Very easy
- 88 Which of the following activities for people your age are available in your

community?	Yes	No
a. Sports teams?	0	0
b. Scouting?	0	0
c. Boys and girls clubs?	0	0
d. 4-H clubs?	0	0
e. Service clubs?	0	0

Not wrong at all 89 How wrong would most adults A little bit wrong (over 21) in your neighborhood, Wrong or the area around where you Very wrong live, think it is for kids your age: a. to use marijuana? 0000 b. to drink alcohol? 0000 0000 c. to smoke cigarettes? d. to drive after drinking alcohol? 0000



90 How much do each of the following statements describe your neighborhood, or the

your neighborhood, or the				
area around where you live?	NO!	no	yes	YES!
a. Lots of crime and/or drug selling	0	0	0	0
b. Lots of fights	0	0	0	0
c. Lots of empty or abandoned buildings	0	0	0	0
d. Lots of graffiti	0	0	0	0

Your Experiences with Gambling

		At least once a week					еек
		Once or	twi	се а	mo	nth	
		A few times i	n pa	st y	ear		
91	During the past 12	Once or twice in pa	asty	ear			
	months, how often	Never in past y	ear				
	have you:						
	a. thought about gamb	ling?	0	0	0	0	0
	b. gambled (bet) for m possessions?	oney or	0	0	0	0	0
	c. gambled at a casino)?	0	0	0	0	0
	d. played the lottery or	0	0	0	0	0	
	e. bet on sports?		0	0	0	0	0
	f. played cards for mo	ney?	0	0	0	0	0
	g. bet on horse/dog ra	ces?	0	0	0	0	0
	h. played bingo for mo	ney or prizes?	0	0	0	0	0
	i. gambled on the Inte	rnet?	0	0	0	0	0
	j. bet on dice games (such as craps)?	0	0	0	0	0
	k. bet on games of per computer or video g		0	0	0	0	0
	I. gambled at school of	or a school event?	0	0	0	0	0

92	During the	past 12	months,	have	you	ever	spent
	more than	you mea	ant to on	gamb	ling	?	

O I have not g	gambled.
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- O Yes
- O No

93 Has your gambling <u>ever</u> caused you problems at home, at school, or with your friends?

- O I have not gambled.
- O Yes
- O No

Media Exposure and Your Honesty in Completing this Survey

94	During the past 12 months, do you recall hearing
	reading, or watching an advertisement about the
	prevention of substance abuse?
	0 V

- O Yes
- O_{No}

95 How important were these questions?

- O Not too important
- O Fairly important
- O Important
- O Very important

96 How honest were you in filling out this survey?

- O I was very honest.
- O I was honest most of the time.
- O I was honest some of the time.
- O I was honest once in a while.
- O I was not honest at all.

Thank you for completing this survey!

