

Strong evidence suggests that healthy students learn better. Study after study shows students who do *not* engage in the risk behaviors assessed by SHARP have higher grades and test scores. To improve academic achievement and ensure students do not engage in these behaviors, it is critical to implement quality statewide and school district health policies, programs, and activities based on data about the health risk behaviors students actually engage in.



SHARP data has been used to bring millions of dollars to Nebraska communities.



Several agencies use SHARP data (though data is never shared by individual school or district unless your school grants permission to do so)

## Nebraska Risk and Protective Factor Student Survey (NRPFS)

The survey gathers data related to mental health, substance use, bullying, and risk and protective measures that predispose youth toward or protect them against problem behaviors that can impact their academic success and health outcomes.

**Local-level survey results are provided free of charge to your school.**

### NRPFS data is used to...

- ✓ Secure grant funding to improve the health and wellness of Nebraska youth
- ✓ Guide school policy decisions
- ✓ Inform curriculum and program needs
- ✓ Direct prevention and intervention efforts to reduce substance abuse, delinquency and other problems while supporting improvements in health and learning
- ✓ Monitor student health and wellness
- ✓ Help with fulfilling state and federal reporting requirements
- ✓ Inform wellness committees, school boards, and community coalitions on local health trends
- ✓ Educate the community on local health trends
- ✓ Counter misperceptions about peer behavior
- ✓ Assess impacts of policies and efforts implemented
- ✓ Identify health priority areas
- ✓ Inform community needs assessments

## Youth Risk Behavior Survey (YRBS)

If selected for the YRBS, your school's involvement helps ensure we receive accurate, representative state-level and/or regional-level data on key health behaviors that can significantly impact students' academic success, wellbeing, and long-term health outcomes - including mental health, substance use, personal safety, physical activity, and general wellness factors.

## Youth Tobacco Survey (YTS)

If selected for the YTS, your school's involvement helps ensure Nebraska receives accurate, representative state-level data on youth tobacco use and related behaviors.

### YTS and YRBS data is used to:

- ✓ Secure grant funding to improve the health and wellness of Nebraska youth
- ✓ Identify emerging health concerns
- ✓ Guide health priorities and policies
- ✓ Direct prevention efforts
- ✓ Inform statewide and regional committees and advisory boards on statewide/regional health trends
- ✓ Educate communities on statewide/regional health trends
- ✓ Assess impacts of policies and efforts implemented
- ✓ Provide comparisons with local-level data